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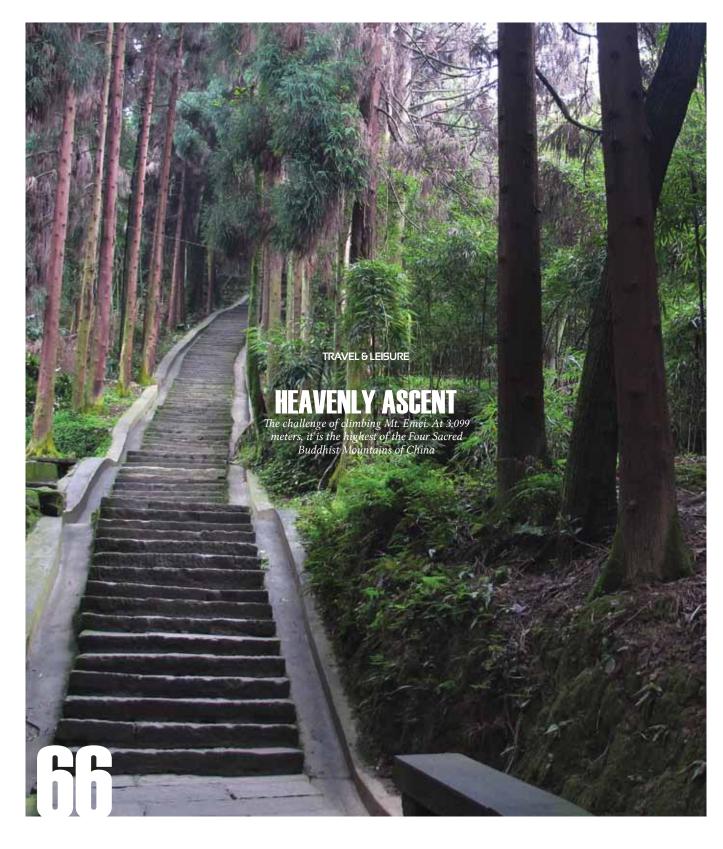
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**P92 THE POWER OF THREE** 3D printing workshops for free

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### Editor's Note

ISSUE NO. 15 June 2014

### **Morning Glory**

NEW YORK IS the city that never sleeps. Or slows down, for that matter. It's trample or be trampled. So it was that my favorite morning breakfast routine involved a sidewalk coffee cart that also sold cinnamon raisin bagels slathered with cream cheese, the perfect combination of the salty sweetness of the bagel along with the jolting bitterness of the coffee. It was also perfect for being commute-friendly few moving parts to maneuver while halfrunning to make the Number 6 train.

Here, I really only get a chance to enjoy a nice breakfast (or brunch) on the weekends, when there's actual time to sit down with my fiancé and catch up on current events, family matters, and the occasional piece of gossip. Our breakfast requisites include good lattes, outdoor seating, newspapers (and magazines, of course!) and fluffy pancakes for me and a hearty English breakfast for him. Not counting the hotel buffet breakfasts, there are only a few joints that meet all these requirements in Saigon where we are loyal regulars. This month, however, our writers set about trying to find the best breakfasts from around the world. It's going to take us all summer to try all the different types of breakfasts Saigon has to offer, including Italian-style Eggs Benedict, healthy Japanese natto, and the Mexican-style breakfast burrito, but what's life without worthwhile goals?

In the last few months, I've been following with interest the *Humans of New York* Facebook page, with mundane yet poignant snippets from the lives of my fellow Gothamites and wondering what deep dark secrets I would feel compelled to share with the blog's creator Brandon Stanton if we ever crossed paths. In our homage, Humans of Ho Chi Minh City, James Pham tells the simple stories of some of the people that we walk by every day and tend to ignore, either because we're just too busy or don't share a common language. They're the people we often get annoved by because they're sprawled out on the street or sidewalk, blocking our path, keeping us from getting to our destination. This article, though, is a reminder that behind every nameless face, there's a story, a person, a history. We may be very different on the outside, but what they have to say overall mirrors who we ourselves are - just people trying to make a living, come home to a loving family and see a bit of beauty in the world.

With the tensions caused by the situation with China, travel there might not be the first thing on everyone's mind. But invisible man-made borders aside, the country itself is beautiful and a great place to explore. Having been there twice myself, I found that when you leave the pollution of the megacities of Beijing or Chengdu, the countryside remains breathtaking. I've walked through a living city made entirely out of mud, seen the largest seated Buddha carved into the side of a mountain in Leshan, Sichuan, and rode across the desert on a donkey. Sergey Guryakov and Jenia Ustinova remind us that the journey is not always about the destination, as they take on the 54-kilometer ascent to the summit of Mount Emei and find a valuable lesson atop the sacred mountain.

Also in the travel section, our *Life's a Trip* column talks about hotel amenities, a topic near and dear to my heart, considering I'm a blatant hotel amenities thief. As I write this, I'm thinking of the kimono hanging on the other side of my bathroom door, the one from the St. Regis Hotel in Osaka, Japan that whisks me back there every time I put it on.

Finally, if you're looking for some amazing American-style BBQ, look no further than Quan Ut Ut. My fiancé took me there for my birthday last month because I was craving some down home BBQ and wanted to know whether the restaurant lived up to all the hype it's been getting. Short answer: It does. It's all about good ole fashioned BBQ as perfected in the American South with juicy ribs and wings, all kinds of tasty sauces, and cornbread to sop it all up with.

That's the thing I love about Saigon. While it's quintessentially Vietnamese, you can travel the world within its borders!

> CHRISTINE VAN Managing Editor

## Datebook

#### Fill up your calendar with these exciting events



#### JUNE 4

#### What: Short Film Festival

Where: Decibel Lounge, 79/2 Phan Ke Binh, D1; 7:30pm

About: Impressions Short Film Festival is a bi-annual film program that aims to showcase cutting edge Vietnamese and Southeast Asian short films from new, upcoming filmmakers. The first event, Voices through the Prism, is organized by Decibel Lounge with the collaboration of Yxineff and Saigoneer. This is the first screening and art event that focuses on short films that have been presented throughout the Yxineff online festival since it launched in May 2010. The films selected will run for around 90 minutes in total.

**Contacts:** *Email* **project@decibel.vn** or **zelda.rudzitsky@saigoneer. com** for details



#### JUNE 6

#### What: F3 Saigon Hash House Harriettes

Where: from Saigon Star International School, Khu dan cu so 5, Phuong Thạnh My Loi, D2; meet at 6:30pm for a 7pm start

About: F3 Saigon Hash House Harriettes is the new chapter set up in April and organized by women but men are welcomed. It runs in the city or neighboring district on the first Friday evening of the month at 7pm meet up location changes every month.

Contact: Visit www.saigonhash.com for details



#### JUNE 5

#### What: Meet The Artist Reception

Where: 42 Nguyen Dang Giai, D2; 4:30pm - 7:30pm About: The event will exhibit paintings from Quan Tho, an impressionist artist who has worked relentlessly painting nature and landscape. All visitors will enjoy finger food and wine, and can register for the drawing at 6:30pm for a chance to win prizes including a lamp from Couture Lamps, a set of two pillows, a two-hour interior design consultation with AHI Designer, or a USD100 discount coupon for upholstery and ceramic Buddha statue with special finishes.

**Contact:** Visit www.austinhomeinteriors.com for more details



#### What: Frenemies

Where: VinGallery, 6 Le Van Mien, D2

**About:** VinGallery presents a new exhibition by street artist and illustrator Kristopher Kotcher. Kristopher's work is influenced by books and cartoons he loved as a child. He is also influenced by graffiti, lowbrow art and American folk art. He has practiced graffiti and street art for 12 years now, starting with traditional letter form graffiti and more recently, character street art. His street art name "Frenemy" was chosen because when people see street art they either hate it or love it, so Frenemy felt like the perfect fit. It is also the word he uses for his world of characters. Kris will be putting his stamp on the VinGallery space by creating an exciting mural using these characters. He will also be exhibiting some of his digital prints and gouache, ink and watercolor pieces. **Contact:** *Visit www.vingallery.com for details* 

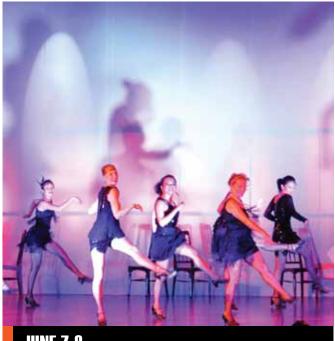
#### **JUNE 7**

#### What: Music Festival

Where: Saigon Exhibition and Convention Center, 799 Nguyen Van Linh, D7; 4pm

About: Future Now Music Festival (FNMF) will be a one-night-only festival featuring DJ Afrojack who headlined both EDC (Electric Daisy Carnival) NY and Las Vegas to over 300,000 people, as well as UMF (Ultra Music Festival) in Miami, and Tomorrowland (in Belgium). Spectators will also have a chance to enjoy many performances and the comeback of the American hip-hop band – Far East Movement. EDM DJs in Vietnam including the duo Slim V & Nimbia, Mike Hao, DuyDuy, Looze Khuong, and Brian Vo, in addition to dance-pop queen Thu Minh will also be there. Prices start at VND500,000.

**Contact:** Visit www.facebook.com/FutureNowMusicFestival for details



#### **JUNE 7-8**

#### What: Dance Show

Where: Nha Van Hoa Thanh Nien, 4 Pham Ngoc Thach, D1 About: DanCenter presents 5, 6, 7, 8! - a full-length dance show about numbers, with 24 dance performances, 200 dancers on stage and seven featured dance styles. The show is set to take the audience on an adventurous exploration of numbers, with dance performances entitled The 7 Sins, 5 Senses, H2O, 911 and more. The 120-minute show will be infused with elegant jazz, graceful ballet, funky hip hop, energetic zumba, charming belly dance and soulful contemporary dance performances. All performances have been created by DanCenter's talented team of choreographers, including choreographer and TV dance show consultant John Huy Tran, Linh Rateau, joint art director of the 2014 Charming Vietnam Show, Rosie Pollard, guest choreographer from So You Think You Can Dance Vietnam, and many more. The show will also feature a special appearance from Urban Dance Group, with top dancers from popular TV dance shows like So You Think You Can Dance and Got To Dance. The show will start at 7:30pm on June 7, and 3pm on June 8. **Contact:** To book, email reservations@dancentervn.com or call 3519 4490



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#### JUNE 12

#### What: Hip-hop Performance

Where: Ben Thanh Theatre, 6 Mac Dinh Chi, D1; 8pm About: The French Institute in Vietnam presents a hip-hop performance "Silence, We turn!" with Pockemon Crew, the most titled in the world in the circuit of Battles. The choreography of Pockemon Crew is a combination of two very different things: hiphop dance and 1930s silent movies. The combination is based on using the actions and movements from silent films to express the energy and dynamic of street dances. Sometimes gentle, sometimes frenzied, the energy of hip-hop is linked with the narrative power of the silent film.

**Contact:** Call 3520 6863 or **email culturel@consulfrance-hcm.org** for details



#### JUNE 12-15

#### What: Saigon Players' Show

Where: McSorley's Square, 4 Thao Dien, D2; 7pm About: A four-day art event that will showcase visual and performing artists from Ho Chi Minh City. Live performances include the Saigon Players' production of Henrik Ibsen's play, *An Enemy of the People*. Poets, filmmakers, dancers and musicians will also be featured. Proceeds from this festival will go to Helping Hand Saigon and Little Rose Shelter. Ticket costs VND300,000. Contact: Visit www.saigonplayers.com for details



#### What: Art Market

Where: Snap Cafe, 32 Tran Ngoc Dien, D2; 10am - 4pm About: This is a great opportunity for art lovers to come and grab first-hand designs such as handmade arts and crafts, paintings, drawings and limited edition prints, ceramics, sculptures, handmade jewelry, homewares and gift items. Photographers are welcome to showcase their works.

**Contact:** Visit www.vingallery.com for details

#### JUNE 14

#### What: Theatre Performances

Where: IDECAF, 28 Le Thanh Ton, D1; 8pm

About: The French Institute in Vietnam presents "Ulysses oi, where are you going?" from the Puzzle group and Thang Long theatre crew. The mythology of Ulysses will be redesigned and presented in a mixture of song and drama in the context of modern day Vietnam. A troupe of artists and an ensemble of musicians will present to the audience one of the greatest tales in ancient Greek mythology. The performances will be in Vietnamese and French and is free of charge. Contact: Call 3520 6863 or email culturel@consulfrance-hcm.org for details



#### JUNE 16 - JULY 13

#### What: Summer Camps

Where: Bidoup National Park, Dalat - Ninh Binh

**About:** An adventure camp for kids from 11 to 17 years old, organized and operated by Asiamotions, is a great way for children to experience new activities, adapt to new situations, learn new skills and make new friends in a safe environment. Sessions will be held on June 16-22, June 23-29, June 30-July 6 and July 7-13. **Contact:** *Visit www.facebook.com/AsiaMotions* for details

**Contact:** Visit www.facebook.com/AsiaMotions for details

#### JUNE 18

#### What: CBC Networking

Where: Boudoir Lounge, Sofitel Saigon Plaza, 17 Le Duan, D1; 6pm About: Enjoy an evening of drinks and networking with CanCham. Meet some new people while reuniting with some familiar faces as well. Mix and mingle and share some stories while expanding your network and enjoying some canapés and drink specials. Come out and meet some new contacts from all different types of industry sectors and other business chambers. CanCham and co-hosting members are entitled to free admission provided they show their membership cards while non-members are charged VND50,000. Contact: Email hcmc@canchamvietnam.org for details

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#### JUNE 19

What: Craig Thomas Gallery – 5th Anniversary Exhibition Where: Craig Thomas Gallery, 27i Tran Nhat Duat, D1 About: To celebrate the fifth anniversary of its founding, Craig Thomas Gallery will be holding a group exhibition of 12 Vietnamese artists opening on June 19 and continuing through July 18. The work on display will include painting, sculpture and installation and will feature artists from throughout the country, many of whom have had solo exhibitions in recent years at CTG.

**Contact:** Visit www.cthomasgallery.com for details







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#### JUNE 20

#### What: Friendly Neighborhood Bike Ride

Where: Starts at The Bike Shop, 250 Nguyen Van Huong, D2 About: The Bike Shop is running its community Bike Ride every month to share the joy of cycling. The ride is organized in District 2 and ends up in a bar to share a drink and meet new neighbors. Bike enthusiasts from the age of 12 are all invited to join this fun event. Helmet, lights and smiles are mandatory.

Contact: Email thebikeshopvn@gmail.com for more info



#### JUNE 25

#### What: AmCham Palooza Party

Where: InterContinental Asiana Saigon, Corner Hai Ba Trung & Le Duan Boulevard, D1; 6pm

About: The monthly Palooza Party is a platform to develop new friendships, networking opportunities and information exchange. People from all age groups are welcome to attend. Free admission for members and VND100,000 for non-members including free canapés. Contact: Email contact@amchamvietnam.com for details



#### JUNE 21-22

#### What: Wedding Fair

Where: Grand Ballroom, Mövenpick Hotel Saigon, 253 Nguyen Van Troi, Phu Nhuan

About: Couples can check out wedding cars from Mercedes Benz, the latest wedding dress collection by Koyuki, Minh Loc Makeup & Wedding Dress in combination with stylist jewelries, wedding rings by Cuu Long Jewelry. Professional photographers from BL Duy Studio and Ngoc Huy Studio will recommend you fashionable, creative wedding photography styles. Leading wedding experts and planners from Serenade, Chocolate Graphics, Y Tuong Card, and Vietnam Wedding Planner will help you plan your dream wedding. Future brides can have free consultation and special gifts from Lancôme who will reveal beauty secrets and makeup tips for your special day.

The Wedding Fair will feature lucky draw prizes. Exclusively during the event, guests can also receive 10 percent off on total bill for deposit for future wedding, 15 percent off on total bill for full payment of future wedding and complimentary upgrade to luxury suite for honeymoon stay including breakfast at Mövenpick Hotel Saigon. **Contact:** *Email* dung.ngo@moevenpick.com for details





#### **JUNE 26**

What: Canvas & Wine: Modigliani Self Portrait Where: VinSpace Art Studio, 6 Le Van Mien, D2; 6:30pm - 9pm About: Modigliani was a unique artist with a very particular approach to portraiture. With the help of a mirror you will have the fun experience of portraying yourself in his style. No previous experience in figure painting is needed.

**Contact**: Visit www.vin-space.com for details



#### JUNE 30

#### What: Deadline for Registration for Saigon 7's International Football Tournament

Where: RMIT, 702 Nguyen Van Linh, D7

About: Football team Saigon Hotshots will hold its second annual Saigon 7's International Football Tournament on September 20–21. The tournament will have two divisions - the Open and Masters Categories. The Open category is available to all teams with players aged 16+. The Masters category is available to all teams with all players aged 35+. Entry fee is VND12,600,000/team. Tournament fee covers pitch rental, referees, water stations on pitch, trophies for top finishing teams, captain's meeting, opening party allowance and awards. The open registration payment deadline is June 30. Teams failing to meet the deadline will be accepted on a first come, first served basis after that until the roster is full.

Contact: Visit www.saigonhotshots.com for details



#### **JUNE 28**

#### What: Folks Blues Concert

Where: IDECAF, 28 Le Thanh Ton, D1; 8pm About: The French Institute in Vietnam presents a Folks Blues concert with singer Mélissa Laveaux whose style is a combination of folk, indie pop and her signature percussive finger-style blues guitar all topped with her rich and gritty vocals. Born to Haitian parents in Montreal, Mélissa moved to France six years ago when she signed to No Format (also home to Chilly Gonzales and Julia Saar) and in 2008 released her debut album *Camphor and Copper*. Her new album *Dying Is A Wild Night* gives an intimate insight into her difficult first few years in Europe. The title is borrowed from American poet Emily Dickinson's *Dying Is A Wild Night And A New Road*, and is symbolic of her feeling towards cutting ties with her country. Entrance is VND100,000, 50 percent discount for students.

Contact: Call 3520 6863 or email culturel@consulfrance-hcm.org for info

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## Troi Oi

#### The country by numbers



billion liters of beer a year are consumed by Vietnamese people, according to the latest numbers released at a conference held in Hanoi in May to review the ministry of health's new campaign to discourage unhealthy drinking. Consumption of beer in Vietnam has increased continuously, especially among young people and women. Apart from the beer, Vietnamese consumed more than 68 million liters of alcohol annually.

According to market survey company Eurowatch, Vietnamese consumed 32 liters per capita in 2012, the highest rate in Southeast Asia, third in Asia (after China and Japan) and 28th in the world.

The country's beer market recorded an annual growth rate of 15 percent in 2012, in spite of the fact that its per capita income that year was just USD1,540, among the lowest in the region, according to Eurowatch.

A government official said the increasing beer consumption has led to increasing traffic accidents and domestic violence, and a law prohibiting civil servants from drinking during working hours has not been effectively enforced.

Takeshi Kasai, the World Health Organization's representative to Vietnam, said consumption of alcoholic drinks is common among more than 70 percent of Vietnamese men, of which one in four drink at harmful levels.



year old relics accidentally unearthed in central Vietnam. The Co Tu minority people were digging the foundations

for a new home in a resettlement area in Nam Giang District's Ta Binh Ward when they struck a trove of pottery pieces, vases, strings and pots buried under the ground. Most of the relics were thrown away, some agate beads given to children as toys.

A group of archaeologists from the Sa Huynh Culture Museum recently spent hours excavating the site, unearthing relics they believe belonged to the Sa Huynh civilization. Archaeologists dug up a single urn containing jewelry, precious stones and an iron statue of a horse. The statue dated back 2,000-2,500 years.

Considered one of the most prominent ancient Vietnamese cultures of the Iron Age, the Sa Huynh civilization is believed to have flourished between 1,000BC and 200AD in central and southern Vietnam.





year-old engravings on an ancient stele in Ha Nam Province were severely damaged when a team of workmen was hired to hastily restore the structure so it could be officially recognized as a national treasure.

According to Duong, a researcher at the

Hanoi-based Han Nom Institute, local residents reported a group of workers hired by the district culture department used a grindstone, sandpaper and iron brushes to 'clean' moss from the stele's surface. "It was their ignorance that destroyed the treasure," he said.

Built in 1121 during the Ly Dynasty (1009-1225), the Sung Thien Dien Linh stele was among the additional 37 artifacts recognized as national treasures by the nation's Prime Minister late last year.



century national heritage monastery which is gradually disintegrating. A national heritage recognition hasn't done much to protect a massive 9th century monastery that's rapidly decaying in central Vietnam. People in Quang Nam Province

are hoping that an application submitted in February for a "special" national heritage recognition will lead to greater effort to preserve it. The former site of the monastery was first recognized as a heritage site 14 years ago. During a recent visit, however, nearly all of the buildings had been consumed by trees and shrubs. Many sandstone relics, some of which may be as much as 1,000 years old, had been charred by local trash fires.

Historical documents show that the Khmer King Indravarman II had a Buddhist monastery built in 875 to worship the god Laksmindra Lokesvara Svabhayada.

It was excavated by French architect and archeologist H Parmentier in 1902 and was named Dong Duong, after a local village.



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In addition to robes, Very Ngon Homewares have also added drawstring lingerie/shoe/whatever-you-like bags to their steadily growing range. Ideal for travelling, storage at home or as a lightweight gift, this accessory is generous in size, features a knotted drawstring and comes in a range of designs including the Saigon Opera House, Guitar Woman and Dap Cau Street in the north.

Very Ngon's latest tea towel design also features Hanoi's iconic building - the Opera House, completed in 1911, and was designed in the architectural likeness of the Paris Opera House.

Established in 2010, Very Ngon Homewares hand-prints home accessories using images of early 1900s Indochine. For further info or to order call Lise Nguyen-Owen (093 803 6920) or Nguyen Thi Minh Hieu (090 377 0291) or visit www.facebook.com/VeryNgonHomewares.



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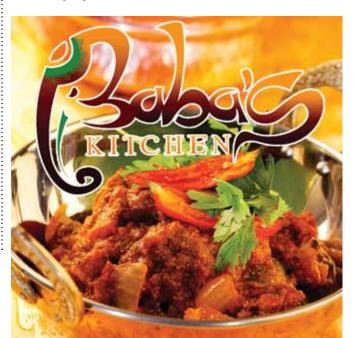
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#### NEW BARBECUE GARDEN RESTAURANT

Barbecue Garden (*www.barbecuegarden.com*) opens a second restaurant at 134 – 136 Nam Ky Khoi Nghia, D1. The 1200-metersquare Barbecue Garden 2 is a deep green garden decorated with sparkling lanterns. The outdoor section is open air with a retractable roofing system when the rain comes. The restaurant offers more than 100 barbecue dishes made of various ingredients, including pork, beef, chicken, wild boar, deer, goat, rabbit, lamb, fish, shrimp, squid and crab.



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#### **EXHIBITION**

Galerie Quynh presents Truc-Anh's second solo exhibition at the gallery on 65 De Tham, D1 from May 22 - July 19. Titled *oNiReaKHoWaRiGNoRaLiSMe*, the show marks a stylistic shift from the artist's *Croire/Douter* series with its dominant black and white compositions to vibrantly colored painting.

This new body of work draws from the artist's continued interest in the dichotomy of belief and disbelief, of certainty and doubt, reality and imagination, and the ambiguity of chaos. The title of the exhibition, the first part which is pronounced '*oneiric*,' poses itself as a riddle and reveals some of the diverse ideas, concepts and sources of inspiration for the artist, which range from art and human history to the history of representation and contemporary popular culture. The '*isme*' (ism) ending of the indecipherable word suggests a school of thought, to which the artist adheres and which he invites us to participate in. Truc-Anh will be giving an artist talk on June 17 at 6pm.

#### THE TASTE OF THAILAND

Experience the Best of Thai cuisine from June 2 to 8 at Novotel Saigon Centre (email h7965-mk@accor.com for info). The hotel is proud to host the Thai Food Promotion with Chef Warinn Tissaruk and Chef Patcharaporn Kaewrueng from Novotel Impact Bangkok. Tickle your taste buds with flavor of Thai with tom yum goong, beef massaman curry, mee kra-ti, pla rad prik - fried whole fish and much more.

#### **MASSIVE PARKING AREA**

Saigon's first multi-storey parking lot has just opened on Vo Van Kiet in District 1. The 10 level building can accommodate 1,000 cars and 500-800 motorbikes. The ground floor is designated to offer maintenance and washing services. It has five elevators for carrying vehicles and three for people. The Saigon Transportation Mechanical Corporation (Samco) is said to have invested USD24 million to build the massive car park. Car parking fee costs VND2 million per month (VND20,000 per hour).



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#### **EXECUTIVE DEVELOPMENT PROGRAM**

RMIT Vietnam's Executive Development Program will hold its first course in June as part of a significant initiative by the university to support growth in the number of Vietnam's highly skilled and qualified professionals. The program draws on its capability as a global university of technology, design and business with more than 10 years of operations in Vietnam. Program participants will have access to a pool of experienced facilitators residing in Vietnam, who bring international experience across a diverse range of disciplines including human resources management, marketing, communications, advertising, management, telecommunications, high technology manufacturing and energy.

The first program includes courses in accounting, leadership, creativity, risk management, project management, capital budgeting (finance) and intercultural competence. Courses consist of 21 hours of face-to-face learning supplemented by work-based activities and can be taken as a stand-alone or can be grouped to complete the full RMIT Vietnam Executive Development Program. The courses are designed to assist talented middle and senior managers and entrepreneurs to grow into well-rounded leaders for their organizations.

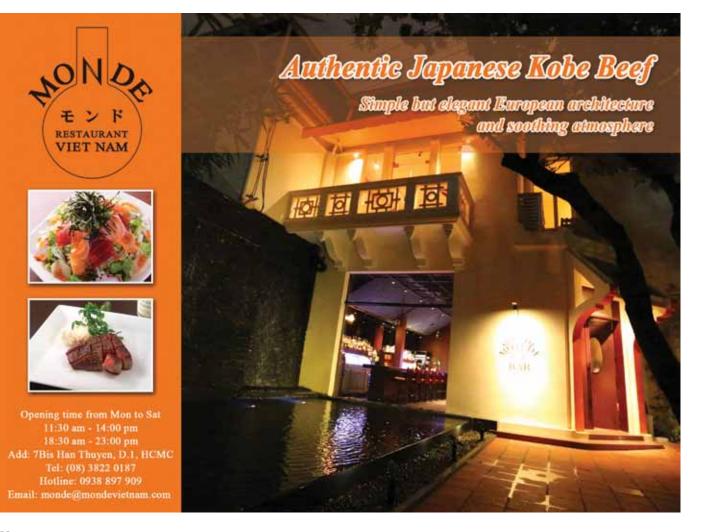
Visit www.rmit.edu.vn/develop-your-workforce for details

#### **TREATS FOR FATHERS**

On June 13-15, New World Saigon Hotel's (76 Le Lai, D1) Parkview Restaurant offers Father's Day brunch priced at VND1,200,000 per person including a free flow of house wine, draft beer and soft drinks, or VND1,350,000 per person including additional champagne and Father's Day dinner priced at VND960,000 including one glass of red or white wine.

On the same days, Dynasty will present a set menu to celebrate the influential role of fathers in society. Priced at VND630,000 per person and available for both lunch and dinner, the six-course set menu starts with roasted suckling pig and Cantonese style roast duck, doubleboiled chicken soup with melon and dried scallops, and more. Dad will be treated to a shot of "Linh Chi Dai Bo" wine, and receive a special gift set, and a 20 percent discount voucher redeemable at Dynasty in July 2014.

Meanwhile, on June 1-30, The Lounge offers drinks for fathers with birthdays during the month of June priced the same as their age. Pricing for other guests starts from VND90,000 per drink. And on June 7-15, The Spa offers a 90-minute hot stone massage for VND1,370,000 per person, with an additional complimentary 30-minute neck and shoulder treatment.



#### **MÖVENPICK HOTEL SAIGON JUNE PROMOTIONS**

Visit Mövenpick Hotel Saigon every Sunday in June for a lunch buffet featuring a wide range of family and children favorite dishes. The food package is priced at VND449.000++, 50 percent off for children under 12, complimentary for children under five. Entertainment such as clowns, games, face painting, balloons and a special gift await children.

Cafe Saigon's Seafood Night on all Fridays and Saturdays in June offers a food package for VND880,000++ per person. Lotus Court's Express Dim Sum Lunch every day is priced VND149,000++ per person and the Dim Sum Brunch every Saturday and Sunday at VND350,000++ per person.

Stay at Mövenpick Hotel Saigon and enjoy up to 30 percent off with its Summer Sunshine Promotions and Weekend Getaway Package. Starting from USD90 per night, Summer Sunshine offer is valid for stays between June 1 and September 30, 2014.

For booking inquiry, email hotel.saigon@moevenpick.com.

#### **INTERCONTINENTAL JUNE PROMOTIONS**

Market 39 (corner of Le Duan and Hai Ba Trung, D1) restaurant celebrates Children's Day on June 1 by offering children from 6-12 a buffet at VND400,000++ per child and complimentary for child under six (child must be accompanied by an adult). The buffet for adults is priced VND1,098,000 ++ each person including free flow of selected house wines, Tiger draught beer, soft drinks and signature cocktails.

And on June 15, Market 39 offers a lavish meal including champagne, salmon, steak, lobster and a variety of desserts to celebrate Father's Day. Father's Day brunch is priced at VND1,599,000++ per person including free flow of Veuve Clicquot Champagne, cocktails, house-wine, beer, soft drinks, coffee and tea. A buffet dinner is priced at VND1,098,000++ per person including free flow of selected house wines, Tiger draught beer, soft drinks and signature cocktails.



#### FUNDRAISER

The American School of Vietnam teamed up with Score Tech, Al Fresco's and Heartbeat Vietnam with the goal of raising USD5,000 in a one week fundraiser to save the lives of five children in desperate need of heart surgery. It is estimated that there are currently as many as 30,000 children in Vietnam in need of heart surgery. Heartbeat Vietnam identifies the most critical cases of children who need immediate surgery and provides them with life-saving surgery.

The American School of Vietnam has undertaken this fundraiser as a way of fulfilling one of its stated goals of altruistically giving back to the community. Students and teachers have actively raised money through a variety of activities, including: donation envelopes, bake sales, pizza sales, Tee shirt sales, carnival-style games, and a variety of other fun events. The fundraising week kicked off with an all-school assembly on May 19th with live music, videos, and guest speakers. The fundraising also had a "Fun Dress" week at TAS with themes each day, including: Red Shirt Day, Crazy Hat Day, Hawaiian Shirt Day, Cowboy/ Cowgirl Day, and Superhero Day.



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### Ahhh! Ohhh!

Part acrobatics, part dance, part circus, AO is all entertainment

TEXT BY JAMES PHAM IMAGES PROVIDED BY THE AO SHOW

IT'S KNOWN AS The Machine and right now at least, it's anything but well-oiled. In this particularly difficult sequence, dozens of bamboo baskets must make their way up to the top of a three-level platform, then zigzag down bamboo poles in a human-powered perpetual motion machine moving at dizzying speeds. One break in concentration on the part of just one group member and it all falls apart. During this afternoon rehearsal, tempers flare amongst the group of multi-talented 20-some 20-somethings. Before long, though, the team starts to gel, baskets are moving with clockwork precision and the final performers slide down in a fit of giggles. This is AO.

With Vietnamese accents,  $\hat{A}$   $\hat{O}$  is pronounced Ahhh! Ohhh! — expressions of surprise that this reinvented show has elicited from fans around the world — a giddy combination of acrobatics, contemporary cirque, dance, martial arts and music. It's Stomp! meets Cirque du Soleil meets hip-hop dance battle meets Ringling Brothers all set to the live soundtrack of Vietnamese opera, heartstopping drum beats and haunting solos. There's no real storyline to the non-stop hour-long show other than the bamboo props that are part of every act — trays doubling as lily pads or Matrix-style projectiles, coracles as launch pads or a giant pendulum from which performers hurl themselves, and huge bamboo poles that morph from delicate monkey bridges to the walls of a vibrant tenement. It's frenetic. It's sweet. It's chaotic. It's powerful. For all those disparate reasons, it shouldn't work. But exactly because of all those disparate reasons, it does.

Created in 2005 in Hanoi, the original show (called "My Village") went on to tour Europe and Asia, with more than 300 shows in three years. In 2012, the creators brought the show to Ho Chi Minh City, but with a distinctly southern vibe. Where the northern show is softer and more cultural, the southern cousin, just like its new home, is more brash, fun and out to impress.

#### **Flipping Out**

AO doesn't quite fit any mold, and that's probably because its 20 or so performers don't either. Each with a background in dance, stuntwork, Parkour or circus, they're more likely to be found actually doing *Spiderman* moves than watching them in a movie theater somewhere.

"Ever since I was a kid, I've never been able to sit still. Even while I was studying Business Admin (my parents wanted me to get an office job), I was doing hip-hop dancing in a crew, then Parkour then stuntwork," says Tho, 24, the troupe's star breakdancer and budding choreographer. "AO is all about working together. It just takes one person to mess up a performance. But what we're trying to achieve here is to dignify everyday [bamboo] objects, for people to remember Vietnam, for them to say 'ahhh! ohhh!' just like the name."

"This is so different from a regular circus," says Ly Xa, 27, who has been involved in circus training since the age of 11. "Those basic moves have been passed down from generation to generation. You could be doing those same moves for three to four years in the circus. With AO, it's all about the creativity. It's different every time. It's like life. It's no longer a performance," she says in between practicing contortionist moves balanced on an upturned basket.

Meanwhile, Chinh Phu, 22, uses his Parkour experience to map out exactly where he wants to land as he flips from the swinging bamboo basket boat suspended by ropes from the ceiling of the Saigon Opera House. "I'm the only boy in my family, so my parents are really worried about my health. When I was little and tweaked an ankle or something playing basketball, that was it; my parents hardly let me out of the house. I had to tell them I was going out to study, but in reality, I'd be doing Parkour in parks and on the city streets. I never imagined I'd be part of a contemporary circus show as great as this."

AO has three to four regular performances each week at the Saigon Opera House. Tickets for the electrifying hour-long show start at VND599,000. See www.aoshowsaigon.com for booking details.

### **Urban Play**

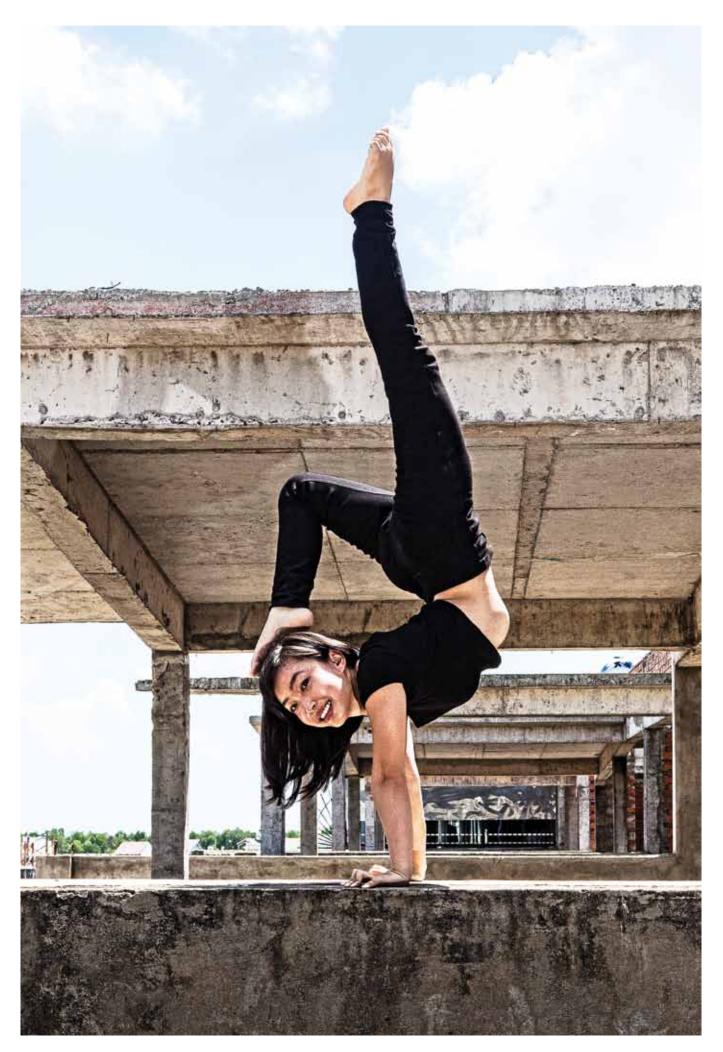
#### IMAGES BY ADAM ROBERT YOUNG

With a construction site as their stage, the AO dancers show off their agility and daredevil spirit by scaling down walls, leaping off roofs, suspending themselves in air and even balancing on one foot on someone else's head. Forget Peter Parker, these guys are the real Spidermen.

A special thank you to Nguyen Nhat Quang, Do Manh Hung, Le Tien Tho, Truong Chinh Phu, Le Ly Xa and Nguyen Khanh Linh for their performance.







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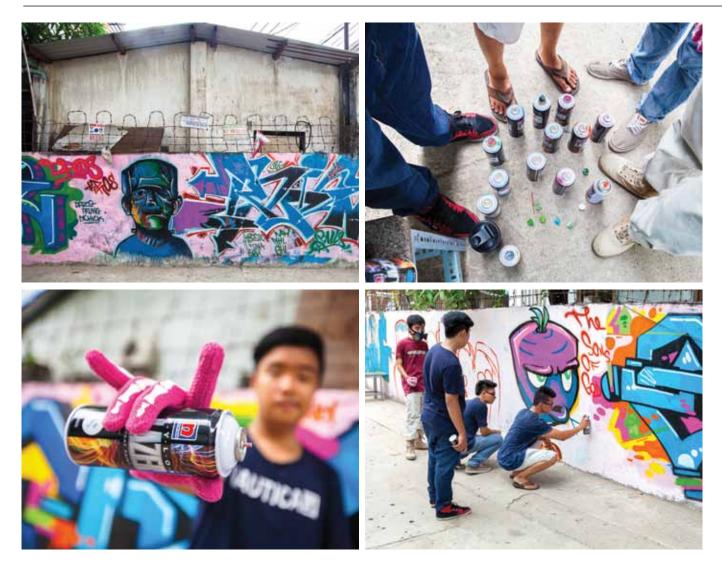


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### The Writing's on the Wall

Saigon's youngest graffiti crew speak about vandalism, jail time and their passion for art

#### TEXT BY NPD KHANH IMAGES BY ADAM ROBERT YOUNG

EVERY WEEKEND OR so a group of teenagers can been seen gathering in front of a long stretch of washed out wall near an alley off Dang Van Bi street, adjacent to the Truong Tho milk factory. "You hoodlum punks. Go vandalize somewhere else. Get out of here!" yells a lady when they get too close to her house. It's apparent that their presence is unwanted but they continue with what they're doing – spray painting the wall.

They may be only teenaged schoolboys but they're far from being hoodlums. They're Sons of God (SOG), a graffiti art crew comprised of six boys between 17 and 18 years old. Buis is the leader with Cur, Krostic, Tin, T.O.X. and Thiinh completing the group. SOG started roughly a year ago stemming from a shared passion for graffiti artwork, and trouble with adults and the police along the way have only forged a tighter unity among them.

"We are, I think, a third generation crew since the start of graffiti in Vietnam in 2006. The first ones are UFO of Saigon and The Street Jockey of Hanoi," says Cur. "We formed our crew when we were 16, but many of us dabbled long before that. Vietnamese graffiti artists really don't get any younger than us."

"We started out with the wrong idea of graffiti, like a lot of other young people who went along with the hype," explains one of the members. "We learned to draw from Japanese manga art. At first only copying, and then creating our own versions, our own style. It's about the same for 8x, 9x generation Vietnamese. For us, that was the one art form easiest to access."

Some of them already had a background in art, others were simply intrigued or



tagged along for fun.

"Somebody suggested the name Sons of God," says Tin. "It sounds really boastful and not actually that good. But then again, if you're going to leave your name on the street, you want people to remember it and for that, boastful does the job. Eventually, we agreed on it."

Their spray painting began the same way as countless other graffiti artists, with actual illegal defacing of public and private properties, one of which happened to be the subterranean wall of Thu Thiem tunnel.

"That one was a co-op job. Lots of crews came, not just us. We nearly got into trouble. The police came," remembers Cur. "In another session, a full-blown painting and not just a tagging or bombing, we got caught by the police. We ended up spending the night before Tet in the police station. My dad said, 'Take responsibility for your passion.' What he meant was that he wasn't going to bail me out the next time that happens."

And what's their opinion on the differences between the graffiti subculture in Vietnam and the West? "It's pretty friendly. It's not the same as the Western ones as all," states Cur. "When I was younger, my uncle, who lived in America, sometimes came around to check out my graffiti art," says one of the crew. "He says even graffiti art in America doesn't have such a good reputation and that only the African-Americans in the black neighborhoods do it. People tend to stay away. It's not the same way here at all. Sure there are some rough kids, but all in all, the older crowd of graffiti artists are supportive and open."

Graffiti began its rise alongside hip-hop and breakdancing in Vietnam back in 2006, starting first in Hanoi. Like other youth fads, it has its highs and lows and once the hype fades, it is usually a small group of hardcore enthusiasts who remain. Vietnamese graffiti art has had three such highs.

"There are not that many of us," says Tin. "Not enough to foster the kind of overly competitive street environment that some would expect. We tag. We bomb. We mark our territory, but nobody's going to give you a good thrashing if you happen to step into their territory. Instead, we have co-ops where two or more crews will get together and do a shared job on one wall. It's our way of getting to know each other, and also our way of learning from each other. Since we are the youngest, there's a lot to learn."

It was from these older groups that the Sons of God actually learned the proper way to view graffiti, as art and not vandalism. "We have learned to be polite and accommodating. We have asked for permission to paint on people's walls and houses instead of bombing a big one on theirs without asking. Our art is coming along. When something is beautiful, it's harder to dismiss it. What it all comes down to is a matter of trust. Once you have proven yourself trustworthy school kids, people don't find it that hard to let you paint on their walls," Cur says.

There comes a time when childhood whims and fun must end though, and that time is approaching for T.O.X. as college and adulthood is eminent this year. "We have our hopes and our ambitions. We have never actually earned money from our graffiti, but there are old bros before us who succeeded and made a living out of what they love, like the crews behind Saigon Outcast, or Zero Station and their Creative Space. Now it's our time of testing, and we've got to find out whether we will work a day job to feed our passion, or will our passion become our job and feed us."

### Humans of Ho Chi Minh City

Celebrating the people we encounter on a daily basis but never get the chance to speak to

#### TEXT BY JAMES PHAM IMAGES BY NGOC TRAN



"After years of doing this, I have really good aim."



"This hat means I'm proud of my country. China had better watch out."



"I know it's a sin to kill animals. But they taste good."



"What's your greatest struggle right now?" "If I don't make VND 100,000, my wife is going to be real mad."

#### Hoang Hoa Tham Market, Binh Thanh

BACK IN 2010, a 26-year-old unemployed bond trader turned a weekend hobby into an internet sensation. Since then, amateur photographer Brandon Stanton has posted more than 5,000 photos of everyday people to his Facebook page, named "Humans of New York" or HONY for short. What started out as a project to photograph 10,000 people and plot them on a map has spawned a huge following of more than 6 million fans on Facebook and Tumblr as well as a recent book. Looking back, Brandon says that the concept really took off when he started talking to his subjects and included brief quotes along with the photos.

"Somewhere along the way, HONY

began to take on a much different character. I started collecting quotes and short stories from the people I met, and began including these snippets alongside the photographs. Taken together, these portraits and captions became the subject of a vibrant blog," he writes on his site (www.humansofnewyork.com). Brandon has written a new chapter in photography. He produces, edits, curates and publishes his own work, making it freely available to share online, with no watermarks. The idea is so pure, so simple — that of connecting with your fellow man and listening to the stories behind the faces — that it has inspired more than 500 clones, including

Humans of Tel Aviv, Souls of San Francisco and Faces of Kuala Lumpur.

In an homage to Humans of New York, *Oi* set out to capture the faces and stories of Ho Chi Minh City. The setting was *Cho Cay Queo* (Crooked Tree Market) in Binh Thanh District, a vibrant stretch of 400 meters where everything takes place along the sidewalk on both sides of the street. There are no market buildings. There's not even a place to park. Instead, vendors sell from their homes, from makeshift stalls or from the backs of motorbikes, with customers walking from nearby neighborhoods or simply shopping from the seat of their motorbikes. ■



"These tea leaves will cure diabetes. Drink it for eight days and come back and see me. You can also boil them up and make a bath out of them; it's good for your skin. Or if you want to be dark like me, just don't rinse it off."



"I've been sitting in one market or another for 50 years."

#### THE MYTH:

#### Is it true that the locals use human urine to treat diseases?

YES. The use of human urine and other organic waste to treat illnesses is a traditional Vietnamese folk remedy called "Nieu Lieu Phap" ("Urine Therapy") dating back hundreds of years. Traditionally, only the urine (and fecal matter) of young children, especially boys, was ingested orally or applied as a topical lotion. As to what specific diseases the substances were used for, the answers vary depending on who you ask. Old Vietnamese medicine texts state that the urine of young boys was used by new mothers to replenish blood lost during labor or by women as a remedy for erratic menstruation cycles.

An academic textbook called Tat Den by Ngo Tat To, a well-known Vietnamese author who wrote many classics that are still being taught in Vietnamese schools, states urine was used to resuscitate unconscious people suffering from heat stroke or other diseases. Other prescriptions for the use was as a health tonic for various ailments such as burns, open wounds, bug bites, dry skin, joint ache, AIDS, cancer, etc... There was also a time roughly 20 years ago, when urine from young boys was bought and sold at high prices. However, this is slowly fading and is now only practiced in the deep countryside.

'Urine therapy' is actually a global phenomenon and is an acknowledged alternative therapy, although a highly controversial one. It has been practiced by ancient Romans, referenced in the Bible (Proverbs 5:15), and the ancient Sanskrit text *Damar Tantra*. Urine therapy is also endorsed and practiced as an effective and low cost alternative treatment by various public figures such as the former Prime Minister of India Morarji Desai, the American pop singer Madonna, British actress Sarah Miles, and former Major League Baseball player Moises Alou... to name a few.

It was a foreign influence that revived this dwindling Vietnamese medical tradition when, in the 1980s, an American text endorsing urine therapy as an effective cancer and AIDS cure was brought to Vietnam, translated, published, and distributed by the Da Nang publishing house. This book promptly instigated a wave of urine therapy practitioners and was the root cause behind the Vietnamese 80s "urine craze" (as it has been named by the Vietnamese media). Eventually the book was discredited by both the American Cancer Society and the Vietnamese Ministry of Public Health and Welfare. All copies were confiscated and destroyed due to concern over its negative impact on the mass population of rural Vietnam where it had the most effect.



### May Oi Reader Photo Contest Results **dochina**



Fan Favorite Winner Submitted by ZUZANNA K.



Oi Favorite Winner Submitted by ALEX R.



vorite Runner Up led by JULIANA G



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#### **CONGRATULATIONS TO OUR WINNERS AND** THANK YOU TO OUR CONTEST SPONSORS!





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## June / July di Reader Contest PHUTOGRAPHY Contest



FOOD, GLORIOUS, FOOD?

Inspired by our international breakfasts this issue, we want to see your best food photos!

STREETSIDE PHO?

- A DECADENT HOMEMADE CAKE?
  - SPICY / SWEET / BIZARRE / BEAUTIFUL?



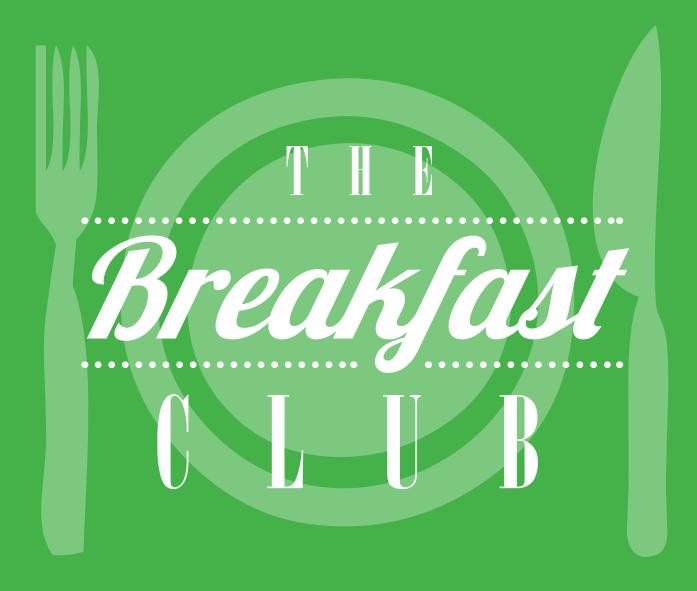
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Dear Diners,

We accept the fact that we're sometimes overlooked in the rush to start the day. We might not be as sexy as lunch or dinner. But we think you're crazy to underappreciate us. You may see us as a banh mi or a McMuffin on the way to work. In the simplest terms with the most convenient definitions. But what we found out is that each of us is a lumberjack, a dosa, a schnitzel, a burrito, a crepe and a smoothie. Does that answer your question?

Sincerely yours....



TEXT BY JAMES PHAM, NPD KHANH, HUY TRAN, LYRA DACIO, LOTTIE DELAMAIN, TRAN THUY HA MY & CHRISTINE VAN

IMAGES BY NGOC TRAN AND ADAM ROBERT YOUNG





IF YOU HAPPEN to be in Italy and on the hunt for an elaborate egg and bacon breakfast, then you can *fuggedaboutit*! For Italians, breakfast is not the elaborate affair common elsewhere. Mattia, who hails from Milan and is currently a manager at Ciao Bella, recalls breakfast in his native country as "an espresso and croissant" or some variation of coffee and pastry. While in Rome, a *cornetto* (a croissant with either custard or jam) is more popular, and after engulfing that in five minutes it's off to work.

"People are probably just uncomfortable with salt in the morning, sweet is usually desired," says Mattia. And if there's not enough time for a pastry, then at least a coffee fix to start the day is essential. Italian rationale is that appetites are usually saved for later in the day when the food selection supposedly gets better as the day progresses. However, those behind Ciao Bella believe that breakfast time is the perfect start of the day to whet your appetite and brings to the table what an Italian breakfast would be if Italians actually had the time to sit down and eat before lunch.

Having managed an Italian restaurant in New York, proprietor of Ciao Bella Tony Fox brings to Vietnam his version of Italian morning dishes with a Big Apple attitude. The Eggs Ciao Bella (VND195,000) is a dish that revolves around a large grilled polenta cake - polenta is made from ground cornmeal and water and was once reserved only for peasants - but here it's the star of the meal. The kitchen whisks and molds polenta cakes 24 hours in advance for easier grilling the next day to give them a crunchy exterior while maintaining a softer, smoother interior. When served, the polenta cake is placed on a bed of basil pesto, topped with honey roasted ham and melted Fontina cheese, and finally paired with two perfectly poached eggs covered in Hollandaise sauce and Tuscan potatoes on the side. Mixed fruit is also included to avoid any potential overdose of

savory flavors. This combination creates a rustic tasty breakfast. Inspiration comes from the American Eggs Benedict, "but the Italian part is all the Italian ingredients used to make this rich and creamy dish," says Tony.

Still using all Italian ingredients (many imported), Crespelle (VND175,000) is the Italian equivalent of crepes. The key is to whisk the batter with perfect consistency - not too thick to be cakey, not too thin to tear the wrap - then "bake until the edges are burnt slightly golden brown" for a good crunch. Crespelle is then stuffed with leeks and mushroom, topped with a melting pecorino fonduta cheese and paired with two eggs and mixed fruit - allowing a to and fro battle of savory and sweet in your mouth while creating a light and luscious breakfast. These are just two from a variety of "regionally annotated peasant food" done to perfection with great ingredients.

Ciao Bella: 11 Dong Du, D1



OVER THE LAST 150 years, many aspects of Japanese lifestyle, including breakfast, have been heavily Westernized. The percentage of people eating a Western style breakfast of bread and eggs is highest among salarymen and those who live alone, while students and people whose breakfasts are prepared by their mothers more frequently enjoy a Japanese style breakfast. Owner of Achaya Café, Ayako Fuji, has now taken on the role as substitute mother for the city's denizen by recently adding a traditional Japanese breakfast menu to her restaurant.

"A majority [of Japanese] eat *natto* as a healthy start to their day," says Ayako. "Eat it with soy sauce, the pickled vegetables (carrots, daikon and cucumbers) and the pork miso soup (made of thinly-sliced pork, carrots, potatoes and onions in a hot pork and miso broth)." Natto (VND98,000) is fermented soybeans, notorious for their pungent smell but paired with the right foods, chosen especially by Ayako, they become a delicious accompaniment to the dish. Natto takes two days to prepare in a consistent temperature of 40 degrees Celsius. If you are daring, stir in a bit of Karashi mustard paste - strong and spicy like wasabi - too much may cause an explosion, but a little is enough to go a long way. And to cool down your palate after that adventure, try the fresh salad that's included with the special dashi fish sauce dressing that's specially imported from Japan.

Another symbol of a true Japanese breakfast is the *sakeno siokouji yaki teishouku* (VND138,000) or better known as salmon. Yes, Japanese folks eat a great deal of fish and breakfast is no exception. At Achaya Café salmon is imported for the sake of quality and then marinated in *shio-koji*, a natural Japanese seasoning (also imported) that helps tenderize and add a touch of sweetness without overpowering the dish. The perfectly cooked salmon – not too well done – is paired with a bowl of white rice, side salad, grated daikon and sesame spinach to refresh your palate.

A hearty Japanese breakfast provides energy all through the morning, without getting the 10am faintness one may experience after eating the usual breakfast quickie. And if you can venture beyond Japanese sushi, this place would be worth rolling out of bed for.

Achaya Café: 90 Le Loi, D1





BACK IN THE 80s, public service announcements in the US touted breakfast as "the most important meal of the day." Evidence suggests that people who eat breakfast regularly generally consume more daily calories but are less likely to be overweight. Kids who breakfast may even have better cognitive function, test scores and school attendance, leading some school districts to have a breakfast program, especially for underprivileged children. Adelle Davis, an American pioneer in the field of nutrition, famously said, "Eat breakfast like a king, lunch like a common man, and dinner like a pauper," highlighting the importance of the first meal of the day.

While busy schedules have tended to reverse that order, Middle America is still in love with breakfast, championed by family restaurant chains like Denny's and IHOP (International House of Pancakes), where breakfast foods are on offer all day long. The truism, "Everything is bigger in America," applies equally to breakfasts, home of Lumberjack breakfasts which traditionally nourished brawny men for a hard day's work cutting down trees or working in the fields. Denny's Lumberjack Slam, two buttermilk pancakes, a slice of grilled ham, two bacon strips, two sausage links and two eggs, plus Hash Browns or grits and choice of bread, comes in at 1,000 calories, 3,010 milligrams of sodium and a whopping 460 milligrams of cholesterol, unabashedly more than 50 percent of the recommended intake for the entire day. Americans love their breakfasts.

Vietnamese-American Tristan Ngo, chef / owner of The Elbow Room aims to recreate some of his favorite food memories growing up in California. "Nowadays in San Jose, Houston, Los Angeles, there is Vietnamese breakfast everywhere. But back in the late 70s, there was no com tam, no pho. So I grew up on strictly American breakfasts. Some of the best food I've had was the big warm raisin cinnamon roll at school with some milk and OJ." Other of Tristan's breakfast memories include selling tickets for USD2 pancake breakfasts as a kid ("If you sold a hundred, you got to go to summer camp for free!") and finding a corner at Denny's (the place to hang out before there was Starbucks) to study, fueled by all-day breakfast foods.

"Americans, we like sturdy, heavy foods. When I go back to the US, I love doughnuts, bagels, and proper egg muffins. There are specialty shops that make just bagels or just muffins. The portion sizes in the US are just ridiculous, though. Sometimes you can't even finish one, but it sets you up for the whole day."

At The Elbow Room, a rustic homage to

retro Americana, with its exposed brick, black and white vintage photographs and Nora Jones soundtrack, diners can order breakfast all day, including the Lumberjack (two pancakes, two eggs, bacon, smoked ham, home fries and toast, VND200,000), Eggs Benedict (two poached eggs, smoked ham on thick whole wheat bread, smothered in Hollandaise sauce with a side of home fries, VND140,000) and classic French Toast (four extra thick slices dusted with powdered sugar and cinnamon, served with maple syrup, VND125,000). Even better, splurge and get the blueberry pancakes (additional VND20,000) where the blueberries are mixed right in the batter. Topped with a slab of butter and drizzled with maple syrup, there's nothing better.

"The secret to the perfect pancake is in the mix. Too thin and it'll fall apart when you pour syrup on it. Too thick and it becomes hard. It has to be fluffy and that's hard to do," says Tristan. "San Francisco had a lot of small shops that did really good breakfasts. I'd even schedule my classes so I'd have time for breakfast. I'm trying to bring that kind of American-style breakfast to Vietnam. Two of everything. Now that's a real breakfast!"

The Elbow Room: 52 Pasteur, D1









STRADDLING ASIA AND Europe, and gateway to the Middle East, it comes as no surprise that Turkey combines the best of all worlds, past and present. Part of the late 13th century Ottoman Empire which spanned much of Southeastern Europe, Western Asia and North Africa, modern day Turkey shares a border with no less than eight countries. It borrows culinary influences from Greece to the west with its mint, olives and olive oil, from the spices of the Middle East and rich dairy products (think: yogurt, butter and cheeses) of the northern grassy highlands near the Black Sea towards Georgia and Armenia.

Jodi Ettenberg, author of *The Food Traveler's Handbook*, says "breakfast in Turkish is called '*kahvalti*' which means 'under coffee' or 'before coffee' because Turkish coffee is usually served later in the day". Recalling the month she spent in Turkey, Jodi observes: "The Turks are obsessed with their food. As with Vietnam, food is the focal point of the community. Breakfast is an incredible affair. It's meant to be spent sitting at a table loaded with cold meats, tomatoes, cucumbers, bread and cheese, and lasts hours talking to family."

Possibly nowhere in Turkey is the breakfast culture as strong as in the Kurdish-

majority city of Van, in eastern Turkey, where Kahvaltı Sokak, or "Breakfast Street," is just that — an entire street dedicated to specialty restaurants serving breakfast foods all day. It's not unusual for a breakfast spread to have flatbreads and crusty loaves to mop up the rich kaymak (Turkish-style clotted cream), honey dripping from the comb, homemade jams, tahini (sesame seed paste) or cacik (seasoned, strained yogurt with parsley, herbs and garlic). Hearty eaters may order a side of eggs, either hard-boiled or in the form of *menemen*, a mix between an omelet and scrambled eggs with the addition of tomatoes, green peppers and onions. A bowl of black and green olives might provide the salty, balanced with a plate of fresh fruit for its sweetness, along with more cheeses, like Van's own otlu peyniri, a semi-hard salty cheese flavored with wild mountain herbs, and slices of cucumbers and tomatoes to claim whatever space is left on the table. A pot of black tea presented in tulip-shaped glasses washes everything down.

Cindy Kawak, the French-Lebanese manager of Au Parc, says that her earliest memories of a Middle Eastern style breakfast was "just many things on the table".

"In the West, we start off with something to drink and then have snacks and then proceed to the food. But in the Middle East, we like to eat and eat and eat. It's any time we can sit down with friends and family. On the weekends, brunch lasts from 11-4."

Au Parc's Turkish Breakfast (VND195,000) comes with a basket of homemade breads including a lovely sour dough typically found in Egypt, brioche and baguette, on which to slather a selection of honey and jams including mulberry and orange / kumquat along with a heavenly Marou chocolate spread. A separate basket of freshly baked pita, bread sticks and cucumber and carrot sticks is to scoop up the creamy hummus. A plate of local fruit balances out the saltiness of the feta and olives for good measure. Sensing the lavishness of the spread (weekend brunch also includes menemen or a spinach and feta omelet at VND260,000). Cindy is quick to add that "the base is healthy".

"If you take the ingredients — tomatoes, feta, olives and yogurt — it's healthy. But it's true that people spend their time to eat so that leads to quantity. Even if you just have breakfast, every five minutes your grandmother will tell you to eat something. It's just in the culture."

Au Parc: 23 Han Thuyen, D1





INDIA IS HOME to 1.2 billion people, 2,000 ethnic groups, six of the world's major religions and countless minor ones, 22 officially recognized languages, 1,635 listed mother tongues, and an estimated 10,000 different dialects and variations. And when it comes to food, the numbers are just as high with the cuisine mainly divided into North and South along with at least 35 major regional styles dotting the Indian culinary landscape. So to answer the question - What do Indians eat for breakfast? - is probably as feasible as, say, trying to document the 10,000 existing Indian mother tongues and the number of people that use them.

Recently, however, a Southern Indian breakfast staple has come into vogue. While the world mostly knows Indian food through globalized Northern staples such as *paneer*, *korma* and *masala*, within India itself, spurred on by the spread of the internet and the increasing cultural exchange between regions, the combination of *mysore masala dosa* and *idli sambhar* are slowly taking over the breakfast tables across India. "Northern Indian foods are, as a rule, heavy. There's a lot of butter, cheese, nuts, gravies. For breakfast, Northern is a bit too heavy for most people and that is why the lighter Southern dishes are better for breakfast," says Mohammad Taj, manager of Tandoor, one among a handful of authentic Saigon-based South Indian restaurants.

Hailing from Chennai, both mysore masala dosa and idli sambhar are vegetarian dishes, making them universally available to all Indians regardless of dietary limitations and a boon to vegetarians everywhere else. Mysore masala dosa (VND80,000) is stuffed naan with an outer layer of crispy rice batter skin covering a soft, rich filling of cooked potatoes, tomatoes, onions, and coconut. Idli Sambhar (VND65,000), on the other hand, comprises of two parts: idli (a savory, spongy rice cake that is ubiquitous to South Indian cuisine) and sambhar (a spicy hot vegetable brew made of lentils, chilies, coriander seeds and various spices). Coconut sauce and a tomato and onion sauce round out the flavor of the breakfast.

Simple, hearty and potentially addictive, the key to the popularity of the two breakfast dishes lies in their simplicity, low cost and the rich nutrients they provide. Their mild flavors are easy intermediaries between the more extreme spectrums of Indian cuisines thus making them far easier to eat for first timers.

"For as long as we can remember, we have always been eating these foods so it's difficult to say how and when they began," says Taj. "They are traditional home meals that are simple and cheap, and aside from preparation, do not take much time or skill to make. The key to making a perfectly crisp *mysore masala dosa* is in controlling the heat of the pan - exactly 85 degree Celsius. No more. No less. They are comfortable and they fill you with energy for the day. Once you are done, finish with a cup of steaming hot Indian *masala* tea and you will be filled with energy for the entire day."

Tandoor: 74/6 Hai Ba Trung, D1



"GERMANS LOVE THEIR coffee and bread (brot) for breakfast. This is the traditional breakfast meal," says Mike Thoma, owner of German Corner who's originally from Moenchengladbach, Germany. Much like the typical Vietnamese who loves his banh mi for a quick brekkie, his German counterpart would grab a bread roll (brötchen), slather it with butter and less sugary but fruity jam, and devour. Or instead of jam, replace it with bacon, salami or ham. Bread is an essential part of German cuisine with 600 types of breads kneaded and baked in Germany daily. The more popular ones are the rye wheat, toast bread, whole grain and wheat rye. "The dark wheat bread alone is made from different corn varieties."

For breakfast and brunch options, Mike, together with his wife Thuy Thien, have recreated his mom's traditional recipes like the filling Goulash soup (chopped vegetables, onions, bell peppers, beef soup, potatoes, VND85,000) and the crunchy Vienna style pork schnitzel with french fries and lime (VND220,000) – which can be relished with or without lime. According to Mike, the pork schnitzel is traditionally served with a choice of sauces like the Hunter sauce (mushroom), pepper sauce and the Gypsy sauce (vegetarian).

But it wouldn't be German cuisine without the sausages and beer. So the Sausage Platter with five different kinds of sausages served with white cabbage and mashed potatoes (VND350,000) is an excellent choice. In Germany, there are over 1,500 sausages to choose from and you can enjoy a select five from the menu. The combination of the peppery cheese sausage, spicy chicken sausage, Bratwurst (pork sausage), mild sausage and their special pork-beef mix with cinnamon sausage takes your palate to a smorgasbord of flavors.

Another popular choice at German

Corner is the Butcher Platter of bread, butter, ham, meatballs, sausages, bacon and salami (VND320,000). "We love strong flavors in nearly all our dishes and we enjoy strong and heavy sauces," says Mike. So pairing the meatball with spicy or Dijon mustard gives the meal an extra kick.

So where is beer in all this? Strictly speaking, Germans don't

drink beer for breakfast. However, from brunch onwards, having a glass of beer is not unusual. A shandy – a mixture of 30 percent beer and 70 percent Sprite would be a perfect match. Of course there are a number of authentic German beers to select from here, including Bitburger, Koestritzer Black Beer, Benediktiner Weisse, HB-Hofbrau Weisse, Schwarzbrau Exquisit, and Schwarzbrau Weisse (beer prices start from VND65,000).

German Corner: A001 Nguyen Van Linh, Phu My Hung, D7





TRY TO NAME the top five most popular Mexican dishes and high chances are that the burrito will be among that list, right alongside the taco and nachos. In the US alone, an estimated 386.26 million burritos are eaten every month. At the start of 2014, a new catering company unveiled the world's first hot burrito vending machine in Los Angeles, California. As a testament to the burrito's existing popularity, the Burrito Box, so called by its maker, became an overnight smash hit with young LA urbanites and the startup is now selling franchising rights on the concept.

Ironically, little do most people know that this iconic Mexican dish, as well as its breakfast variation, the breakfast burrito, was actually created in the US.

"If you go to Mexico," says Geoffrey Deetz, head chef and owner of El Gato Negro, a Mexican restaurant in Saigon, "you will see that mainly it's people from the northern province that eat the burrito. It's not so popular in other parts of Mexico. And their burrito is a different kind than what non-Mexicans are used to. It's simpler. Just a tortilla with a lot of meat and sauce, and they put it on a dish and eat it like Vietnamese eat rice. The breakfast burrito is actually an American breakfast."

The actual origin of the modern burrito is a tricky one to pin down, having hailed from the countless no-name sidewalk stalls and mom-and-pop shops that dot the streets of urban America. Many claim to have been the original inventor and the story of how the burrito came about has many variations. However, there is one common theme among those different versions.

"The story is the burrito was made by a Mexican immigrant worker," explains Geoffrey. "He was making breakfast before work one day. His wife wasn't there and he got lazy so he just took the tortilla, put everything in, the meat, the rice, the beans, wrapped it up and called it a meal. His fellow co-workers thought it tasted good. Eventually he opened up his own shop selling his version of the burrito and from there it spread."

A traditional breakfast burrito (VND150,000), always up for grabs at El Gato Negro, is basically a flour tortilla (another foreign influence as traditional Mexican tortillas are made from corn) wrapped around cooked meat, rice, beans, lettuce, poached eggs and spices. The oblong shaped wrap is then covered in tin foil to preserve the heat and to keep everything nicely packed up. When eaten, the foil is removed bit by bit so that the content won't spill.

The burrito, at its core, is a peasant food. Its ingredients are cheap and simple and the first wave of customers that catapulted it to international fame is the working class crowd: students and day laborers who didn't have the time to sit down for breakfast. It's a non-fussy comfort food that delivers a whole lot of bang, in both quantity and flavors, for your buck. "You can buy one of these for USD2 in America, right off the streets. It's so big. You pound down on it and you are filled up for the entire day."

In Spanish, "burrito" is slang for "small donkey" and while there are many interpretations for why this name came about, one theory purports that it showcases the burrito's versatility. Like a donkey that can carry a lot of baggage on its back, the burrito can pack a lot of different foods and flavors inside it, which makes it incredibly easy to transform and adapt to fit any hearty eater.

"I once made a *com tam* burrito," says Geoffrey. "Wouldn't that be a way to start out the day? *Com tam* and burrito in one go."

El Gato Negro: 13, Phan Van Dat, D1





### WAKE UP, LAH. TIME FOR FROG PORRIDGE, LAH



AMERICAN CHEF, AUTHOR, and television personality Anthony Bourdain once stated that Singapore, Hong Kong and Tokyo are the food capitals of the world where cuisines from every country can be found and anyone and everyone is crazy about food. But when asked, most people would be hard pressed to identify Singaporean cuisine and with good reasons.

Founded in 1819 by Sir Stamford Raffles and with only 195 years of recorded history, Singapore did not have a lot of time to develop its own unique cuisine. The foods and cuisine styles on offer are certainly diverse, but for the gourmand who wants to experience a uniquely Singaporean taste, there are only two choices: the chili crab and the Singapore frog porridge. Both of these are proudly claimed by Singaporeans as national signature dishes, but only one among the two bears the country name in its title and while it is sold and eaten everywhere in Singapore at all times of the day, the Singapore frog porridge is at its best as either a breakfast or brunch entry and paired with one or two servings of dim sum.

It is the 19th century Chinese immigrants who first brought their breakfast tradition to

a newly born Singapore where it took roots and persists till today. Despite China's vast culinary repertoire, the traditional Chinese breakfast is deceptively simple - dim sum and porridge, followed by a cup of steaming hot tea to cleanse the tongue. So simple in fact that while it almost comes across as boring, what most diners do not know is that this breakfast is a small, finely-tuned three-course meal in itself. A basket or two of bite size *dim sum* (VND30,000 - VND40,000 each) preps the palate then the main entree, Singapore frog porridge, follows.

Proper frog porridge is always served in two separate red claypots, the rice porridge (VND15,000 - VND30,000 per pot), thick and rich in one pot and fresh frog meat, flash braised and steeped in Kung Pao sauce (VND80,000 each), in another.

"The meat must be fresh, unmarinated and unseasoned so that the succulent meat can be tasted," owner and chef Long explains. And despite the popular joke, frog meat tastes a world of difference from chicken. "The sauce is prepared with herbs and spices. My special Kung Pao sauce recipe involves 14 main herbs. The cooking starts five minutes before eating. We flash cook the meat with dried chili, spring onions, and Kung Pao sauce in a red claypot. The dish is then served to the guests in small porcelain bowls, rice porridge underneath and the frog and sauce in a separate layer on top."

Adding: "Most people find it difficult to distinguish Chinese cuisine and Singaporean cuisine. There's not much difference to be honest since so much of Singaporean culture and cuisine is deeply rooted in their Chinese origin, but the frog porridge is where the Singaporean modern spin is at. Chinese food favors strong fatty tastes with plenty of oil. Singaporean food, in this case the frog and sauce, is far more restrained and there is no cooking oil involved at all."

There is also a proper way to eat the porridge. "Never stir it up," Long insists. "Scoop it up cleanly so that the porridge, the sauce, and the frog are not mixed up together. Then you can taste the different flavors: the rich porridge, the sweet and salty Kung Pao sauce, the succulent frog meat and the red hot spicy chili. The first spoon is always the best."

Geylang@Saigon: 134 Nguyen Thai Hoc, DI





IT'S A STRANGE culinary crown to wear, but one we Brits wear with enormous pride - the English breakfast is not only a source of huge national honor, but also fierce debate. Black pudding or not? Beans or no beans? Fried bread or toast? Less of a recipe, more an assembly of ingredients, but one thing is for sure – as with all simple dishes, the secret to success lies in the quality of ingredients.

The history of the English breakfast starts a long way back, in the early 1800s where it was the preserve of the English gentry. As wealthy landowners, the gentry were champions of British tradition and patrons of the rural economy. Breakfast was an opportunity to show off local produce, in particular, the region's meats, to guests and friends. Breakfasts were hearty feasts, showcasing the best of local cured meats, sausages, game and poultry – calorie-filled feasts were needed before a day's hunting, or a long journey across the countryside.

Later, as the industrial revolution swept the country, the full English breakfast became not just a meal for the wealthy, but also the working classes who'd charge up for a long day of manual labor with eggs, bacon, and regional extras such as black pudding, sausages, kidneys and hash browns. By the early 1950s roughly half of the British population started their day with a full English breakfast, turning what was once a meal for the nobility into a national breakfast dish.

And what to drink with your English breakfast? English Breakfast tea of course. The English have been staunch tea drinkers since the 17th century when it began to be imported from China. The morning *cuppa* is thought to be the product of a marketing ploy by a Scottish tea master named Drysdale. Until the 19th century, tea was an afternoon drink and so to boost sales Drysdale created a blend of teas from Assam, Ceylon and Kenya, and rebranded it as "Breakfast Tea." It is this same blend that millions of Brits reach for every morning, today.

The full English breakfast is now a global phenomenon, and can be found gracing tables of some of the world's finest hotels and cheapest street corners. In Saigon, teaobsessed Brit, Geoff Hopkins has opened a shop and café to showcase his own take on Britain's two most-loved culinary traditions.

Hatvala is a product of Geoff's extensive research into Vietnam's finest teas. He has scoured the country to unearth Vietnam's little-known tea farmers, and discovered a wealth of high-quality artisan producers, who now supply his café and beyond. As a result the tea menu at Hatvala is rather more exotic than your local greasy spoon, but makes a welcome change from your average tea bag. There are wild teas such as the Wild Boar Black Tea from Yen Bai, fragrant Jasmine scented green tea, and a delicious floral Oolong tea from Moc Chau, all of which are brought to the table in their own percolator with a sand-timer to ensure it's brewed for just the right amount of time. Geoff is similarly obsessed with his coffee, all of which is sourced in Vietnam and roasted on demand.

And as you'd expect, true to his English roots, the English Breakfast (VND99,000) on the menu is an authentic feast – eggs of your choice, served with lashings of bacon, sautéed potatoes and in keeping with tradition, delicious sausages from high quality local butchers, Cochon D'Or. Packed with flavor and a subtle peppery heat, these classic English bangers made from only the highest quality pork, they are as good as anything you'd find in the UK.

Nothing says home like a full English, and even better when it's made by someone as proud of it as we are. The England's old landed gentry would be proud.



LIKE THE COUNTRY itself, Vietnamese breakfast is a complex subject, changing in overall culture and flavor from north to south. Most Vietnamese don't cook breakfast at home, they usually have breakfast on their way to work. So it's common to see *banh mi* and sticky rice prewrapped in food carts and ready to go, and if they do have time to stop for breakfast it is usually pretty basic and quick like *pho* or *com tam.* 

Up in Hanoi cold winters have sculpted unique breakfast dishes that can be found every morning along the streets and the *trung vit lon* (duck embryo) is by far the dish of choice. Crack the top, suck out the steamy liquid inside (it's the best part) and then take spoonful after spoonful of the protein, garnished with Vietnamese coriander and ginger. For the fainthearted, *chao long* (rice porridge) is a dish that warms the Hanoian heart. Rice porridge filled with boiled pork offal like stomach, intestine, heart, kidney and many others come together to make a wholesome porridge. *Chao long* is served with a fried bread stick called *banh quay* which is made with wheat flour and originated in China.

Coming from Phan Thiet a personal favorite of mine, and very popular in

Central Vietnam, is *banh hoi long heo*. It's a dish of thin rice noodle woven into intricate bundles, which tastes similar to vermicelli. The dish is brushed with chopped spring onions in oil and is commonly served with boiled pork organs and spring rolls. To eat, select a sheet of rice paper, add herbs and noodles inside, top that with some boiled meat and a small spring roll, roll it all up, and then dip it in chili garlic fish sauce.

### Quan Banh Hoi Nia: 187 Phung Van Cung, Phu Nhuan





"CALIFORNIANS HAVE BEEN drinking smoothies as a healthy breakfast since the 1960s, but this concept really caught on in the 1990s when many people started to become more aware of the importance of natural foods for health and wellness. It is now pretty mainstream in the US, Australia, and even in Korea, the Philippines and Singapore," says Luke Nguyen, a native of California and proprietor of the recently opened Guanabana Smoothies juice bar.

With Vietnamese consumers growing more concerned about chemically tainted food and recent news about noodles being bleached does he believe this trend will catch on here in Saigon? "There is definitely a small but growing trend among health conscious Vietnamese of having smoothies for breakfast, because smoothies provide the energy and nutrients to get through the morning. Most people still find it strange to have a smoothie in place of a bowl of pho or other traditional meals. Whatever people choose to have for breakfast, I think what's important is that they minimize industrialized processed food, and choose whole natural foods instead."

Ingredients for blends like Strawberry Swirl, Tropic Thunder and Orange Bliss come from a few trusted fruit suppliers that have ties to local farms in Dalat, Dak Lak, Long Xuyen, Long An and other farms in the Mekong Delta, while the herbal and nutritional supplements are all imported from the US.

Supergreen (VND65,000 for a small, VND75,000 for a large) is one of its more popular morning smoothies and is made with organic wheatgrass, alfalfa, spirulina (a type of blue-green algae that is rich in protein, vitamins, minerals, and carotenoids), chlorella (an algae that contains Vitamin C and antioxidants), apple juice, strawberries, mangoes and bananas. Vegetable haters will rejoice as the smoothie was easy to drink — the bitter leaves didn't have a strong flavor because the apple juice cut through the blend, giving it a refreshing balance of both sweetness and tartness. None of the smoothies at Guanabana contain condensed milk or sweetened yogurt commonly found in Vietnamese smoothies sold from street carts and in cafes around the city.

"Foreigners typically drink smoothies during the day as a healthy breakfast, lunch, or afternoon snack. Vietnamese people traditionally drink *sinh to* as an evening dessert, one that is full of sugary condensed milk, which is why many of our Vietnamese customers are initially shocked by how sour our smoothies are," says Luke. "However, about halfway through, our customers begin to appreciate the sweet and sour balance of the all natural fruit smoothies."

And aside from the high vitamin and mineral content, these smoothies have probiotics from the frozen yogurt that aid digestion. Blending fruits and vegetables breaks open the plant cell walls that house the micronutrients far better than chewing can, allowing the nutrients to work wonders in the body. Blending also frees the mirosinases to produce anticancer compounds. All good news for those living in Ho Chi Minh City where pollution is getting worse and fast food franchises are seemingly opening up on every corner.

Guanabana: 23 Ly Tu Trong, D1





### IMAGE BY ADAM ROBERT YOUNG



### **RESTAURANT REVIEW**



Thit gac bep

## Northern Exposure

Delicious Hanoian cuisine that offers more than just bun cha

### **TEXT BY JAMES PHAM IMAGES BY ADAM ROBERT YOUNG**

OUICK. THINK OF A Hanoian restaurant that's not streetside bun cha or Hanoistyle pho. Narrow it down to posh surrounds and an already tiny number just became non-existent. It seems Hanoian cuisine in Ho Chi Minh City has suffered the fate of Vietnamese cuisine worldwide, an entire range of unique and flavorsome dishes being represented by a paltry few which fall woefully short of presenting a true picture of what Hanoian food is all about. While many rave about bun cha, the part soup part noodle grilled pork dish, others find pho Hanoi a bland, veggie-less poor cousin to its more fullbodied southern counterpart.

Thankfully, the stylish brother/sister team of Tuan and Tu are trying to change the face of Hanoian cuisine in Saigon with their newly relocated eponymous restaurant (**Tuan and Tu's at 112 Pasteur, D1**). Originally opened nine years ago with only two tables. Tuan and Tu's was more of a hobby than a commercial endeavor. With Tuan's regular job in public relations and Tu's work managing the family businesses including a spa and another restaurant, the living room and sofa space was simply an extension of their home kitchen, affording them the opportunity to re-create some of their grandmother's dishes. Word quickly spread of the affordably chic but impossible to reserve restaurant serving up something different, and Tuan and Tu's became the place for Saigon's glitterati to lunch. Over the years, the restaurant expanded, first from two to eight tables, and then a failed attempt at a larger space (Mam Son, opened briefly in 2012) to a just-opened space with 65 seats spread over three floors. The family duo have kept what works — a welcoming interior that has more the feel of a classy, early 20th century Indochinese residence than a restaurant. Dining areas in

the already narrow quarters are sectioned off creating intimate spaces while potted plants and pebbled walkways bring an element of the outside in.

Skipping the busy lunch period, we arrive on a quiet Saturday evening, less than two weeks after the restaurant reopened. While the substantial menu does double duty for lunch and dinner service, there are specials available at dinner. For starters, we order the oc nhoi thit (VND105,000), fresh water snails stuffed with minced pork, tree ear fungus and the meaty snail meat, then steamed. The texture of the minced snail is rubbery but not in a bad way, a nice contrast with the more tender minced pork, aided by citrus notes coming from ginger leaves (and not the more ubiquitous lemongrass leaves used elsewhere).

An equally intriguing starter is the smoked goose breast with lemongrass



Oc nhoi thit

(VND175,000), a take on the smoked buffalo meat made by the hill minority tribes in the northwest of the country. It's serendipitous for Hanoians to have *thit gac bep* (literally "smoked meat made in the kitchen") as the supply is limited and haphazard, and is equally a find here, surprisingly tender and more akin to a sausage in casing than what you would expect of Vietnamese smoked meat. Slightly on the salty side, it's best washed down with a glass of Chilean or South Australian red wine.

But the appetizer to end all appetizers was the cha ruoi (VND95,000), a delicious, lightly

fried 'meat' patty made from seasonal sand worms. Because the worms only surface for two weeks of the year (late September to middle October) in the brackish mangroves and wetlands along the coast, they are considered a delicacy, their brief appearance likened to the fleeting beauty of women. Catch it before it's gone. Tuan and Tu re-create the traditional recipe, grinding the worms into a mash with spices and the flavors of dill and mandarin zest to temper the stronger flavors of the worms. Mixed with pork, the dish has almost a slightly gritty seafood taste, certainly different from

regular cha but one an uninformed diner would be hard placed to identify.

While the starters are adventurous, the mains are more comfortable, featuring homemade goodness like Crispy fried pomfret fish with a side of tangy mango salad (VND115,000), Squash stems sautéed with beef (VND85,000) and Rice field crab soup with melon (VND85,000).

If you're not lucky enough to make regular trips to Hanoi, Tuan and Tu's is a fine alternative, a restaurant that has found its niche, a lone but worthy guardian of Hanoian cuisine in Saigon.

# **Holy Smokes!**

There's never been a better time to eat barbecue

### TEXT BY JULIAN AJELLO IMAGES BY NGOC TRAN

WHENEVER I HEAR someone remark that America has no real cuisine, I simply reply, "American barbecue." Rooted in the South, barbecue applies heat indirectly by smoking. Wrapped in foil, various cuts of meat that would otherwise tend to be tough spend hours in a smoker where they are infused with the taste and smell of a variety of woods. Not to be confused with grilling meat, where the goal is to get the meat on the table as fast as possible by applying heat directly, an American barbecue's mission is to cook the meat slowly and with a low even temperature.

Those longing for, or longing to try, American barbecue must make a trip to **Quan Ut Ut** (168 Vo Van Kiet, D1). It's the project and passion of three partners - Tim, Mark and Albin. Tim and Albin, an Aussie and a Frenchman, have lived in Vietnam for a number of years and are no strangers to the hospitality industry. After visiting Mark in his native Chicago and sampling his culinary skills, they decided to open a BBQ joint back in Saigon.

Wooden picnic tables, a grill, and a smoker box greet you with those first whiffs of smoky goodness when you arrive. Starters and sides like macaroni and cheese (VND45,000) are a welcome sight, but accounting for Vietnamese tastes means the amount of cheese is a light coating rather than a complete drenching. The crispy fried chicken skins (VND45,000) are best described as sinful. Served with ranch dressing, there is no mistaking these are about anything other than taste. They also make delicious cornbread (VND35,000) with yellow capsicum, served with honey butter on the side. One starter that stood out - and was a unanimous recommendation by the owners — was the home-brined bacon (VND80,000). "When we tasted the batch made with the brine we came up with, we felt like kids on Christmas morning," gushes Mark. Quan Ut Ut also sells bacon to customers who wish to keep some at home - and you will.

However, these things merely set the table, so to speak. Quan Ut Ut's treasure is its ability to smoke meat. The pork shoulder (VND200,000), bacon, and ribs (VND300,000) are smoked using cashew shells. "We could have imported hickory or other woods typically used to smoke meat, but that would be very expensive," explains Tim. "We tried a variety of options including cacao, coffee, eucalyptus, longan, and rubber tree woods, but none of them were very good. When we tried the cashew shells we knew we had a winner."



Barbecue sampler



Cornbread



Crispy fried chicken skins



### "When we tasted the batch made with the brine we came up with, we felt like kids on Christmas morning"

Chicken (VND175,000) and pork belly (VND200,000) are smoked using sugar cane husks, giving them a sweet taste that is a wonderful departure from conventional wood flavors. They also offer sausages (VND250,000) that are prepared in casings that provide the wonderful snap proper casings should without detracting from the taste. The pork and chicken are sourced locally, while the beef used in their burgers (and rumor has it brisket is coming soon) is imported from the US.

Condiments are a big deal, and perhaps an even bigger secret than the meats themselves, when it comes to barbecue. Rather than single out a particular one they've opted to cover the gamut to satisfy any palate: Smokin' Honey Bunny (a spicy honey-based sauce), Carolina Gold (a vinegar-based mustard favorite), Spicy Firecracker (a chili barbecue sauce to appeal to local tastes) and Sticky Fingers (a version of Kansas City's tangy variety that will satisfy even the staunchest barbecue aficionados).

Our best advice is to try a little of everything. The barbecue sampler (VND550,000) includes pork shoulder, rib tips, chicken and sausage and comes with okra and corn on the cob. Be sure to generously dip into all the different sauces to find your personal favorite.

The last detail they've included, and which is as impressive as it is appreciated, is the sweetened iced tea. Any barbecue meal in the US served without sweetened iced tea is very close to blasphemy. Quan Ut Ut brews its own and enjoys switching up the flavors that include peach and raspberry. Refills are free. If you're not a tea lover, they also brew their own beer in addition to serving several imports and domestics. And Albin is making sure those of us who love bourbon will have a fine selection to choose from; of course, you won't get free refills on those!

I dare you to save enough room to try their dessert menu. I didn't make it that far. But what I can tell you is that whether you make it to the dessert menu or not, you best wear your eatin' pants.

# >>The List Wine & Dine



### bakeries

### **ABC Bakery & Cafe**

The bakery serves more than 30 different baked products ranging from baguettes to pizza slices, along with a wide selection of drinks such as coffee and fruit juices.

223-225 Pham Ngu Lao, DI

#### **Bread Talk**

With a mission to revitalize the once-stale business of bread, Singaporean BreadTalk now has outlets throughout Asia and has established itself in several HCMC locations. A brand partnership with Gloria Jeans has seen a wide range of bakery goods available in the cafés, with both brands sharing the premises at this location.

106 Nguyen Thi Minh Khai, D3 3930 3181

### **Brodard Bakery**

Brodard Bakery has been operating in Saigon for over 30 years. It provides finely crafted cakes for all occasions in addition to ice cream, pastries, chocolate and tarts. 95 Nguyen Hue, Dl 3821 2416

6am - 10pm

### Cheesecake Ngon 🌢 Oi's Pick

Cheesecake Ngon is a small boutiquestyle cheesecake shop. They use only top quality local and imported ingredients that give their cakes their signature smooth, creamy taste. They can provide cheesecakes for all occasions: birthdays, functions, cafe/restaurant supply or even just a single slice. With a range of flavors including passionfruit, raspberry, strawberry, lemon, coconut and of course original and a price starting at VND40,000 per slice. 44 Truong Quyen, D3

www.chees cakesnow.com 3610 0211

### Fly Cupcake

The shop specializes in various flavors of cupcakes 74E Hai Ba Trung, DI 06 Pham Ngoc Thach, D1 www.flycupcake.vn

#### Givral

The cakes and tradition of this unique cake shop have captivated generations of Vietnamese customers. With many outlets throughout the city, this particular store was reopened in 2010 on its original site at Vincom A, built on the old Eden complex

171 Dong Khoi, D1 3822 8659 www.saigongivral.com 6am - 10pm

### **Gourmand Shop**

A traditional delicatessen shop featuring freshly baked baguettes, croissants, chocolate breads, charcuteries, pastries, finest macaroons and other French delicacies prepared daily. Special products imported from France are also available such as French oysters, Damman Freres luxury tea, and a range of authentic products

Ground floor, Sofitel Saigon Plaza 17 Le Duan, D1 3824 1555

### **Harvest Baking**

Harvest Baking offers a delivery-based bakery service with a charitable focus. teaching young Vietnamese hopefuls how to bake delicious breads and cakes through their food training program. 30 Lam Son, Tan Binh 3547 0577

harvestbaking.net 7am - 5pm Monday-Saturday

### **Kinh Do Bakery**

Kinh Do Bakery makes reasonably priced baked goods to-go, such as cakes and cupcakes, tarts, sandwiches, Vietnamese "banh bao", Western-style hamburgers and mini-pizzas and gelatin-based

desserts. 128A Hai Ba Trung, DI 3829 6552 kinhdobakery.vn 6am - 10.30pm

### La Doree

Providing patrons with over 50 varieties of cakes, along with a rich sandwich menu from luxurious French-designed premises La Doree is the best place in town for macaroons.

216 Ly Tu Trong, D1 3822 1718 www.ladoree.com 7am - 9.30pm

### L'amour Bakery & Cafe

More than just another bakery, L'amour is the perfect place for those whom are looking for respite from busy HCMC. This patisserie offers a large selection of European cake and pastry, fresh juice and coffee. You will also find pastas, salads, and sandwiches, ideal for lunch time. Open from 6am – 10:30pm 24 Hai Ba Trung DI

### Nhu Lan Bakery

One of the most famous and prestigious local brands of bakeries in the city, Nhu Lan Bakery supplies bakery products, cakes, bread, ham, sausage, poultry, roasted pork, and dried foods. 50 Ham Nghi, Dl

3829 2970 www.nhulan.vn 4am - 12am

#### Pacey Cupcakes

This cozy little bakery features elegant décor and offers 12 kinds of cupcakes daily, located near the cathedral in a hip, modern setting. 53G Nguyen Du, D1 3823 3223 nguven.tran@pacevcupcakes.com

www.paceycupcakes.com 9am - 10pm

### **Paris Baguette**

Korean chain Paris Baguette offers fresh baked products such as cakes, pastries, bread as well as assorted coffee and tea drinks. They also serve sandwiches and salads.

Nguyen Thi Minh Khai corner Cao Thang, DI Vincom Center A, 171 Dong Khoi, D1 2 Cao Thang, D3 www.parisvn.com

### Pat'a Chou

French-style bakery with charming décor. Specializing in baguettes, fresh croissants of various varieties, small quiches, and

cakes for every occasion. 74B Hai Ba Trung, DI 3824 8179 5am - 10pm

### Savouré Bakery

Shops have a wide selection of cookies, sweet and savory breads and cakes including cashew chocolate, taro and orange. Custom cakes can be ordered for weddings and holidays. Unit E3, 1st Floor, Saigon Tax Trade Centre, 135 Nguyen Hue, D1 3914 3773

www.savourebakerv.com

### Schneider's Cafe & Tea Corner

The bakers at Schneider's offer fresh healthy, delicious breads, cakes, and pastries, introducing Ho Chi Minh City to eight centuries of German baking tradition. 27 Han Thuyen, DI 2229 6910

www.schneiders-finest.com 9.30am - 9pm

#### **Tous Les Jours fit** [6]

A Korean owned French-style bakery franchise serving fresh baked bread and popular pastries, all baked on-site 180 Hai Ba Trung, D1 3823 8302

6am - 11pm

### **Ahov Beer Club**

Recently opened, this nautical themed bar serves local and imported beer along with food served by wait staff in sailor outfits

bars

79 Nguyen Cong Tru, DI

#### Allez Boo A B

A popular bar in Saigon featuring tropical bamboo decor, multiple levels and a DJ spinning funky beats. This unique bar offers a wide range of beers, shakes, spirits cocktails and food throughout , the day.

187 Pham Ngu Lao, Dl 6291 5424 allezboo@hcm.fpt.vn 24 hours

#### Alpha

Alpha is a sports bar recently opened on the first level of The Manor. Offers weekly promotions such as Manor Mondays (happy hour all day for Manor residents), Teacher Tuesdays (happy hour all day for teachers), Thirsty Thursdays (two for one on all cocktails), Sport Saturdays (screening sports from around the world) and on Sundays movie nights by the pool and a roast dinner The Manor, Level 1, 91 Nguyen Huu Canh,

. Binh Thanh

### Bernie's Bar & Grill

An Irish bar and restaurant serving international cuisine like pizza, burgers, pasta and more. Celebrates happy hour from 5 to 7pm, and frequently provides live music 19 Thai Van Lung, D1

3822 1720

### Blanchy's Tash

This cocktail lounge is a perfect place to relax with friends, meet with colleagues or just enjoy a cocktail or two. With plenty of seating around the central bar as well as tables for couples or larger groups, plus a more intimate VIP area with comfortable sofas, you will find the right space for any occasion 95 Hai Ba Trung, DI

www.blanchystash.com 090 902 8293

### **Blue Gecko**

1 10 Blue Gecko provides a classic bar experience complete with a pool table, darts board, cold beer and friendly staff. Guests can watch live sports and relax in the comfortable ambience of the bar 31 Ly Tu Trong, D1

3824 3483 simon@hcm.vnn.vn www.bluegeckosaigon.com 4.30pm - 12am

### **Bootleg DJ Café**

Modern, moody, and minimalist cafe bar with reasonable prices by day, chic lounge with DJs playing by night. Has a limited menu of sandwiches and other healthconscious Italian fare. 9 Le Thanh Ton, D1

090 760 9202 dorutudose@gmail.com

### **Boston Sports Bar**

Located in the heart of the backpacker area, Boston Sports Bar is open 24 hours and provides guests with a modern bar-going experience. The bar boasts a pool table, live sports on LCD TVs, and western food 28/4 Bui Vien. D1 6656 6338

### Broma Saigon Bar

Famously known for 'not being a bar' Broma is one of Ho Chi Minh City's most popular hangouts with prices ranging from VND30,000 - VND500,000. Broma is a more upscale option for those wishing to escape the cheap drinks in The Pham. 41 Nguyen Hue, D.1 3823 6838

bromasaigonbar@gmail.com

### Cargo Bar

Cargo Bar is a dedicated music and arts venue designed and committed to delivering diverse entertainment, along with a good drink menu. 7 Nguyen Tat Thanh, D4 www.facebook.com/cargosaigon

#### **Carmen Bar**

Carmen Bar features a small cavern-like entrance with rough rock walls decorated with ambient lighting. With an exclusive range of drinks and cocktails, guests can relax while enjoying tunes from an excellent Flamenco band. 8 Ly Tu Trong, D1 3829 7699

### Chill Skybar

Offers the most stunning panoramic views of Saigon and a wide range of wines and cocktails personally prepared by Vietnam mixologist Le Thanh Tung. Rooftop, AB Tower, 76A Le Lai, DI www.chillsaigon.com

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### **Boudoir Lounge**

1 1 Designed to look like a lived-in yet immaculately styled Parisien home with plush leather sofas, silk cushions and



velvet armchairs, Boudoir Lounge serves up everything from afternoon tea to evening cocktails along with signature dishes for any occasion from informal meals and business lunches to gourmet canapés accompanying evening drinks. Ground floor, Saigon Sofitel Plaza 17 Le Duan, DI 3824 IS55

### Brotzeit German Bier Bar & Restaurant

The HCMC venue is in the flashy Kumho complex on the edge of the central district, and features a wide 24-meter restaurant frontage on the mezzanine level and a contemporary and chic setting with German-inspired wooden benches and a long wooden bar counter. Serving authentic Bavarian cuisines and premium beers.

39 Le Duan, DI 9822 4206 brotzeit.co/kumholink

### Chilli Pub Saigon 🍐 Oi's Pick

A fun place to unwind, with cold drinks, good music (customers can choose the music) friendly staff, light pub food, weekly quiz night (Mondays), darts and televised sport. Try a challenge shot from the big Chilli on the bartop. **104 Ho Tung Mau**. **DI** 

09 8376 3372 fifi291182@yahoo.com 4pm-4am

### Chu Bar

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At this beautiful, laid back venue, tourists and locals alike can sit around Chu's large oval bar or on luxurious padded benches. It has a full cocktail menu as well as a short menu of snacks and sandwiches. **158 Dong Khoi, Dl**  3822 3907 7am - Midnight

### **Cloud 9 Rooftop Lounge**

Located near Turtle Lake, this stunning bar offers panoramic views of Saigon. Guests can peruse an extensive international wine list or choose from an array of creative cocktails and international beers. Level 667, Hai Nam Building, 2 Bis Cong Truong Quoc, D3 090 944 5544

### Cold Beer Club

The bar features Beer of the Day Promotion all day, and also offers a 2 for I deal on the beer of the day. Prices start at VND30,000. The upstairs room can accommodate big groups. **64 Ton That Thiep, DI 39(H 3999** 

### Eon51

Eon51 includes a fine dining restaurant, a champagne lounge, a cigar bar and a heli pad cocktail bar. Spread on three levels, Eon51 is a destination for bespoke private and corporate events in Saigon. Levels 51-52, Bitexco Financial Tower, 2 Hai Trieu, DI

6291 8751 www.eon51.com 7am - 2am

#### Game On

Opened in July, Game On is Saigon's newest and biggest sports bar that serves breakfast, lunch and dinner. The bar also has an extensive drink menu that includes coffees, juices, beers, wines, vodkas and more. Besides being a good place to watch games, Game On also boasts a function room for corporate meetings or private parties. **115 Ho Tung Mau, DI** 

6251 9898

gameonsaigon@gmail.com 8am till late

### Ginger 60

A low-key expat bar with an extensive drink menu and live music in a friendly atmosphere. **60 Ton That Thiep, DI** 

093 772 1011

### Go2

Go2 is a popular nightspot in the backpackers area. This two level bar offers dancing, shisha, and a streetside view with comfortable seating. The bar also has a pool table and extensive western food menu. **187 De Tham, DI** 

3836 9575

### Hair of the Dog

A large space creating an interesting bar with an alfresco sidewalk area downstairs, and an upper lounge area overlooking the lower bar that allows for a view of the DJ station. If it follows its Hanoi theme, it will be a DJ music-focused nightclub. **194 Bui Vien. DI** 

### Hard Rock Café

Memorabilia from Hard Rock's iconic collection adorns the walls of Hard Rock Café Ho Chi Minh City and there is live music most nights. Located in the Kumho Plaza complex. **39 Le Duan, Dl** 

6291 7595 www.hardrockcafe.vn 11.30am - 2am

### Heaven Bar Saigon

Standing out from other nightclubs, Heaven Bar impresses their guests with nice decor in tone of red and blue, a broad range of sparkling drinks, Ladies' night, awesome DJ at weekend, and many exciting events for expats.

8 Le Quy Don, D3 090 534 3316 www.barsaigonheaven.com 5pm - 2am

### lce Blue

A small, atmospheric, emphatically English-style pub, Ice Blue is a popular meeting place for Ho Chi Minh City's expats with reasonably priced drints, friendly staff and a cozy atmosphere. Great place to play darts. 54 Dong Khoi, DI

3822 2664 3pm - 1am

### Kim's Tavern

An expat bar on the edge of the downtown shopping district renowned for friendly, attractive staff, cold beer, and a relaxed 'local pub' environment. 20 Huynh Thuc Khang, DI 090 777 5141 4pm - Iam

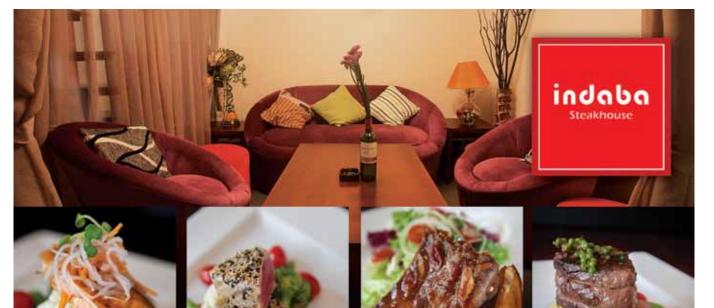
### Last Call 🍐 Oi's Pick

A fine hole-in-the-wall cocktail bar in the centre of town opposite the Sheraton Hotel, Last Call is a 70's themed lounge with a permanent neon glow. Now one of the most popular expat/hip local late evening bars, with a small deck from which to overlook the nightlife set on Dung Du. 59Dong Du, DI

3823 3122

Le Pub

In a brawny Australian snub to the effete



### Cocktail HRPPY HOUR from 17:00 - 21:00

Add: 35 Ly Tu Trong, D.1, HCMC Tel: (08) 3824 8280 www.indaba.com.vn I https://www.facebook.com/indabacafe/info



vestiges of French Colonialism that pervade in Saigon, Le Pub is a hearty Oz-styled pub proudly located in a small alleyway between Pham Ngu Lao and Bui Vien st, Opposite the Chua Au lac arch, where it is a magnet for backpackers and blokey expats. The manager and staff are friendly enough too, I suppose. **175/22 Pham Ngu Lao, DI 3837 7679** 

www.lepub.org

### Lion Brewery and Restaurant

The brewery offers its signature Lion beer, brewed by its German master brewer, who trained in Germany, along with other kinds of beer. The Lion restaurant has two banquet halls that can accommodate 530 persons.

11-13 Cong Truong Lam Son, D1 www.lionsaigon.com

#### Long Phi

One of the staples in the backpacker district, Long Phi is a no-frills bar that doubles as a cheap diner serving some fairly decent French and European cuisine. **207 Bui Vien, DI 3837 2704** 

#### Lush

Lush has a highly distinctive, modern look, with different areas catering to different needs, including a VIP space with plush couches for chatting with hot new friends. 2 Lv Tu Trong. DI

www.lush.com.vn

### M52 Bar

Offers a simple setting for a night of drinking in the company of friends. 34 Ton That Thiep, DI 3821 0151

5pm - 12am

#### Number Five Bar

Number Five Bar has become notorious for its "all you can drink" draught tiger beer offer. Attractive waitresses are always enthusiastic contestants on the billiards table.

44 Pasteur, D1 3915 3150 heinzvn@gmail.com 3pm - 1am

#### O'Brien'S 🍐 Oi's Pick

Two-storey Irish-themed bar & restaurant furnished to high standard. O'Brien's promotes a relaxed, comfortable atmosphere. Known for its excellent food menu, this is a fun place to socialize while shooting pool, playing darts, or chatting with the friendly staff.

74/A3 Hai Ba Trung, D1 3829 3198

www.irish-barsaigon.com

### Phatty's

A sports bar offering a selection of icecold local and imported beers as well as a complete range of tasty pub food. Central features are the TVs, connected to an extensive sports channel network. **46-48 Ton That Thiep, D1** 

#### **Purple Jade**

54

Purple Jade is a stylish and chic venue with exceptional world class cocktails by the city's award-winning bartender along with snacks to melt away the bustle of the city

First floor- InterContinental Asiana Saigon Corner of Hai Ba Trung & Le Duan 3520, 9099

www.intercontinental.com/saigon



### **RED Bar**

RED offers one of the longest Happy Hours in Saigon, from 9am - 9pm, with live music available from Monday - Saturday. This multi-level bar has a non-smoking floor and a function room along with a top quality pool table and soft-tip dart machines. A menu of Eastern and Western dishes also includes wood-fire pizzas. **70-72 Ng Duc Ke, District 1 2229 7017** 

### Saigon Saigon Bar

In wartime Saigon, the rooftop of the Caravelle hotel was one of the most popular drinking holes in the city for foreign journalists and expat embassy staff – and it remains one of the most sought-out casual tourist attractions in the city today. Panoramic views of Saigon can still be obtained on the garden terrace despite all the construction, and efforts have been made to preserve the original character of the venue with its multiple ceiling fans, subdued decor, and quietly romantic atmosphere with oil candles on the table tops.

19 Lam Son Square, D1 3823 4999

www.caravellehotel.com/en/1/15/325/ products.aspx

### Saigon Retro 🖕 Oi's Pick

One of the newest expat bars on the block, offering friendly bar service. Live sport on screen, including English Premier League

#### 113 Ho Tung Mau, D1 6278 2349

4pm - 2am

### Shots Bar

A corner bar on Bui Vien that, along with drinks, serves a variety of food such as seafood, pork and chicken dishes. **207 Bui Vien, DI** 

### Slate

Slate takes its name from the dark grey slate tiling that covers the floor of the entire establishment. A modern, relaxing spot for an after-dinner drink with an extensive martini list and delicious BBQ menu. A tad difficult to find above a BMW dealership, but accessible from the hotel it is worth the effort. **3d Floor, Moevenpick Hotel, 253 Nguyen** 

Van Troi, Phu Nhuan 3844 9222 5pm - 11pm

#### Spotted Cow

Hearty breakfasts, great pub grub, cheap drinks and the latest sport on TV make this an appealing destination for tourists of all budgets. Located in the heart of the backpacker district.
III Bui Vien, DI

3920 7670

#### spottedcow@alfrescosgroup.com 11am - 12pm

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### Storm P

Storm P restaurant and bar is named after

the famous Danish cartoonist Robert Storm Petersen, and it's the only Danish restaurant in Vietnam. 5B Nguyen Sieu, DI 3827 4738 www.stormp.yn

10am - late

Stylish bar, restaurant and cocktail lounge in a converted colonial style house. European and Asian fare downstairs with extensive wine list and cocktails. DJs perform upstairs at night. **74/7D Hai Ba Trung, DI 3824 2888** www.vascosgroup.com

### Wine Embassy

For those looking to relax and enjoy a glass of wine after work, Wine Embassy is the perfect place with wine specialists and an interactive menu to help you pair your wine with crafted food. **13 Ngo Duc Ke, DI 3824 7827** www.wineembassy.com.vn

4pm till late 11am - late

#### Xu Bar

A cocktail hot spot with Coconut Martinis, Cranelo Sparkles and Passion Fruit Caprioska on offer along with a variety of tapas with DJs and drink specials throughout the week. **71-75 Hai Ba Trung, DI** www.xusaigon.com

cafés

### ABC Bakery & Cafe

ABC Bakery & Cafe has over 30 different kinds of baked goods such as baguettes, danishes, whole cakes, sliced cakes and even pizza. Together with its range of baked items, it is also has Western and Vietnamese coffee and juices. 223 - 225 Pham Ngu Lao, DI www.abcbnc.com

### Achaya Cafe

Achaya Cafe have two floors providing a nice atmosphere for meeting, relaxation or party. The menu is extensive with drinks and Western, Japanese, Vietnamese food from sandwiches, spaghetties, pizzas, steak and special Japanese sweet desserts. 90 Le Loi, DI

093 897 2050

### Aisha Lounge

Aisha offers a menu studded with various Vietnamese drinks and food – although the belly dance show does evoke the spirit of the interior design. 63/1 Pasteur, DI

6660 9040

### www.aishalounge.com

### AQ Coffee

Beautiful café situated in one of the city's oldest French mansions, serving coffee made with traditionally-roasted coffee beans.

32 Pham Ngoc Thach, D3 3829 8344 7.30am - 11.30pm

#### Angel-in-us Coffee

A sophisticated and classy coffee franchise with exemplary attention to detail, Angel-in-us has a pretty angel wing motif and a quality coffee menu. **145 Nguyen Thi Minh Khai, DI 3827 8588** facebook.com/angelinuscoffeevn

### Bobby Brewer's

A contemporary cafe in the backpacker area set over three floors, the cafe features a large free cinema, a great place for couples. 45 Bui Vien, DI 3920 4090

www.bobbybrewers.com

### **Boulevard Cafe**

This Parisian-style cafe has a fine, white tone and a warm ambiance that attempts a look of luxury with its plush sofas and chandeliers.

98 Phan Xich Long, Phu Nhuan

### Bukafe - Cafe

This quaint cafe offers a Japanese style setting with chairs that have you seated on the ground. While offering elegant drinks and tasty simple dishes, make sure to catch the live bands. It won't set you back much either with inexpensive drinks. **43 Nguyen Huu Cau, DI** 

090 265 2635 bukafe.cafetruyen@gmail.com

### Café Ban Sonate

Cafe Ban Sonate is a peaceful haven, tucked away from the boisterous noise of the city. This cafe offers elegant decor along with indoor and outdoor seating obtions.

53 Dang Dung, D1 3290 6004

### Caffe Fresco

A new player on the scene currently battling for supremacy in the coffee chain market, Fresco offers a wide range of espresso and local coffees, juices and smoothies. 121 Le Loi, D1 3821 1009

www.fresco.com.vn

### Cafe Runam

Cafe Runam (the name loosely comes from a traditional Vietnamese lullaby song for young children) is a three storey building with the first two floors designed and decorated in detail to offer different atmospheres for customers. The second floor is an intimate coffee lounge with big sofas and armchairs. Next to the lounge is a terrace where white wood tables and armchairs are surrounded by plants. Offers wide range of coffee, cakes as well as set menus.

96 Mac Thi Buoi, Dl 08 3825 8883 www.caferunam.com

### Café Terrace

#### 🔝 🕥

Cafe Terrace is a popular modern cafe/ restaurant in the chic Saigon Center. This cozy, dimly lit cafe offers customers a long outdoor terrace with views of the bustling pedestrian and traffic scene. A second cafe is located on the first floor amongst fashion stores.

Ground Floor & First Floor, Saigon Centre, 65 Le Loi, D1

### Cafe Vuon Kieng

Cafe Vuon Kieng is a quiet, casual cafe near the banks of the Saigon River, boasting relaxing views and refreshing breezes. This riverside cafe offers jasmine tea, coffee, ice cream, beer, even cocktails. **IOB Ton Duc Thang, DI 3823 3279** 

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### Cake Durian Duiro

LEGEND: 1 Wi-Fi 🛃 Delivery 🗈 Credit Card 🕖 Dendau Privileges Apply

A chain of cafes selling durian inspired crepes and buns with prices under



VNDIOO,000. Kiosk in Le Thi Rieng Park, 875 Cach Mang Thang 8, DIO 093 333 9365 www.banhsaurieng.com

### Centrofarms Coffee 🖕 Oi's Pick

This recently opened cafe, located near the airport, sells its own eponymous brand of Centrofarm organic roasted beans direct from Dalat with indoor and outdoor seating that's perfect for people watching and getting your daily dose of caffeine. **19 Ut Tich, Tan Binh** 

### Chi's Cafe

Chi's Café is a restaurant serving both Western and Vietnamese food in the backpacker area. The menu is extensive, with everything from sandwiches and pizzas to their popular baked potatoes with filling. **40/3I Bui Vien, DI 3836 7622** 

### Ciao Cafe

🔊 🔊

An icon in downtown HCMC, Ciao cafe features two floors serving simple food, coffee, smoothies and ice cream – and an opulent lounge bar on the top floor. Antique tiles mix with velvet curtains and stylish paintings to make this a memorable chill out environment. **74-76 Nguyen Hue, DI** 

40 Ngo Duc Ke, Dl

### Cosmo Lounge

Cosmo Lounge is a popular location for stylish and trendy locals and expats alike. Chill out in a bold blue and white environment with local and European cafe food and a broad selection of coffees and drinks.

86 Bis Le Thanh Ton, D1 3823 5848

### Cooku's Nest

1

Cooku's nest has a clean, artsy vibe offering drinks and snacks. 13 Tu Xuong, D3 2241 2043

### Crèperie & Café

Inexpensive Western fare targeted mainly at locals, delivering some fairly decent low-cost sandwiches. 5 Han Thuyen, DI

### Cryptic Acoustic Cafe

Cryptic Acoustic Cafe features an architecture that blends classic and modern elements. Featured drinks include Cryptic frappe (the combination of coffee and Orion cake, banana and fresh cream), Cryptic soda (soda, flavored orange peel, lemon and fresh cream) and Cryptic yogurt (with yogurt, mango, strawberry, peach). This place also holds acoustic and art performances. **343/6 To Hien Thanh, DIO** 

### Deja Vu Cafe

It is easy to mistake this cafe for someone's home as the tranquil atmosphere will have you tension free in no time. The peaceful setting is ideal for dates or low-key social events. Make sure to catch the live bands that frequent the cafe.

314/2 Dien Bien Phu, D10 6276 6966 info@dejavu.vn

File Oefe

S Elle Cafe

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Keeping in line with the sense of style that

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comes along with the Elle fashion label brand, the menu and décor of Elle Cafe sets it apart from the competition. **Ground Floor, Bitexco Financial Tower, 45 Ngo Duc Ke, DI 6291**8766

### Fe Cafe

Fe Cafe brings you all kinds of scrumptious coffee, along with Vietnamese food and dessert. It offers breakfast, lunch, dinner and offers delivery as well. The interior is a mix of alternative and fancy, with wooden furniture, soft backrest pillows and decorative paintings. **26 Ly Tu Trong, DI** 

090 878 3788 www.facebook.com/fecafe.vn

7:30am - 11pm

### Gemmi Coffee

This cafe serves a variety of food like salads, chicken dish alongside coffees and other beverages. Provides live solo piano music every night from 8pm. 193 D3 Nam Ky Khoi Nghia, D3

### Hatvala

This tea house, coffee shop and restaurant offers selected, quality Vietnamese tea and coffee to drink or to buy as leaves and beans. They also have a delightful all day casual dining area in their stylish bistro. 44 Nguyen Hue, DI 3824 IS34 8am - Ilpm hatvalavietnam@gmail.com

www.hatvala.com www.facebook.com/hatvala

### Hi-End Coffee

Located near the leafy Tao Dan Park, Hi-End Coffee is one of a few venues serving up just as much music as caffeine. 126 Suong Nguyet Anh, DI 3824 1004 Open to 10pm

### Gloria Jean's

Australia's most popular coffee franchise now has a solid presence in Ho Chi Minh City with multiple locations in the inner city. While the favourite Dong Khoi address has now been given over to a Sony store, new venues in Vincom A and at CMT8 prove this favourite brand with locals and expats alike is steadily growing in Vietnam.

2 bis Cong Truong Quoc Te, D3 www.gloriajeanscoffees.com/vn

### **Highlands Coffee**

With over 50 cafes in Vietnam, Highlands Coffee serves up international and traditional Vietnamese blends. Coffee lovers can also find Highlands premium quality blends in selected hotels and supermarkets.

Saigon Center, 65 Le Loi, D1

### i-Box Cafe

iBox cafe is a unique, cafe with aristocratic decor. This decorative cafe specializes in red wine, Asian dishes and spaghetti. They also offer an extensive selection of ice cream creations. 135 Hai Ba Trung, DI

3825 6718

### ID Café

Separated from the bustle of nearby Ben. Thanh Market by a tiny alleyway, ID is a retro café opening a door to an earlier Saigon.

34D Thu Khoa Huan, Dl

### Imagine Coffee shop

One of the walls of this rustic cafe is literally covered with books. An easy place to get lost for an evening with prices below VNDIOO, OOO. 58 Ho Bieu Chanh, Phu Nhuan 090 956 0105 www.facebook.com/ImagineCafeShop 09 0956 0105 nguyenmaihuan@gmail.com 8am - 10pm

### Kebab Cafe

The healthiest kebab! Featuring an excellent homemade white sauce, fresh veggies and chicken or pork marinated without oil. The French owner also serves savory and sweet crepes and a homemade puree. **538/2/8 Doan Van Bo, D4 01648 805 915 contact@kebab-cafe.com Wow.kebab-cafe.com IOam - IOom** 

Kem My

This quiet ice cream shop is the perfect place for families and couples to indulge their sweet tooth. It offers a fresh release from the heat of Ho Chi Minh City. **II Duong 41, D4** 

093730 3030 www.kemmy.vn

3.30pm - 11pm

### Kesera

A cozy and friendly café/bar serving coffee, beer, wines, freshly- baked homemade cakes and delicious Western food. 26/1 Le Thanh Ton, DI beserabesera com

### Kopi Beans

Kopi Beans Cafe is a favorite among high school kids. It's a small takeaway coffee shop with cheap espresso and iced coffees. 206 Nam Ky Khoi Nghia, D3

200 Nain Ny Khôi Nghia, D3

### L'amour

A stylish bakery and cafe new to Hai Ba Trung, in the city centre, L'amour specialises in cakes and desserts and serves IIIy Coffee. Eat in or take away. 24 Hai Ba Trung, DI 3520 8180

www.lamourbakery.com

### LightBox Cafe

This stunningly designed cafe also doubles as an event and photography studio, so make sure you dress to impress at this location because you never know who might snap your picture. They also serve vegetarian cuisine with prices ranging between VND300,000 -VND500,000

179 Hoa Lan, Phu Nhuan 3517 6668 www.lightbox.vn

#### L'Usine

L'Usine is a retail, café and gallery space occupying two locations in the center of DI. Its retail space is dedicated to Vietnamese designers and more established brands from abroad as well as stocking a wide range of stationary and home ware items. The café in both locations serves international fare and a range of pastries and the ever popular Sweet & Sour Cupcakes. **ISI/I Dong Khoi, DI** 

70B Le Loi, Dl www.lusinespace.tumblr.com 9am – 9pm

### Le Tokyo Baum

Popular Japanese cake cafe with quiet seating area, specializing in orange cakes. 46 Nguyen Van Trang, DI 3926 0388

#### May Coffee

A superb, friendly, and inexpensive little café most notable for its perfect view of the Cathedral tower bells and close proximity to the post office. 1 Cong Xa Paris, DI 3827 7099 www.maycoffee.com

### Minhu Coffee

This specialty cafe offers a wood furniture interior setting, which resembles the cabins you would expect to see in the western North American frontier. Live bands are a regular feature at the cozy cafe and prices are inexpensive. **149/35 Le Thi Rieng, DI 3601 9319** 

#### Mojo Cafe

This modern, chic café, restaurant and bar offers freshly baked homemade cakes, pastries, wood fired pizzas, light fare and superb coffee and smoothies for dine in or take away.

88 Dong Khoi, D1 08 3827 2828 ww.mojosaigon.com

### MTV Cafe

Providing a relaxing atmosphere after a hard day's work with some of the top hits out today, MTV cafe is the perfect place to unwind with that special someone or just a cup of coffee.

65 Vo Van Tan, D3 3930 2597 mtvcafe.com.vn

#### MZ Coffee

A cafe in a colonial villa that was built in the early 20th century. It boasts a broad selection of coffee. from fine Vietnamese condensed

corree, from fine Vietnamese condensed milk coffee to Italian Lavazza expresso, cappucinos

and lattes as well as wines and beers. 56-56 A Bui Thi Xuan, Dl 39255258

www.m-zing.com

### NYDC

A fun, dynamic and cosmopolitan place for food, desserts, beverages and not forgetting the company of good friends. Prices range between VND100,000 -VND300,000.

Diamond Plaza, 34 Le Duan, Dl 3822 9992 www.nydc.com.vn

### Paris Deli

A French style cafe serving some of the best pastries in Saigon, this cheerful spot is a real slice of Parisian life. Many European drinks and dishes. Ground Floor, Saigon Centre, 65 Le Loi, DI 3821 6127

### Passio Coffee to Go

✿ IN Passio Coffee offers its guests fine Italian style coffee made from the finest ingredients. Since Passio's inception in 2006, this enthusiastic team of coffee brewers has become recognized by international coffee drinkers. **112 Nguyen Thi Minh Khai, D3** 

With indoor and outdoor lounge areas this cafe is a relaxing respite from the grind

of Ho Chi Minh City. With live bands and

drinks under VND100,000 it makes for

### Phuong Cac Cafe

the perfect detaway

Phúc Minh Coffee

3932 7484

Bis 213 Nam Ky Khoi Nghia, D3

Phuc Minh coffee is an airy, clean

55

environment providing a varied menu and delicious coffee. The staff is attentive and quick with a friendly approach. Prices start around VN 25,000 for this simple cafe. 51 Hung Phuoc 4, D7

### **Princess and the Pea**

A fairytale-themed venue for the dreamers of Ho Chi Minh City, hidden away in a tiny alleyway off Pasteur. Discover it if you can. 63/18 Pasteur, D1

**Retrobite Diner Cafe** Inspired by the concept of 1960s Americana, bi-level Retrobite Diner Cafe features an interior that includes booths, retro egg chairs, jukebox and classic radio players. The menu is mostly American food with sandwiches, hamburgers, pastas, steaks, milkshakes, waffles and more

#### 6 Cong Truong Quoc Te, D3 3521 0673 retrobite.vn@gmail.com

7:30am - 11pm

### Soho Coffee

Two level local cafe chain serving light meals, coffee and local chilled drinks. 185 Nguyen Thi Minh Khai, D1 3839 5038 7am - 11pm

### **Starbucks Coffee**

Has a large, open ground floor space with ample seating in booths and tables, and a smaller space upstairs with views out on the busy Nga 6 Phu Dong roundabout. Also has outdoor seating. Expect to pay Western prices. 76 Le Lai, DI

### **Stella Restaurant & Cafe**

Providing authentic Italian and Vietnamese food using fresh imported and local premium-quality ingredients. Where else can you find such good coffee/cuisine at such reasonable prices? 119-121 Bui Vien. D1 3836 9220

www.stellacaffe.com

### The Blue Cafe

A spacious cafe divided into two different areas with a lush, outdoor garden seating lounge and an air conditioned in-door lounge. The Blue Cafe has live music with drinks under VND100.000. 701-703 Phan Van Tri, Go Vap 3588 6824

### The Coffee Bean & Tea Leaf

Offering over 22 varieties of coffee and 20 kinds of tea, The Coffee Bean & Tea Leaf has been serving the best coffees and teas from around the world for more than 40 years in its cozy, handcrafted oak paneled stores.

www.coffeebean.com.vn 7am - 11pm . 39 Le Duan, D1 Ground Floor, Crescent Mall Ton Dat Tien, D7 157-159 Nguyen Thai Hoc, DI 39 Le Duan, DI 12-14 Thai Van Lung, Dl 94 Nguyen Thi Minh Khai, D3 235 Nguyen Van Cu, Dl 235 Dong Khoi, Dl 1-5 Le Duan, D1 60-62 Cach Mang Thang 8, D3 1-3 Phan Chu Trinh, D1

### The Library

56

The Library provides a welcoming atmosphere for those in search of tranquility, comfort and great drinks in the heart of Saigon Ground floor – InterContinental Asiana

Saigon Corner of Hai Ba Trung & Le Duan 3520 9099

www.intercontinental.com/saigor

### Tram Coffee 🖕 Oi's Pick

A unique romantic cafe experience hidden well off the beaten track, but close to District 1 in neighbouring Phu Nhuan District. Sip a coffee, juice or beer or indulge in good cafe food over candlelight in a dark, intimate environment hidden amongst trees and trickling streams. Relax in an air conditioned room or dine alfresco amongst the greenery. The perfect spot to impress a date with your local knowledge. 100 Tran Huy Lieu St, Phu Nhuan 2240 5306

### The Myth Cafe

Escape the daily grind of Ho Chi Minh City with a trip into the mystical setting of Myth Cafe With live bands and prices under VND100,000 it's no wonder The Myth cafe is one of the best around. 176 Dien Bien Phu, D3 3820 9735 thuyhangmtv@yahoo.com

### Truna Nauven Cafe

One of the most ubiquitous coffee brands in Vietnam. With a burgeoning presence throughout the city, it's hard to go anywhere without tripping over a Trung Nguyen café – serving gourmet Vietnamese street coffee. 26B-C Le Loi, D1

### The Serenata Cafe

The Serenata Cafe is a peaceful, relaxing oasis in a French Colonial house. This cafe embraces nature with plants, fishponds, and small fountains, and offers music in

the evenings 6D Ngo Thoi Nhiem, D3 3930 7436

### Vecchio Cafe

The interior features Italian ornate décor, dim lighting and antique furniture, enhanced by Italian music. Offerings include pasta, soup, chicken dishes, salad, beef dishes, gelato and beverages such as smoothies, fresh fruit juices and tea.

### 39/3 Pham Ngoc Thach, D3

### Windows

A highly fashionable cafe near the cathedral. For many years, this eyecatching venue has remained a place to see and be seen, often frequented by the famous, the well-to-do, and the ne'er do well.

12 Alexandre De Rhodes, DI 38238408

#### Yoaen Fruz

Serves frozen yogurt with 20 different kinds of fruits for you to choose from. This place also provides an environment where customers can relax and be social B3-15B Basement Vincom Center B, 72 Le

Thanh Ton, DI www.yogenfruz.com.vn

### Zoom Cafe 🍐 Oi's Pick

This distinctive Vespa-themed Café has been a popular fixture in D1 for ten vears. Today, the café serves as the place for Vespa enthusiasts and tour veterans to swap stories over ice-cold beers and what many claim is the best selection of mouth-watering burgers, paninis, and baquette sandwiches in town. 169A Bui Vien, D1 3920 3897

chinese

### **Dragon Court**

Dragon Court is a large restaurant

opposite the Opera House in Saigon's bustling District 1. Enjoy Chinese dishes from many regions with dishes like glass noodles, hot pot, and a large dim sum collection 11-13 Lam Son Square, D1

3827 2566

#### Dynasty 🔝 🕅

New World hotel's in-house Chinese restaurant is certainly a venue of fine contemporary Chinese dining. The chef offers a variety of authentic Cantonese dishes along with classic dim sum under a high lantern/chandelier-lit ceiling, in a broad dining room decorated in classic Chinese style. VIP guests can dine in one of four semi-private or thee totally private rooms. New World Hotel 76 Le Lai, D1

3822 8888 www.saigon.newworldhotels.com

### Hung Ky Mi Gia

Hung Ky Mi Gia is a famous and longstanding restaurant with more than 13 years of operation. It serves traditional Chinese cuisine with authentic dishes such as roasted chicken, duck, and pork. 20 Le Anh Xuan, Dl 3822 2673

Kabin

Kabin is a Cantonese restaurant specializing in exotic dishes such as baked duck tongue, grouper cutlet, and lobster soup. Located in the five star Renaissance Riverside Hotel, this restaurant offers a wide variety of dim sum. Renaissance Riverside Hotel 8-15 Ton Duc Thang, DI 3822 0033

### Li Bai Chinese Restaurant

Located in the Sheraton Hotel, Li Bai offers a selection of over 50 dim sum dishes as well as traditional Chinese and Cantonese specialties. Diners will enjoy the relaxed, upscale ambiance provided by the wood paneling and oriental art. Level 2, 88 Dong Khoi, D1 3827 2828

www.libaisaigon.com

### Ming Court

Since the Nikko Hotel graced the Saigon skyline, the venue has managed to set the standard for classy, five-star dining with its bold grey modern decor and Japanese-style efficiency. Ming Court, on the hotel's third floor, is a large Chinese restaurant with all the expected graces of the Orient belonging to the exotic fantasy of the dynastic era. 3rd floor, Nikko Saigon Hotel

235 Nguyen Van Cu, D1 3925 7777

### **Ocean Palace**

A place for those who love Chinese food The large dining room on the ground floor can accommodate up to 280 diners. Up on the first floor are six private rooms and a big ballroom that can host 350 guests 2 Le Duan Street, DI 3911 8822

### Seven Wonders (Bay Ky Quan)

It's worth traipsing out to D6 for this one. Not only are the Dim Sum, Peking Duck, and pan-China home-style cuisine exemplary, but the venue design, with its architectural flourishes from the seven wonders of the world (including the Great Wall, the Taj Mahal, and the pyramids) makes for a highly distinctive dining experience.

12 Duong 26, D6 3755 1577 www.7kyquan.com

### **Shang Palace Restaurant**

**a** I The slightly off-centre, high-class Norfolk Mansion Hotel on Ly Tu Trong is home to one of Saigon's most well-respected

Chinese restaurants outside of Chinatown. Located on the 1st floor, Shang's dark intricate wooden tables and chairs with white linen and deep red carpeting make for an atmosphere of moody opulence: there is seating for over 300 guests, and private rooms are available Ist Floor, Norfolk Mansion 17-19-21, Ly Tu Trong, D1 3823 2221

atexpats

### Shi-Fu Dim sum

Shifi i Dim Sum House is a restaurant specializing in dim sum, with modern Chinese décor and over 68 dim sum dishes. 139A Nguyen Trai, D1 3925 1111

www.dimsumhouse.vn

### Yu Chu

Yu chu is renowned for the quality and presentation of its authentic Cantonese and Peking cuisines along with its elegant décor. Watching the chefs prepare signature dishes such as hand-pulled noodle, dim sum and Peking duck right in the kitchen is a prominent dining feature here.

First floor, InterContinental Asiana Saigon Corner of Hai Ba Trung & Le Duan 3520 9099

www.intercontinental.com/saigon

### french

Annamite Annamite specializes in French cuisine , within a modern setting. 21 Tu Xuong, D3 6277 8332

www.annamite-restaurant.com

### Au Mannir de Khai

Au Manoir de Khai is an authentic, first class French restaurant. Guests can enjoy traditional French cuisine in this classic 100 year old villa. Their menu is extensive and features dishes like Kobe beef, foie gras, red grouper, and truffle mushrooms. 251 Dien Bien Phu, D3 3930 3394

#### Augustin

Augustin is a romantic and charming French restaurant located just steps away from the Rex Hotel. Serves lunches and dinners and offers 10 percent discount on a la carte menu items. 10D Nguyen Thiep, D1

www.augustinrestaurant.com

### **Bon Annetit**

A small French-Vietnamese fusion bistro on Pham Ngoc Thach with a simplistic charm enhanced by a fine selection of old-style French music 78 Pham Ngoc Thach, D3 090 789 8345

### **Boniour Restaurant**

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Bonjour serves up international dishes with a French flair. The large menu of main courses feature roast duck, salmon, lamb and steak with specialties being ostrich and venison. 150/26 Nguyen Trai, D1 3926 0699

### Cocorico - Ga Nuong Phap

Serves an eclectic menu of roasted chicken (French style), pastas and Asian dishes

A unique French venue decorated with blue

and green shades serving high-guality French

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127 Dien Bien Phu, D1 6292 0606 www.cocorico.com.vn

#### **Cordon Blue** 1 1 1 K

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cuisine on the outskirts of the inner city. 38 Mac Dinh Chi, Dl 3822 5216

www.cordonblue.vn

### La Cuisine

This ultra-fine little bistro is an exercise in minimalism with its twenty seats and bare. chic-rustic interior of wooden furnishings and black  $\vartheta$  white photographs on whitewashed walls. Its warm lighting and clean atmosphere belies a certain sophistication, however, and the price of the fare is significantly damaging enough to make this a rare treat for those not in the restaurant's fabulously wealthy target market

48 Le Thanh Ton, Dl 2229 8882 www.lacuisine.com.vn

### La Creperie

La Creperie is the first authentic Brittany French restaurant that serves savory galettes, sweet crepes with tasty seafood and

the best apple cider in Saigon 17/7 Le Thanh Ton, D1 3824 7070 infosgn@lacreperie.com.cn Mon-Sun 11am-11pm

### La Fourchette

Small and cozy, La Fourchette is a favorite amongst the French expat community. The vintage posters and wood paneling add to the charm of this French eatery located downtown, a stone's throw from the Saigon River 9 Nao Duc Ke, D1

3829 8143

www.lafourchette.com.vn

### La Nicoise

A small, friendly French bistro with about a dozen tables, La Nicoise serves up typical French dishes under the watchful eye of its French-Vietnamese owners 56 Ngo Duc Ke, D1 3821 3056

### L'essentiel

L'essentiel offers a quiet intimate dining experience downstairs with space for private functions and alfresco dining on an upper floor. The menu changes weekly. the food is fresh and the wine list carefully collated.

98 Ho Tung Mau, DI 0948 415 646

### Le Bordeaux

Set in a French colonial-style mansion, Le Bordeaux serves southwestern French cuisine in a beautiful setting. Known for its foie gras and large selection of wines, Le Bordeaux is worth the trip to Binh Thanh district

72 D2 Street, Binh Thanh 3899 9831 restaurant-lebordeaux.com.vn 11.30am - 1.30pm; 6.30am - 9.30pm

#### Le Bouchon De Saigon

Red and white checked tablecloths and closely set tables make Le bouchon de Saigon the place to go for a casual, classic French bistro experience under the eye of iron chef Vietnam winner David Thai.

40 Thai Van Lung, D1 www.lebouchondesaigon.com

### Le Chateau de Saigon

Situated in a small but romantic French villa, Le Chateau De Saigon Restaurant is designed to accommodate any kind of event. Whether it is dinner with family and friends, or a passionate evening with your loved one, Le Chateau De Saigon will provide a sophisticated and memorable dinina experience.

45A Le Quy Don, D3 www.lechateaudesaigon.com

#### Le Jardin

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Le Jardin is a gorgeous enclosed garden space that allows eaters to follow the example of the French colonists a century ago and pretend they're actually in Paris. Whether dining outside under the shaded terrace or within the old, warmly-lit villa, the cuisine, decor, and general mood of the place is like a Stargate direct to France. 31D Thai Van Lung, D1 3825 8465

### Le Steak de Saigon

Drawing inspiration from French steakhouses, Le Steak de Saigon serves imported and local meats, with beef fondue and table-side beef tartare as the most recommended. Aside from table service, the restaurant offers take out and delivery as well. 15 Dong Du, Dl

3822 4593 www.lesteakdesaigon.com

### L'Olivier

L'Olivier is a restaurant serving authentic Mediterranean cuisines, located on the 2nd floor of the Hotel Sofitel. Sofitel Saigon Plaza, 17 Le Duan, D1 3824 1555

www.sofitel.com

### Le Rendez-Vous de Saigon 🖕 Oi's Pick

A new wine bistro that offers a warm and friendly atmosphere. Unwind either in their stylish downstairs bar, or lounge on cozy leather seating in the upstairs section with a balcony overlooking a courtyard in an alley. The venue offers a tasty selection of wines from France to South África, and a delectable menu of French cuisine. 9A Ngo Van Nam, DI www.lerendezvousdesaigon.com

6291 0396

### The Refinery 🎍 Oi's Pick

This Parisian bistro hidden away in its enclave on Hai Ba Trung is an exceptional venue, making for an elegant reparation of the sins of the past. It was here in French Colonial days that opium was manufactured, bringing ruin to the people of Asia; it is here that a far softer side of the French culture now exercises its influence over present-day Saigon, serving modern European cuisine in its tastefully decorated dining area and airy outdoor patio.

74 Hai Ba Trung, DI 3825 7667

www.therefinerysaigon.com

### Ty COZ 🌢 Oi's Pick

An unpretentious venue focused only on serving great cuisine. Ty Coz provides a fine balcony view of the cathedral, intimate atmosphere, and affordable prices 178/4 Pasteur, D1

3822 2457 www.tycozsaigon.com

### Vatel Saioon Restaurant

This is a fine, well-managed, and even luxurious dining venue serving authentic French cuisine in a Franco-Viet design space. There's red carpet along the entrance way, gallery-standard art on the walls, and an overall atmosphere of refinement and good service 120 bis Suong Nguyet Anh, D1

08 5404 2220 vatelsaigon.com

indian

#### Ashoka

LEGEND: 1 Wi-Fi 🛃 Delivery 🕼 Credit Card 🕖 Dendau Privileges Apply

Ashoka is one of the city's most popular and enduring Indian restaurants with a reputation for good food with a wide range of North Indian culinary dishes at a reasonable price. Large space for private parties, outdoor catering and free home delivery also available. Special set lunch veg/non-veg from VND90,000 upwards.Promotion (free trip to Cambodia) and discount available for people booking in groups. 17/10 Le Thanh Ton, D1

3823 1372 www.ashokavietnam.com

Baba's Kitchen 🍐 Oi's Pick

Baba's Kitchen, also known as the best Indian restaurant on Bui Vien, is familiar among expats and locals alike, rating 4.5 out of five stars on Trip Advisor. Their vindaloo is a must trv. 164 Bui Vien, D1 3838 6661

www.babaskitchen.in 11am - 11pm

### **Bombay Indian Restaurant**

Located in D1 near the Ben Thanh Market area, serving Indian & Halal cuisine. The ambiance is relaxed thanks to Bombay's easy-going, family kitchen vibe. 57-59 Ham Nghi, DI 9am - 10.30pm

### Ganesh

Ganesh serves authentic northern Indian tandooris & rotis along with the hottest curries, dovas, and vada from the southern

region 15B4 Le Thanh Ton. DI 8223 0173 www.ganeshindianrestaurant.com

### Indus Indian

Indus Indian is a relatively new Indian restaurant in Saigon providing all the classic Indian favorites. Operated by a dedicated husband/wife duo, this restaurant specializes in Halal food. 2G Thi Sach, D1 3521 0324

Mumtaz

With bona-fide Indian owners and chefs, authenticity at Mumtaz is guaranteed. While the service and setting is relatively basic, the food is amongst the best of its type in the city in terms of taste alone. The brand has a second branch in Da Nang city if you're ever on holiday and missing your curries

226 Bui Vien, DI 3837 1767

### The Punjabi

Authentic North Indian cuisine prepared in a home-made tandoori oven makes Punjabi a popular spot for budget conscious eaters who crave Indiar standbys like spinach naan and chicken tandoori. 40/3 Bui Vien, D1

3508 3777

### italian

### **1960 Presidential Club**

1960 Presidential Club is a memberonly restaurant with an interior design inspired by Saigon in the 60s. You will experience more traditional style of Italian cuisine with an extensive menu led by chef Franco Buressi. Floor 22 Sailing Tower, 111A Pasteur, D1 www.club1960.vn

### **Basilico Restaurant**

🔂 [

Trattoria-style Italian eatery Basilico specializes in homespun recipes. Contemporary décor, casual ambience, and casual yet attentive Bistro-style service makes it a relaxing dinner venue. Ground floor, on the Corner of Nguyen Du & Le Van Huu, DI 3520 9099

6.30am - 10.30pm

### Capricciosa

You'll find the standards here – pizza. pasta, soups, salads, with a few special dishes such as calamari and onion in squid ink sauce. They're all prepared

according to strict Japanese standards, and the result is actually really good. Booth B3-O3A, Level B3 Vincom Tower, 70 Le Thanh Ton, DI 3993 9786

www.capricciosa.com.vn

#### Casa Italia 🔝 🛵 🖪

Italian owned & run, Casa Italia's menu ranges from home-style cooking that includes steaks, seafood, a large variety of homemade pastas, jumbo salads, appetizers and the best pizzas. 86 Le Loi, D1

3824 4286 www.casaitalia.com.vn



### Ciao Bella 🍐 Oi's Pick

Hearty home-

style Ítalian food served with flair and excellent service. An extensive menu is complemented with daily specials. Arriving guests are greeted with a free glass of Prosecco. Diners sit in a cozy setting upstairs or on the ground floor for people watching. Big groups should book in

dvance 11 Dong Du, D1 3822 3329 tonyfox56@hotmail.com www.saigonrestaurant D ST group.com/ciao

### Chef Mamma's

Chef Mamma's is located at Saigon's Superbowl Center offering a variety of Italian and Asian food. The restaurant opens from early in the morning until late at night serving breakfast, lunch and dinner.

A43 Truong Son, Tan Binh

### Da Vinci's

Da Vinci's is an Italian-American style pizzeria delivery offering pizzas, lasagna, spaghetti, calzones, salads and desserts. Their full menu is online at www. davincisvietnam.com. Free delivery to Districts 1, 3, 4, 5, 7 and Phu My Hung. Open Ilam - 10pm Call 083 943 4982 or

Italian restaurant with a unique menu

including traditional Italian dishes. The

restaurant is conveniently located in a

well integrated in the local architecture

Designed with an intimate atmosphere

invoking something like an Italian town. this venue focuses on traditional ethnic

Italian cuisine (rather than the ubiquitous

pizza and pasta), creations of the skillful executive chef – straight out of Venice.

The place lights up on romantic Thursday

evenings with candlelight and light music.

A Brooklyn-style Italian eatery upstairs

relaxing cafe offering generous breakfasts,

simple cafe fare for lunch and some of the

best espresso coffee you'll find in the city.

57

with an adjoining bar. Downstairs is a

www.thegoodmorningvietnam.com

beautiful old house in the heart of Saigon,

SMS your order to 093 328 4624

### **Good Morning Vietnam**

197 De Tham, D1

3837 1894

La Hostaria

17B Le Thanh Ton. DI

www.lahostaria.com

LUCCa 🌢 Oi's Pick

3823 1080

88 Ho Tung Mau, DI 3915 3692 8am - 11pm

### Margherita

Well-reviewed overseas. Margherita is a familiar place to tourists trawling the nooks of Ho Chi Minh City. This is partly a result of its agreeable price, sumptuous Western-style pizzas, English-speaking staff, and more than average custome service 175/1 Pham Ngu Lao, D1

3837 0760

### Opera

Located at Park Hyatt Hotel, Opera is a contemporary, casual trattoria-style restaurant that specializes in authentic pizza made fresh from a wood-fired oven, pasta and homemade Italian dishes prepared from one large open kitchen

Park Hyatt Hotel, 2 Lam Son Square, DI

### 3520 2357 Pendolasco

There leafy garden is perfect for all those people looking for some fresh air away from the hustle and bustle of the city. It also has a fully air-conditioned dining room. Offers large selection of Italian wines and Italian dishes such as wood fire oven pizzas, pastas, grilled food, among others. 87 Nguyen Hue, DI

www.pendolasco.vn

### Pizza 4P'S 🖕 Oi's Pick

A little treasure hidden away at the top of an out-of-the-way alley off Le Thanh Ton, this Japanese pizzeria is a major hit with those in the know. Highly attractive premises and some extraordinary toppings catering to all tastes make this an unmissable pizza experience. 8/15 Le Thanh Ton, D1 012 0789 4444

www.pizza4ps.com

### Pomodoro

In this family-style, simply-decorated trattoria restaurant with an arched ceiling and an all-brick interior, a fine Italian menu pleases diners with 12 different pizzas along with pasta dishes, parma ham with a spicy tomato chutney, and a highly-recommended French onion soup. Ideal option for a simple, reliable, and thoroughly pleasant night out with no complications. 79 Hai Ba Trung, DI

3823 8998 www.pomodoro-vietnam.com

### Sarpino's Pizzeria

Sarpino's Pizzeria provides authentic Italian pizzas made from gourmet ingredients 125 Ho Tung Mau, DI www.sarpinos.vn

#### Scoozi

An Italian restaurant that offers pizza. pasta, salad, special desserts and a wide variety of drinks. Provide dine-in , take away and home delivery services 6 Thai Van Lung, DI

### japanese

### Achaya Cafe

Achaya Cafe have two floors providing a nice atmosphere for meeting, relaxation or party. The menu is extensive with drinks and Western, Japanese, Vietnamese food from sandwiches, spaghetties, pizzas, steak and special Japanese sweet . desserts 90 Le Loi, D1

### 093 897 2050

Aka Taivo

58

Aka Taivo serves traditional and exotic

Japanese cuisine with an extensive menu featuring more than 200 dishes. Also stocks a surprisingly comprehensive range of Japanese alcoholic beverages. 74B Hai Ba Trung, D1 3824 4295

www.akataivo.com

#### Ajisen Ramen A 🔊

One of the more authentic Japanese venues in the area with ingredients imported from Japan, this restaurant is best-known for its tasty "white" soups. The restaurant serves at least 250 traditional dishes.

120 Nauven Dinh Chieu, D1 3822 0522

### Aki Japanese Restaurant

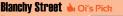
A small Japanese restaurant with a cozy and comfortable atmosphere, Aki serves over 100 authentic Japanese dishes. 15/9 Le Thanh Ton, DI 3827 9083

#### **Baby Spoon**

Famous for its extensive omurice menu (fried rice wrapped inside an egg omelette), Baby Spoon offers contemporary Japanese-Western fusion cuisine. Baby Spoon omurice (green bell peppers, bacon, tomato sauce omurice) is the house specialty.

47 Phan Chu Trinh, DI





BLANCHY STREET D1 Once hidden upstairs at the Blanchy's Tash

bar, Blanchy Street now has its own location in the courtyard of eateries on Hai Ba Trung, offering authentic Japanese food mixed with fusion cuisine and the occasional additional Southeast Asian dish. Run by an ex Nobu (London) chef with his own signature dishes, it has wide appeal. Food is designed to be shared and is backed by an extensive list of sakes and wines

74/3 Hai Ba Trung, D1 3823 8793

www.blanchvstreet.com 11am - 10:30pm

### **Cam On Restaurant**

Cam On specializes in Japanese health food, with a dedication to helping men and women maintain their beauty and health by providing quality cuisine with natural incredients. 30 Thai Van Lung, D1

3823 3955 www.cam-on.asia

### **Dragon Hotpot**

Dragon Hotpot blends fine taste with the healthy ingredients of Japanese cuisine. Drinks include Japanese favorites along with fine international wines. 122-124 Ho Tung Mau, D1

3825 8842

### **Dragon Noodle**

A rather small but pretty restaurant with warm tones and a nice series of murals depicting old Saigon, Dragon Noodle focuses on the Japanese staple – ramen noodle soups – although their version

is a little less spicy than is traditionally served, increasing perhaps the international appeal of the dish. There are a total of four soup bases to accompany the noodles 29 Dong Du, D1

3521 0008 www.ramen.vn

### Dragon Steak

A striking Japanese restaurant tucked away off Saigon's central street, Dragon steak specialises in thick wagayu cuts and tenderloin that could well have been cut off a beast the size of a dragon. They're so enormous that the restaurant once ran a cheeky competition – quests who finished one within half an hour dined free

138 Ton That Dam, DI 3821 0288 www.steak.vn

### Ebisu

🔝 🗈 Ebisu serves neither sushi nor sashimi instead, the menu focuses on a range of wholesome charcoal-grilled meals and on thick, white Japanese udon noodles made from imported udon powder from Australia – and presenting an overall rustic cuisine with a variety of good sakes. 35bis Mac Dinh Chi, D1 3822 6971

ductm@incubation-vn.com ebisu-vn.asia

### Fuji Restaurant

The cuisine is exceptional – fresh seafood and vegetables flown in direct from Japan and Dalat. A preferred venue for those staying at the hotel, and worth trying if you're living local. Ground Floor, Nikko Hotel Saigon 235 Nguyen Van Cu. Dl

3830 8123

### Hanayuki

通

A Japanese-style restaurant on Ton Duc Thang with a sushi bar on the ground floor and a fine mezzanine level, Hanayuki serves more than 200 exquisite Japanese dishes with more than 30 kinds of sushi and sashimi. Private, traditional Japanese VIP rooms are available on the top level. 21C Ton Duc Thang, D1 3824 2754

Ichiban Sushi 🍐 Oi's Pick Ichiban Sushi Vietnam serves fine sushi and signature drinks/cocktails in a lounge setting 204 Le Lai, D1 www.ichibansushi.vn

### Inaho Restaurant

This unique venue specializes in traditional sushi & sashimi as well as hot pot dishes. Couples can retreat to the upstairs area; it's far more private than the downstairs bar. 4 Chu Manh Trinh, D1 3829 0326

### Kabuto Tokyo

One of the more exuberant Japanese venues in this city, Kabuto Tokyo on Mac Thi Buoi specialises in both traditional and fusion fresh Japanese seafood cuisine. It's a vibrant venue with its manga murals, carp lanterns, giant samurai warrior, and large aquarium – and in the evening it becomes a respectable upmarket bar. For a quirky beverage there, try a sake served in a bamboo tube 45 Mac Thi Buoi, DI

3822 2351 kabuto.com.vn

### K Cafe

K Cafe Sushi is a large Japanese restaurant; an ideal place to gather for a business lunch or for a social dinner

74A4 Hai Ba Trung, D1 38245355 www.vakatabune-saigon.com

#### Kisshn

Experienced chefs prepare teppanyaki, sushi, and yakiniku dishes before your eyes. In addition, an extensive wine list is available as well as an array of fine sake to complement the exquisite flavors of premium imported meat and seafood. 14 Nauven Hue, D1

atexpats

www.kissho.wmcvietnam.com

### Kuru Kuru Shusi

A Japanese restaurant that features a rotating conveyor belt for the buffet, offering 50 different selections. It also offers an a la carte menu 129 Nguyen Du, D1 www.kurukuru.com.vn

### Kokekokko Pandora

Kokekokko is a combination of modern style fast food with the essence of ancient Japanese cuisine. The restaurant space is designed with high quality materials and features youthful and modern dynamic subtleties. With prices under VND100,00 Kokekoko is a must see. 4th Floor Pandora, 1/1 Truong Chinh, Tan Phu 3849 6840

www.kokekokko.com.vn

#### La Fenetre Soleil fi li

Glass tables with mosaic tiles and wooden floors set off large comfy sofas and high ceilings, and diners can look out over the busy Ly Tu Trong though 11 large French windows. Its sense of personality attracts artistically-inclined expats to return often, and many of these profess it as their favourite hangout in Saigon. Cuisine is Japanese-Vietnamese fusion. 44 Ly Tu Trong, DI 3824 5994

### Mus Mus

Customers choose a total of twelve ingredients from the selection on offer which are then added to a bowl of boiling broth on the tabletop. Flavours are ssentially Japanese seafood. 117 Vo Van Tan, D3 3930 9185

www.musmus.net

#### Osaka Ramen 🔝 🗈

Traditional Japanese noodle restaurant offering traditional Ramen dishes as well as Japanese/Vietnamese fusion cuisine. 67 Nam Ky Khoi Nghia, Dl 10am - 10pm

#### Robata Dining An

The restaurant has a downstairs bar and a second floor with private rooms that have sunken tables, sliding fusuma doors and tabletop barbecues. Popular with the Japanese expats, the menu serves up healthy appetizers, rolls, sashimi and An specialty dishes like deep fried chicken with garlic salt sauce An style (VND100,000). 15C Le Thanh Ton, DI www.robata-an.com

### Sakura Vietnamese-Japanese Restaurant **a** K

Cozy, friendly and modern Japanese restaurant near all of the attractions in the city center

#### 99 Suong Nguyet Anh, Dl 6291 1036 sakurasaku.vn

### Sumo BBQ

Sumo BBQ is a rising star amongst Japanese venues in Saigon, offering smokeless table BBQ and a unique buffet/a la carte concept: get whatever you want from the menu, as much as you like. Free birthday beer specials on arrangement.



300 Le Van Sy, Tan Binh 3991 4757 sumobbq.com.vn 10.30am - 10.30pm

### Sushi Bar

14 B There are plenty of dining spaces – large and small rooms, floor-level Japanese dining on tatami mats, private areas, and the eponymous large sushi bar on the around level 2 Le Thanh Ton, DI

3823 8042

### www.sushibar-vn.com

#### Sushi Dinina Aoi **1**

Sushi Dining Aoi is one such restaurant, where the whole atmosphere of the place evokes the best of the culture. With its typical Japanese-style decor – the smooth earthen tones of the wooden furniture and surrounds, the warmth and privacy of the VIP rooms – it's possible to believe you're in a more elegant realm. 53-55 Ba Huyen Thanh Quan, D3

3930 0039 www.sushidiningaoi.com

### Sushi World

1 1

A four-storey restaurant in a Japanesestyle, the first and second floors feature an open sushi bar, while the upper levels contain 15 VIP rooms decorated in a traditional Japanese style with tatami matting.

28 Nguyen Thi Minh Khai, D1 3911 0147

www.sushiworld.com.vn

### Tokvo Deli

Tokyo Deli's menu consists of a wide range of distinctive and delicious meals, prepared by specialists to create pure Japanese flavor. The menu is always being changed and improved. 240 Le Thanh Ton, DI

5404 2244

tokvodeli.com.vn

### Uraetei BBO Restaurant

Uraetai serves yakiniku grill, a variant of the popular Korean dish bulgogi. The restaurant itself is attractively done, with a nod to feng shui in its selective placement of ponds and rocky pathways outside. 6673 9373

### Vicki's Teppanyaki & BBQ

It provides a fusion of Asian cuisines with dishes from Japan, Singapore, and Vietnam. Their menu is interesting and diverse, with many delectable seafood options.

42 Le Anh Xuan, Dl 3823 3232 vickis.com.vr

#### Vietnam Monde

Good for receptions, team meetings, relaxation, family dining, banquet and other special occasions. The recommended dishes include Kobe beef imported from Japan, Tepan Steak, Sashimi and Sushi. Average price per person is between VND100,000 to . VND300,000.

7bis Korea Sailing, Ben Nghe Ward, D1 0838220187

### Vui Vui

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NITSIJ

Vui Vui is a Japanese restaurant specializing in barbecue and Japanesestyle hot pot. Offers a variety of set lunches including Yakiudon, Kimuchi Pokka, Sukiyaki and Purukogi. The restaurant has two floors with each floor accommodating approximately 100 auests. 125A Tran Quoc Thao, D3

www.vuivui.net.vn

### Wainosuke

Wainosuke is a Japanese and Italian

style restaurant. It serves food such as pastas, salads and steaks to name a few and wine from traditional Japanese to premium Italian wine. 37 Ho Tung Mau, Dl 38214016

www.wainosuke-vn.asia

### Yoshino

🔝 🗈 The decor is straight out of the set of Shogun, with black wood, tatami mats, stencilled cherry blossoms and all the trappings of Japanese exoticism – tastefully done. While Ho Chi Minh City is certainly not short of fine Japanese eateries, this one is particularly impressive. 2A-4A Ton Duc Thang, DI

3823 3333

### Yuki

1 1 1 K Yukie is a popular Japanese restaurant located in the backpacker area of District 1. Offering authentic Japanese cuisine at affordable prices. 99 Nguyen Thai Hoc, D1 3824 2754

### korean

#### Dae Jano Gum

All the theatrics of a traditional Korean experience are part of the service at Dae Jang Gum, named after an historic figure, but more pertinently after a wildly popular Korean drama focusing on her life – photos from the series appear throughout the venue. From waitresses in hanboks to vast plates of kimchi, this is the most authentic introduction to the cuisine available outside of District 7

### 1st Floor, Kumho Asiana Plaza 39 Le Duan, D1

3825 7974 www.daejanggum.vn

### Hana Restaurant

1 15

Japanese-Korean fusion in the heart of DI. Hana has contemporary decor with a private, open feel. Its broad menu includes both cooked and raw fish in addition to traditional hot pot with fish eggs, rice and vegetables. 8 Cao Ba Quat, Dl 3829 5588

### 9am - 10pm

### Mi Han Ouoc

This franchise has gained popularity in Ho Chi Minh City for having successfully adapted the spiciness of Korean cuisine to the local Vietnamese palate, serving perfectly balanced noodle dishes. 92 Ham Nghi, D1

#### 3914 1565

www.mihanquocvn.com 8am - 11pm

### Mr. BBQ - Korean Chicken & Hof

This unusual Korean import famous for extraordinarily spicy chicken is an odd phenomenon on the HCMC culinary landscape, serving up a version of KFC that's actually painful. Lovers of spicy food rejoice. The restaurant itself is clean and modern in design, and there are another 50 Korean dishes on offer beyond the signature dish, including some tasty bibimbap mixed rice dishes. 20 Ho Huan Nghiep, D1

3823 9000

### Seoul House

Seoul House is a well-known two-story Korean restaurant with a simple, cozy atmosphere. Its menu contains Korean favorites like Banchan, hotpots, grilled meat, clay pot mixed rice, and kim chi tofu soup. 33 Mac Thi Buoi, D1

3829 4297

LEGEND: 1 Wi-Fi 🛃 Delivery 🕼 Credit Card 🕖 Dendau Privileges Apply

### steakhouses

### Au Lac do Brazil

Serving Saigon for more than 10 years Au Lac do Brazil is the very first authentic Brazilian Churrascaria in Vietnam, bringing a new dining concept - an "All you can eat" Brazilian style BBQ where meat is brought to your table on skewers by a passador and served to your heart's content. They have an extensive selection of fine wines as well. HO CHI MINH CITY Au Lac do Brazil I 238 Pasteur, D3

(08) 3820 7157 HA NOI Au Lac do Brazil II 6A Cao Ba Quat, Ba Dinh (04) 3845 5224 For Banquet & Catering Call or email pr@aulacdobrazil.com 090 947 8698 www.aulacdobrazil.com www.facebook.com/aulacdobrazil

### **Corso Steakhouse and Bar**

Corso Steakhouse and Bar operates under an open kitchen concept, bringing together an exciting menu of Asian and European dishes with a focus on grilling. Guests can choose from a wide variety of wines and spirits.

117 Le Thanh Ton. DI 3829 5368 www.norfolkhotel.com.vn

### Dragon Steak

🔝 🛵 🖪 Specializing in generous portions of Wagyu cuts; they're so enormous that the restaurant runs a cheeky competition - finish one within half an hour, and it's free.

138 Ton That Dam, DI 3821 0288

www.steak.vn 11am - late

### El Gaucho

Serves great Argentinean steaks, hamburgers and more. A great place to entertain clients or friends from overseas. With outlets in Hanoi and Bangkok too.

5D Nauven Sieu. D1 38251879 www.elgaucho.asia



### Indaba Restaurant

Indaba Steakhouse indaba combines German style steak and Italian coffee under one roof. Expect a fusion dishes like

Indaba Spring Rolls, Mexican BBQ Spare Ribs, and Grilled Duck Breast served with sesame sauce, steamed rice and salad. The quaint and cozy restaurant is decorated in soft hues of red and black, complemented with soft jazz music. A German Viet Kieu with experience in restaurants in Germany helms the kitchen. 35 Lv Tu Trong, D1

### www.facebook.com/indabacafe

Contact them at 3824 8280 or visit www.facebook.com/indabacafe

### **New York Steakhouse**

While situated in a fairly laid-back area. New York Steakhouse is definitely in the upmarket category and serves exclusive American imported beef dishes, with a whole range of steaks from rib eve, New York strip steak, and tenderloin being popular options.

25-27 Nguyen Dinh Chieu, DI 3823 7373 www.steakhouse.com.vn

### Pho 99 🌢 Oi's Pick

Not a traditional steakhouse per se, but Pho 99 is known for its excellent filet mignon steaks made out of Cu Chi beef. Also serves great pho. 139 Nguyen Trai, D1

3925 2791

#### Samba Brazilian Steakhouse

This is certainly Saigon's most visible and colourful restaurant serving the popular Brazilian buffet style, where enormous skewers of meat are circulated around the tables for diners to enjoy as much of as they can. 10C Thai Van Lung, D1 3822 0079

www.samba.vnnhahang.com

#### Wild Horse Salon 1 1-5 1

Cowboy-themed western steakhouse with an impressive exterior on trendy Thai Van Lung, Wild Horse serves highquality Tex Mex/American cuisine with enormous servings. 8A/1D1 Thai Van Lung, D1 3825 1901

thai

### **Golden Elephant**

A cozy and relaxing Thai style restaurant, serving an extensive collection of Thai specialties including noodles, curries, rice, stir-fries, soups, and a good range of seafood. 34 Hai Ba Trung, D1 3822 8554

#### Jasmine Thai 15 1

A quiet, candle-lit affair complete with the ethereal tones of traditional music, guests can enjoy variations on dishes prepared in the Thai culinary tradition. 85 Quoc Huong, D2

35190038 5pm - 9.30pm Tue-Sun

### Koh Thai

Stunning Thai-chic decor and unique Siam cuisine make Koh Thai one of Saigon's most authentic and memorable Thai restaurants. Located in the Intercontinental complex, Koh Thai serves Asian inspired cocktails in a trendy lounge environment with chill music

1st floor, 39 Le Duan, D1 3823 4423 091 233 9138 www.kohthai.com.vn 11am - 10pm Daily

### Lac Thai

3823 7506

Mai Thai

Lac Thai is a large, three-floor restaurant offering a wide range of Thai cuisine with signature dishes like Pad Thai, Tom Yum Koong, Chicken Satay and many others 71/2 Mac Thi Buoi, DI

Mai Thai is a Thai restaurant offering an

59



extensive menu with many Thai favorites. This two-storey restaurant features traditional decorations and friendly service.

13 Ton That Thiep, DI 3821 2920 11am - 2pm, 5pm - 10pm

### Malee Thai

#### 12 10

A cute, central Thai venue decked out in royal purple decor, Malee is an intimate restaurant serving a wide range of consistently tasty dishes, although without the full effect of Thai cuisine's signature burn.

37 Dong Du, D1

3829 3029 11am - 2pm; 5pm - 11pm

### Spice

Spice Thai restaurant has been a favorite among the locals in Saigon since 2003. This multicultural eatery offers Thai food & seafood in a décor fusing Oriental & Mediterranean artifacts.

27C Le Quy Don, D3 3930 7873

www.spicevn.com

### Thai Express

Thai Express is the world's largest Thai restaurant chain. Enjoy fantastically authentic Thai cuisine at reasonable prices in a relaxed, contemporary atmosphere.

8A Le Thanh Ton, DI 6299 1338 www.thaiexpress.com.vn

vietnamese

**3T Quan Nuong** 

With hanging oil lamps and wooden statues lining the stairs, this venue above the Temple Bar has a touch more atmosphere than most of its kind, but the otherwise simple décor with bamboo tables and chairs are fitting enough. The broad barbecue grill menu features classics of its kind.

Top Floor, 29 Ton That Hiep, D1 3821 1631

### An Khue Quan

11 15 Serving a well-selected series of dishes from both northern and southern regions of Vietnam in an area where international diners are likely to be in abundance - and therefore well attuned to the foreign palate

. 92B Le Lai, D1 3925 9583

### An Vietnamese Bistro

An Restaurant offers exquisite dishes from the North, Central, and South of Vietnam, served by well-trained waiters and waitresses dressed in traditional Southern clothing.

71/5-6 Mac Thi Buoi, DI 3825 8275

### Banh Xeo 46A

Although known for a wide range of Vietnamese specialties, the local pancake stuffed with herbs and prawns is its tastiest dish

46A Dinh Cong Trang, D1 3824 1110

### Banh Xeo An La Ghien

60

The fare on offer is traditional Vietnamese, specialising in the Banh Xeo filled egg pancake, a favourite with foreigners with its light crispy shell and fragrant herbs and meats inside the pancake pocket. 74 Suong Nguyet Anh, Dl

3833 0534 www.banhxeoanlaghien.com.vn/en

### **Barbecue Garden**

1 **1 3 1** The venue features all open-air dining and the atmosphere is distinctly festivallike, relaxing, and casual, becoming congenially boisterous in the evenings. The restaurant specializes in Western-Vietnamese fusion dishes such as beef with cheese, 5-spices beef, squid with satav sauce, and shrimp kebabs. 135A Nam Ky Khoi Nghia, D1 3823 3340

www.barbecuegarden.com

#### **Beefsteak Nam Son**

This local steak restaurant specialises in Vietnamese-style iron-plate meat dishes rather than the American steaks often popular with expats – but while these two varieties have their differences, the local version of the dish has a fresh light character and is served with some good, delicate Vietnamese sauces. 188 Nam Ky Khoi Nghia, D3 3930 3917

www.namsonsteak.com

#### **Binh An Village**

Open every day for dining and other banqueting services, Binh An Village serves traditional country cuisine such as in house fried spring rolls, fresh lotus shrimp salad, selective grilled seafood and meats served with sticky pineapple rice. A jazz band is available for booking for private functions. It also offers special arrangements such as a Saigon boat cruise, DJ, traditional Vietnamese folklore music and more. 1163 Binh Quoi, Binh Thanh

3556 6099 saigon@binhanvillage.com

### Bonbon

Offers authentic Vietnamese cuisines as well as a modern global menu. It boasts hand-selected steaks and a world-class wine list. The restaurant is designed to be multi-functional, with the ability to continually change the layout and atmosphere for high-end group events, intimate romance or casual dinners. Kumho Building, 39 Le Duan, DI info@bonbonrestaurant.vn 62917788

### Bo Ne Le Hona

Bo Ne Le Hong is a popular Vietnamese

restaurant specializing in beefsteak. It has a rich, diverse menu, and also offer fresh fruit iuices 489/27/39 Huynh Van Banh, Phu Nhuan

3990 5106

#### Bo Nona

This performance venue features a traditional cultural show with Vietnamese cuisine. Established by Frenchmen Thibault Detraz and Jeremy Gremillet, who aim to bring the French passion for fusing live entertainment , with dining.

143 Nguyen Trai, D1 www.bo-nong.com

### Bun Sai Gon

This franchise positions itself firmly in the local market with the slogan 'the bun noodles of the Vietnamese people' indicating a concerted dedication to the authenticity of its noodle soup staples.

73 Ly Tu Trong, DI 6276 2609

#### www.bunsaigon.com.vn

### Cha Ca La Vong

This venue only serves Cha Ca, a traditional Hanoian dish. Cha Ca is a salad made out of pieces of fish and spring onion stir-fried in a hotpot. 36 Ton That Thiep, DI 3915 3343

### Cue Gaeh Auan

This Vietnamese venue serves traditional,

country-style foods, a mixture of street food dishes made with fine ingredients together with a selection of more contemporary options. 10 Dang Tat, DI

### 3848 0144 **Five Oysters**

Serves local cuisine with an emphasis on seafood and beers starting at VND10,000. Open daily from 9am until late 090 30 12123

www.facebook.com/FiveOysters

### Ganh

With green suspended lanterns, simple and elegant furnishings, all touched off with bamboo baskets of fruit, flowers and reed grass, the atmosphere is just as smooth and well-defined as a more modern-styled venue 58/4 Pham Ngoc Thach, D3

3829 5243 www.nemnuongganh.com

### **Gold Fish**

Gold Fish offers a slice of authentic Vietnam with a genuinely rural cuisine 73 Mac Thi Buoi, DI www.goldfish.vn

### Grillbar - Eatery & Cafe

A new trendy kitchen and cozy restaurant with the concept of taking traditional Vietnamese charcoal grilled street food and serving it in a New York stylie cafe 122 Le Thanh Ton, DI 38227 901

www.grillbar.com.vn

### **Highway 4**

The menu reflects the ambiance of the north and wider Vietnam, although dishes are carefully selected to meet a more universal palate 101 Vo Van Tan, D3 3602 2069

www.highwav4.com

### Hoa Tuc

Set in what used to be Saigon's opium refinery, Hoa Tuc serves up contemporary Vietnamese cuisine in a Parisian, art-deco atmosphere 74 Hai Ba Trung, DI

3825 1676 www.hoatuc.com

#### Hoang Yen

A venue for those who are looking for high-quality Vietnamese cuisine. Try some of the country's delicacies in a modern yet inviting atmosphere. The eatery's various clay pots are flavorful; some feature mam, a delicious fermented fish paste. While the restaurant's cuisine is light and healthy overall, those with a penchant for green veggies should definitely order one of Hoang Yen's assortment of edible 'flowers' – especially the sautéed hoa thien ly. It is recommended to order a few dishes and share them all. 7-9 Ngo Duc Ke, DI 148 Hai Ba Trung, DI

Parkson Hung Vuong, Third Floor, Hung Vuong Plaza, An Duong Vuong, D5 CR1- 12, 103 Ton Dat Tien, D7 www.hoangyencuisine.com

### Hum

Hum is a vegetarian restaurant where food are prepared on site from various fresh beans, nuts, vegetables, flowers and fruits. Food are complemented with special drinks mixed from fresh fruits and . vegetables 2 Thi Sach, D1

3823 8920 www.hum-vegetarian.vn

Khoai Restaurant Specializes in dishes from Nha Trang.

#### 3A Le Quy Don, D3 aurant.com

#### Lang Viet 🖕 Oi's Pick

Lang Viet combines water puppet theater with Vietnamese northern cuisine. There are two performances in the evening (5pm and 6:16pm) and last for 45 minutes, with an option of a la carte dining, set menu or buffet afterwards. During the day, the restaurant serves breakfast and lunch, starting at 10am to 2pm. Their sister restaurant, Pho Xua, was once visited by Former President Bill Clinton in 2000. 36 Pham Ngoc Thach, D3

#### 3829 9266

www.langvietxua.com

### Lemonarass

The vibe aims at a harmony between modern styling and the Vietnamese traditional arts, and the dining room with its tile floors and wooded wainscoting effects a comforting natural environment. 4 Nguyen Thiep, D1

### Luona Son

Exotic beer garden style eatery famous for its barbecue beef. Luong Son also serves fear factor items such as scorpions, grubs, ostrich meat and crickets.

#### 31 Ly Tu Trong, D1 3825 1330

www.facebook.com/LuongSonOuan

#### Nam Phan

Nam Phan is a 200 seat restaurant that is accents Vietnamese cuisine with live classical music 34 Vo Van Tan, D3

in hosting social events such as weddings

and business conferences. Traditional

with prices ranging from VND100,000

Marina Saigon is one of the leading seafood restaurants in Ho Chi Minh

luxurious environment with French/

Large and lavishly decorated, Maxim's

booths, completed with silk curtains, are a romantic hideaway for couples or

cuisine in style. The carved wooden

Mitau creates a gathering place for

Decorated as a high-class traditional Vietnamese mansion, Nghi Xuan is perfectly fitting for a venue serving the

finest of Vietnam's classical cuisine

the imperial dishes of Hue. Service is

courteous, fast, and quintessentially

those who love Hue cuisine. The interior includes memorabilia, statues, bric and

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Nam An restaurant serves Vietnamese

City. This restaurant provides a

Vietnamese fusion cuisine.

172 Nguyen Dinh Chieu, D3

Vietnamese cuisine is the specialty

VND300,000. The setting is of an

### Nam Phat Restaurant A Vietnamese restaurant that specializes

elegant banguet hall

3910 6488

3930 2379

📾 🕹 🕷 🖪

Maxim's Nam An

small groups

Mitau

13-15-17 Dong Khoi, D1

brac and golf trophies

52 Hai Ba Trung, DI

www.mitauhue.com

3823 0767

Nghi Xuan

eleaant.

LEGEND: 1 Wi-Fi 🛃 Delivery 🗈 Credit Card 🕖 Dendau Privileges Apply

3823 0699

5/9 Nguyen Sieu, D1

nghixuanrestaurant.com

Marina Saigon

21 Nguyen Trung Ngan, D1

nhahangnamphat@gmail.com



### Nha Hang Ngon

Famous restaurant serving easy Vietnamese cuisine to foreigners and tourists with more than 400 traditional dishes.

160 Pasteur, D1 3827 7131

www.quananngon.com.vn 8am - 10pm

### Papaya Restaurant 🖕 Oi's Pick

1 apa ya 1100 🔝 🚑

A petite, clean, and brightly-coloured Vietnamese restaurant with simple décor serving a light, healthy, northern-style cuisine. There's no fuss in the layout here – green walls with black & white artworks, brown wooden furnishings, and lanterns above every table make for a very pleasant atmosphere – and it's casual without being messy, and refined without any trace of pretentiousness. 68 Pham Viet Chanh, Binh Thanh

6258 1508

papaya@chi-nghia.com www.chi-nghia.com

### Pho 2000

Pho 2000's Ben Thanh Market branch was famously visited by former US President Bill Clinton in 2000. The chain serves up variations on pho as well as noodle and rice dishes. 4 Phan Chu Trinh, DI 3822 2788 6am - 10pm

### Pho 24

🔂 🛵 🛙

PHO24 is a popular Vietnamese noodle restaurant chain with 70 outlets across Vietnam and throughout Southeast Asia. 71-73 Dong Khoi, DI 3825 7505

### Propaganda Bistro

Offers Vietnamese cuisine such as spring rolls and Vietnamese street food with a Western twist. Serves breakfast, lunch and dinner. The restaurant features hand-painted wall murals. **21 Han Thuyen, DI** 

3822 9048 www.facebook.com/Propaganda-Saigon

Quan Bui Authentic Vietnamese Cuisine

Leafy green roof garden, upmarket restaurant with reasonable prices and a wide menu of choices. Open style kitchen advertises its cleanliness. Designer interior with spot lighted pictures and beautiful cushions give an oriental luxurious feeling – augmented by dishes served on earthenware crockery.

17a Ngo Van Nam, D1 3829 1515

(deliveries: 3602 2241 or 091 400 8835)

### Quan An Ngon

Quan An Ngon appeals easily to tourists and local people alike in its unique concept: presenting the diversity of Vietnamese cuisine from different regions in a village market style. The restaurant is set in a large new building, which from its external yellow appearance is reminiscent of an old European villa; but inside its space is designed as an ancient Hue ruong house.

138 Nam Ky Khoi Nghia, D1 3827 9666 www.guanngon138.com

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ISTINGS (

### Royal Revolving Restaurant

The Royal Revolving Restaurant is a unique restaurant experience. Experience stunning views of the city while you spin around in the sky. The restaurant offers more than 50 Hong Kong inspired dishes and a bar that serves coffee and cocktails. **9th Floor, I2D Cach Mang Thang Tam, DI 3823 2232** 

### Saigon Vegan

Saigon Vegan is located in a casual and inviting space with high ceilings, dark wood tables, and lots of natural light. Guests can choose from over 100 vegan dishes, all of which are either soy or vegetable based. **376/3 Vo Van Tan, D3** 

### 3834 4473

### SH Garden restaurant

Established in the 1930s, the Terrace restaurant is located at the corner of two of the oldest boulevards of Saigon, Nguyen Hue and Le Loi, where romantic memories of Saigon float around. This restaurant offers a variety of delicious traditional Vietnamese dishes. 4th floor, 98 Nguyen Hue, DI 6680 0188

shgarden.com.vn

### Song Ngu

There are eight different rooms capable of seating a total of 350-400 guests, each warmly-lit with dark wooden furnishings. On a small stage, a traditional chamber orchestra with ladies wearing classical Ao dai costumes perform Vietnamese music on genuine old instruments.

70 Suong Nguyet Anh, D1 3832 5017

### Temple Club

🔝 🚯

Usually regarded as one of central Saigon's most authentically Vietnamese venues, this historic and good-looking features classic Indochinese decor, broadly interpreted as a blend of the old French colonial style with pan-Asian graces that appeal more to Asian exoticism than reflect actual Vietnamese styles. With antique furnishings and ceiling fans, the atmosphere is certainly

pretty. 29-31 Ton That Thiep, D1 3829 9244 templeclub.com.vn

### Thanh Nien Restaurant

With its attractive home-style layout, pretty garden for outdoor dining, and warm, yellow-toned interior for the buffet, it's a charming venue for tourists and a familiar favourite for long-timers. It's intentionally decorated like a private home, walls decorated with floral artworks, and the garden surrounded by bamboo. **11 Nguyen Van Chiem, DI 3822 5909** 

www.vnnavi.com/restaurants/thanhnien

### Thang Bom Quan

Serves hot pot and special style BBQ. 49 Pho Duc Chinh, DI

#### **Tib Restaurant**

This fine Vietnamese Hue-style restaurant looks almost like a temple, and it's considered one of the city's premier settings serving imperial cuisine. 187 Hai Ba Trung, D3 3829 7242

### www.tibrestaurant.com.vn

Tin Nghia

A charming little venue serving vegetarian cuisine. Its quaint appearance hides the fact that it was the first international vegetarian restaurant in Ho Chi Minh City and an important center of the city's vegetarian culture.

#### 9 Tran Hung Dao, D1 3821 2538

Vietnam House

### 🔝 🕼

LEGEND: 1 Wi-Fi 🛃 Delivery 🕼 Credit Card 🕖 Dendau Privileges Apply

Vietnam House is a high quality restaurant specializing in both local Vietnamese and international cuisine This restaurant is set in a restored French colonial house offering stunning views of the street. 93-95 Dong Khoi, DI 3829 I623

www.vietnamhousesaigon.com

### (other) asian

Crawfish King serves special menus with crawfish, lobster, mantis shrimp, American-style chicken wings, oysters, fruit beer, sea urchin and more. Offers free delivery for customers in DI and D3. 63 Truong Dinh, DI

### 6272 7888

**Crawfish King** 

www.facebook.com/crawfishking63 7am - 12am

### Lion City

This is a Singaporean franchise to watch with interest – since its humble beginnings in 2006 with the rather more unpleasant name Singapore Frog Porridge, it has risen in strength to become the most prominent representative of the cuisine in the city, and its growth has continued to be remarkable.

45 Le Anh Xuan, D1 3823 8371

www.lioncityrestaurant.com

### Little Manila

An eatery with indoor and outdoor seating serving your craving for Filipino cuisine such as the famous adobo, pansit (dried noodles), breakfast combinations like Longsilog (combination of longanisa (Filipino sausage), egg and fried rice), Tosilog (tocino, egg and fried rice) and more

Ground Floor, Citiplaza, 230 Nguyen Trai, DI S2-I Hung Vuong 2, Phu My Hung, D7 5410 0812

### Long Monaco 🍐 Oi's Pick

Long Monaco operates throughout the city under various brand names – this outlet is a standalone restaurant in the busy Etown office complex in Tan Binh district. You'll probably only visit if you're working nearby or visiting on official business, but you'll find the restaurant serves some great Asian business lunches. Ground Floor, Etown 1

364 Cong Hoa, Tan Binh www.longmonaco.com.vn

### western/international

### 27 Grill

27 Grill is an open kitchen run by Danish chefs Casper Gustafsen and Camilla Bailey and is known for its steaks. It also offers a spectacular view of the city. Opens from 5:30pm - 11pm. **Rooftop, AB Tower, 76A Le Lai, D1** www.chillsaigon.com

### Al Fresco's

Offering a mix of Tex-Mex, Italian, and Australian food along with cold local & imported beers and a wine list featuring Australia's finest whites along with affordable South American reds. **16 Nguyen Thi Nghia, DI 3926 0036** 

#### www.alfrescosgroup.com 8.30am - 11pm

o.soam - npm

### Au Parc

It's only fitting that this Mediterraneanstyled restored villa with its original tiles, old window frames, plush cushions, and opium-themed art collection sits in one of the most gorgeous streets of central Saigon. Au Parc is an unforgettable venue with a décor that manages to simultaneously capture the grace of the old Colonial architecture and the mood of west-Asian exoticism that transfixed Europe in the Romantic period. 23 Han Thuyen, DI

23 Han Thuyen, D1 3829 2772

### Bahdja

Algerian restaurant serving north African delights such as couscous, tajines and desserts. Unique Mechoui set dinner is a popular choice and perfect for groups (available with prior notice).

### 87-89-91 Ho Tung Mau, D1

093 787 2010 (French, Arabic, English, Finnish)

#### Ben Style 📥 Oi's Pick

Every sandwich comes wrapped with a label that displays its calories, protein, fat and carbohydrates content. A 544-calorie Cheesy tofu meatballs sandwich costs VNDB0,000 while a 281-calorie Chicken salad sets you back VND50,000 The chicken jumbo sandwich comes with a massive 638 calories, 59 grams of protein and 62 grams of carbohydrates, but only 16 grams of fat. Ben also offers meal plans for those who want to get fit and bulk up.

#### 302 Co Bac, D1 090 691 2730

### Beirut

Offers Lebanese and Mediterranean food with belly dancers every night from 8:30pm to 10pm and Latino dancers from 10pm to midnight.

74/13D Hai Ba Trung, D1 www.beirut.com.vn

### **Black Cat Restaurant**

Originally envisioned as a fast food Vietnamese sandwich place, Black Cat Saigon now serves international food with a focus on burgers, most famously its "Big Cheese" featuring 500g of beef. 13 Phan Van Dat, DI 3829 2955

www.blackcatsaigon.com

#### Chuck's

Chuck's offers American comfort food like pancakes, omelets, burritos, fries, tacos, burgers and hotdogs. 27 Tran Nhat Duat, DI

restaurant serving breakfasts, lunches

Seafood and Vietnamese cuisines, with

Crab Pot is a beer and seafood

and dinners of American, French,

delivery and catering services also.

Gartenstadt serves German cuisine

including sausage, sauerbraten, and

pork knuckle. Known amongst locals

bar, Gartenstadt is home to imported

as well as a large collection of choice

schnapps. Private dining options are available on the second floor, including

An Australian family diner and bar concept.

Renowned for quality steaks, seafood and

other western fare served in an informal

environment. Smoke-free indoors.

www.hogsbreathcafe.com.vn

Ground Floor, Bitexco Financial Tower,

Jaspas Wine & Grill 🎍 Oi's Pick

Jaspas Wine and Grill provides an extensive

61

balcony seating overlooking scenic

Schneider Weisse and Krombacher beer,

and expats for its long teakwood

65 Pham Ngoc Thach 6, D3

#### **Crab Pot**

Gartenstadt

Dong Khoi Street

Hog's Breath Café

34 Dong Khoi, DI

3822 3623

2 Hai Trieu, D1

**1** 

wine list along with many "reinvented" Jaspas dishes, new creations, and mouthwatering steaks. Japas also offers a wide array of delectable dessert options. 74/7 Hai Ba Trung, D1

3827 0931 alfrescosgroup.com



### Khoi Thom

Khoi Thom - "fragrant smoke" in English - is a unique venue, set in a bright, colourful al fresco decor inspired by renowned architect Ricardo Legoretta. A long way from Mexico, Chef Alejandro Torres's menu blends "Cocina

Potosina" and timeless Mexican classics 29 Ngo Thoi Nhiem, D3 THOM www.khoithom.com

### La Fenetre Soleil

La Fenetre Soleil, literally means 'window to the sun', showcases a fusion of Old World fittings such as exposed bricks, antique furniture and chandeliers with New World elements such as fur cushions and mosaic tiled and glass tables. Serves a range of cocktails, imported beer, coffee and smoothies together with a Japanese-Vietnamese fusion menu.

### 4 Ly Tu Trong, D1

### La Habana

Offering authentic Spanish cuisine and a wide choice of tapas, as well as Cuban cocktails, La Habana is a den of Cuban-Spanish inspired architecture located on inner-city Cao Ba Quat

6 Cao Ba Quat, DI 3829 5180

www.lahabana-saigon.com

### Lv Club

Often used as a venue for gatherings. networking meetings, and events where an air of wealth and sophistication is useful, Ly Club is a sure bet for making an impression on a date or business lunch. Built into a traditional French villa with wide elliptical arches, the atmosphere of naked opulence persists throughout the property.

143 Nam Ky Khoi Nghia, D3 3930 5588 www.lyclub.vn

### Margherita

For some, Margherita doubles as an unofficial expat rendezvous, partly a result of its agreeable prices and sumptuous Western-style pizzas and foods. 175/1 Pham Ngu Lao, D1

3837 0760

#### Market 39

62

Market 39 showcases seven interactive live show kitchens, featuring a la carte all-day dining and an extensive buffet selection served daily during breakfast, lunch and dinner Ground floor, InterContinental Asiana

Saidon Corner of Hai Ba Trung & Le Duan

3520 9099 www.intercontinental.com/saigon

### Mogambo Bar & Grill

Mogambo is a dark, African-styled

restaurant with some the finest US & Tex-Mex and exceptional burgers. 50 Pasteur, D1 3825 1311

#### **MZ Wine & Restaurant**

MZ has a wine cellar featuring wines from the Old World to the New World. The restaurant serves Asian and Western cuisine with beefsteak and lamb dishes as the most suggested ones. Piano and violin artists perform daily from 7:30pm-9:30pm. Special arrangements like a live band and decorations are available upon requests. 56A Bui Thi Xuan DI

3925 5258

www.m-zina.com

### Pacharan - Tapas & Bodega

The city's best-known Spanish restaurant with a sports bar on the ground floor. two floors of dining space, and an open rooftop deck for cocktails and live music. Serving tapas, paella, and an extensive Iberian wine list

97 Hai Ba Trung, Dl

090 724 2757 andres@pacharan.com.vn

10am - late

### Parkview

Located within New World Saidon Hotel. Parkview is a sophisticated restaurant with a view of the adjacent 23 September Park. Their buffets feature both Asian and international favorites along with local and imported fish, ovsters, prawns, shrimps and snails. Every Sunday, the brunch buffet offers a fine fare including rotisserie and steak specialties, with an ice bar serving up sushi and sashimi. New World Saidon Hotel 76 Le Lai Street, D1 3822 8888

saigon@newworldhotels.com www.saigon.newworldhotels.com

### Pasha

1 Serving Turkish and Mediterranean cuisine, the kitchen is headed by Chef Ismet with over 30 years of experience in similar restaurants 25 Dong Du, DI 6291 3677

www.pasha.com.vn

#### Quán Ut Ut

Ouán Ut Ut is Saigon's newest restaurant hotspot. Specialties include American BBQ, cashew-smoked pork ribs and burgers alongside fresh draft and imported beer. Open daily from 4pm til midniaht 168 Vo Van Kiet, DI www.quanutut.com

### 3914 4500

Reflections

Reflections Restaurant is a fine dining restaurant with a menu that draws inspiration from every corner of the globe. It holds events showcasing Michelin-star Chefs, wine pairing dinners and other culinary luminaries Level 3, Caravelle Hotel, 19-23 Lam Son

Squre, D1 0838234999

#### Saffron 🖕 Oi's Pick

The first thing that will strike you when you enter Saffron is the terracotta pots. Located 50 meters from Ciao Bella, a popular Italian restaurant on Dung Du, this restaurant offers Mediterranean food, some with a distinct Asian influence added for further uniqueness. Guests are welcomed with complimentary Prosecco, fresh baked bread served with garlic, olive tapenade and hummus 51 Hai Ba TruNg, DI 382 48358

#### Shri

Shri offers unparalleled panoramic views of the city. Menu offers a broad range of dishes to suit most tastes with modern European styled starters, mains and desserts as well as a wide selection of grills and salads. Wine list is consists currently of over 270 bins with selections from both the Old and New World, with France, Italy, Spain, Germany and Austria as well as Australia, New Zealand, South Africa, USA, Argentina and Chile all represented.

Level 23, Centec Tower, 72-74 Nguyen Thi Minh Khai, D3 www.shri.vn

### Skewers

An open-air kitchen at the front of the restaurant and a small cigar lounge upstairs set off the atmosphere and mark this venue as one with a unique presence in Saigon. The purely Mediterranean cuisine is appropriately authentic. 9A Thai Van Lung, DI 38224798

www.skewers-restaurant.com

Subwav 1 18

> Subway is now in Vietnam, offering its internationally-renowned range of subs sandwiches and cookies. World travelers can expect the same high quality of ingredients regardless of what nation they are visiting. 121 Ho Tung Mau, DI

### 3914 4118

#### **The Elbow Room** 1

The Elbow Room on Pasteur is an American-style bistro with a long bar, exposed brickwork, white walls, and whirring ceiling fans – making for a casual, contemporary space with an international vibe. More of a diner than a restaurant, Elbow shoots at a cool, relaxed atmosphere, pleasantly decorating its warmly-lit walls with evocative black & white photos and subtle lighting. 52 Pasteur, DI www.elbowroom.com.vn

The Hungry Pig

A sandwich bar that takes bacon verv seriously, The Hungry Pig is a place where you can find bacon, wrapped in fresh-baked bagels and baguettes. 144 Cong Quynh, D1

### Warda

Warda is a Middle-Eastern style bar and restaurant headed by a renowned Syrian chef. Guests can eniov authentic middleeastern cuisine indoors and outdoors while enjoying an almond cigar or shisha 71/7 Mac Thi Buoi, D1 Xu Restaurant Lounge

The venue is well-known for its pork wantons, bun cha, seared beef crostinis, bo luc lac diced beef and 'Xu-style' chicken rice. Xu is an elegant venue that works as a restaurant or a high-class bar for the upper echelons. 71-75 Hai Ba Trung, DI

### www.xusaigon.com Zest Bistro & Cafe

A casual restaurant featuring an American, French and fusion menu. Located across from the waterfront, just minutes away from the Bach Dang pier, Zest offers diners one of the nicest views in the city. 5 Ton Duc Thang, DI

3911 5599

### Zoom Cafe 🍐 Oi's Pick

Zoom cafe serves Tex-Mex and

Vietnamese cuisine as well as running a Vespa tour service from within the café. 169A Bui Vien, D1 3920 3897 7am - 2am daily

atexpats

### >>The List **District 2**

#### BAKERIES

#### Sweet and Sour

Offers custom made cakes, pies, tarts, brownies and cupcakes. It welcomes visitors to an open kitchen where they can watch and be a part of what makes its sweets special. Provides catering for special occasions.

AVA Residences, 40/4 Nguyen Van, D2 3519 3167

#### Voelker

French bakery selling fresh breads, pastries and chocolate 39 Thao Dien, D2 6296 0066

voelker-vietnam.com

### BARS

#### McSorley's Recently opened Irish pub with a swimming pool and outdoor patio. Serves pub grub with events and theme nights happening regularly. 4 Thao Dien, D2 3519 4659 www.mcsorleys.vn

### Papagayo Saigon

A resort-style design and French Mediterranean food are the make-up of this newly opened hangout. 18 Tran Ngoc Dien, D2

### Buddha Bar

One of the long standing bars in the area, it has a pool table, darts, big screen tvs along with cheap beers and bar food. 7 Thao Dien, D2 3744 2080

#### CAFES

#### Agnes Cafe - Dalat Coffee & Flower Shop

At Agnes Cafe they offer fresh coffee, smoothies and juices along with a delicious breakfast and lunch menu This quaint and cozy cafe is a perfect place to meet up with friends or just relax to get away from the bustling traffic outside. They offer free delivery. 11A-B Thao Dien, D2

#### Shalom Coffee

Shalom Coffee is available for all your coffee and chocolate needs, warm snacks, cold refreshments, breakfasts and lunches 53 Vo Truong Toan, D2

www.coffeeshalom.com

### RESTAURANTS

### FRENCH

#### Le Bacoulos

LEGEND: 1 Wi-Fi 🛃 Delivery 🗈 Credit Card 🕖 Dendau Privileges Apply

Le Bacoulos is a French restaurant, bar and lounge that serves French cuisine, bar food like burgers, fish and chips alongside vegetarian options like spinach soup and Greek salad. There's also a garden to unwind in with a glass of wine or enjoy a game of pool

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13 Tona Huu Dinh. D2 3519 4058 www.bacoulos.com



#### **Gastro'home**

New delicatessen shop offering western-fusion French food by French chef Stephane Courtin. Visit the shop or try their catering service. 100 Xuan Thuy, D2. 6281 9830

La Villa 🍐 Oi's Pick

### 🔊 🖪

This Colonial-style villa set in a quietly gentrified district 2 street is a cache of luxury with its beautiful poolside garden and cosy, scenic white-toned dining room area. Dine outside or in, on an off-the-cuff menu prepared by the French chef, based on the best market ingredients available on the day.

#### 14 Ngo Quang Huy, D2 3898 2082

www.lavilla-restaurant.com.vn

### wed in Oi March 2013

### **Trois Gourmands**

Opened in 2004 and regarded as one of the finest French restaurants in town. Owner Gils, a French native, makes his own cheeses as well 18 Tong Huy Dinh, D2 3744 4585

### INDIAN

#### Ashoka

Ashoka is one of the city's most popular and enduring Indian restaurants with a reputation for good food with a wide range of North Indian culinary dishes at a reasonable price. Large space for private parties, outdoor catering and free home delivery also available. Special set lunch veg/non-veg from VND90,000 upwards.Promotion (free trip to Cambodia) and discount available for people booking in groups. 33 Tong Huu Dinh (Street 53), D2 3744 4177

www.ashokavietnam.com

#### **ITALIAN**

### Pendolasco – Thao Dien

Expect excellent classic Italian cuisine – wood-fired pizza, spaghetti, and tiramisu – cooked with a focus on fresh flavours and featuring the finest imported ingredients from Italy 36 Tong Huu Dinh, D2

62532888 www.pendolasco.vn

### Sarpino's Pizzeria

Sarpino's Pizzeria is a famous pizza brand from Canada with three branches around Ho Chi Minh City that specializes in pizza, pasta and rice. 43 Thao Dien, D2, 3744 2132

#### **JAPANESE**

#### Tama River-Japanese Restaurant

Bottles of sake fill shelves along the wall behind the sushi bar, and unique Japanese paintings add a nice visual touch. Since opening four months ago, the restaurant has attracted a diverse clientele, from locals to expats. 14E1 Thao Dien, D2 3744 6782

#### Chiisana Hashi

Serves authentic Japanese cuisine including sashimi, sushi, tempura, sukiyaki and shabu shabu River Garden, 170 Nguyen Van Huong, D2 6683 5308

### THAI

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#### **Baan Thai** 11 4 3

Baan Thai serves authentic Thai cuisine using a considerable variety of tastes and spices prepared by Thai chefs.Generally speaking, the cuisine leans more towards

LEGEND: 1 Wi-Fi 🛃 Delivery 🕼 Credit Card 🕖 Dendau Privileges Apply

being authentic in taste than serving the more internationalised versions of Thai cuisine available elsewhere 55 Thao Dien, D2: 3744 5453 www.baanthai-anphu.com

### Jasmine Thai

141 Expect here variations on dishes you'll find throughout the Thai culinary tradition with features more common to those restaurants serving in Western nations 85 Quoc Huong, D2 3519 0038

#### VIETNAMESE

### **Banian Tree**

A fine dining Vietnamese restaurant. Offers a set lunch, set dinner and international breakfast River Garden, 170 Nguyen Van Huong, D2

### Francipani Hoa Su

Frangipani Hoa Su offers authentic Vietnamese cuisine with a variety of dishes from different parts of Vietnam ranging from pho, bun bo Hue to mi quang. It serves breakfast, lunch and dinner. It also has an open space and a VIP air-conditioned room together which can hold a maximum capacity of 500 people, making it an ideal venue for different types of events and functions. 26 Le Van Mien, D2

frangipani.restobar@gmail.com

### WESTERN/ INTERNATIONAL

#### Boathouse 🖕 Oi's Pick

With a great view of the Saigon River, this restobar serves imported steak, healthy salads and much more in an alfresco environment 40 Lily Road, An Phu Superior Compound, D2; 3744 6790 www.boathouse.com.vn

### **Blu Bar and Grill**

Blu Bar provides a wide range of Asian and Mediterranean specialties for breakfast, lunch, and dinner along with many unique beverage options. 53 Vo Truong Toan, D2 3744 4111 7am - 11pm

### Blue Crab 🖕 Oi's Pick

Blue Crab offers delicious seafood prawns, scallops and lobster, crab. oysters, scallops and many more for rock-bottom prices. All of the seafood is sourced from the same supplier as a number of high-end hotels and restaurants in the city, ensuring the food is fresh and high quality. For meat-lovers there's also a wide range of dishes that include pork ribs and chicken wings. . They offer weekly specials as well. 49 Quoc Huong, D2 3744 2008

www.bluecrabsaigon.com

#### **Mekong Merchant**

Set in a colonial house within an open-air courtvard surrounding, this restaurant serves delicious pizza, sandwiches, smoothies with an extensive wine list 23 Thao Dien, D2; 3744 4713

### **Snap Cafe**

By day, Snap Cafe is a communitycentered, family-friendly cafe and restaurant. By night, guests can enjoy live music, sports on the big screen, quiz nights, pool, foosball, and more Serves international cafe fare, great food, icy-cold draught beer and wine by the carafe. The space is a large openplan room with an attached garden and play area for kids. Holds regular movie screenings.

32 Tran Ngoc Dien, D2

35194532 www.snap.com.vn

The Deck

Located on the banks of the Saigon River, this restaurant offers great international and Vietnamese fare. 38 Nguyen U Di, D2

### www.thedecksaigon.com

Vino

They offer professional advice on selecting and tasting wines. The outdoor terrace area is the perfect spot to sample a new vintage and brunches on the weekends

NO.1. Street 2nd, D2 www.vinovietnam.com

### >>The List District 7

### BAKERIES

### Dunkin' Donuts

This American doughnut and coffee franchise offers munchkins, croissants, donut sandwich and toasted sandwiches - along with the popular sugar raised, glazed chocolate mochi, glazed, chocolate coconut, cinnamon, Boston kreme, Bavarian Kreme, strawberry-filled or chocolate frosted donuts 59 Nguyen Duc Canh, D7

### Savouré Bakery

Offering gourmet cakes and pastries with all the fine characteristics of the European dourmet tradition. Customers can choose from a wide array of baked goods including cakes, desserts, breads, cookies, wedding cakes, and moon cakes during the season.

Grand View, SD 4-1, Nguyen Duc Canh, D7 5412 2469

www.savourebakery.com BARS

#### Peaches

A spacious, attractive restobar with comfortable, lounge-style seating and a bar area, this watering hole mixes three beers on tap and a large screen for live sports with a pan-Asian curry menu. S57-1 Sky Garden 2, D7

#### **Ruby Soho**

A popular district 7 spot with excellent and cheap range of cocktails, good food and great music! Listen to the likes of Jimi Hendrix, The Ramones or Beck while downing an ice cold one. S52-1 Sky Garden 2, D7

#### Sala Beer

Eniov Asian and European dishes at Sala Beer and choose and enjoy more than 50 famous beer brands from around the world. Ground floor White House Hotel R2-25 Bui Bang Doan, Hung Phuoc 1, D7

### The Tavern

The Tavern is a Western pub  $\boldsymbol{\vartheta}$ restaurant where patrons can play darts & pool, watch football or enjoy reasonably priced food and drinks R2-24 Hung Gia 3, Bui Bang Doan, D7

#### CAFES

### **Baskin Robbins**

With more than 7000 branches in more than 50 countries, Baskin Robbins is the largest ice-cream chain in the world with flavors such as Baseball Nut and

Lunar Cheesecake. 105 Ton Dat Tien, D7 www.baskinrobbins.vn

#### Rud's

Bringing the taste of American ice cream to Vietnam, Bud's Ice Cream has nine stores in Ho Chi Minh City. Apart from a variety of delicious ice cream flavors, Bud's also offers a wide range of Western and Vietnamese food. SD - 04 Panorama Residential Complex, D7 www.budsicecream.com.vn

#### Coffee Bean & Tea Leaf

The Coffee Bean & Tea Leaf serves some of the best coffee and tea from around the world. It also has a full line of baked goods made from high quality ingredients, most of which are from their own proprietary recipes

#### Ground Floor, Crescent Mall, Ton Dat Tien, D7 www.coffeebean.com.vn

#### **FB Deli Coffee** 🔝 🛵 🕅

FB Deli Coffee features a unique black and white design and signature coffee beans imported from Italy. Guests can also enjoy many varieties of homemade cakes, along with Tiramisu, muffins, and sandwiches, All cakes 50% off from 7 to 10pm. SE-1 My Khanh 2 Apartments, D7

### The Fountain Coffee Ice Cream

Known for its Swiss ice cream with all the fixings, Fountain Coffee also serves Western dishes in a spacious lounge area.

SB4-1 My Duc Residential Complex, Nguyen Duc Canh, D7

### **MOF Japanese Sweets & Coffee** Crescent

Sourcing the majority of their dessert ingredients from Hokkaido, Japan, MOF serves up premium desserts and a Japanese restaurant menu. 101 Ton Dat Tien, D7 www.mof.com.vn/en

### NYDC

Established in 1995 in Singapore, NYDC, The New York Dessert Café, aims to bring a piece of New York to Southeast Asia with their popular mudpies and a whole range of Western comfort foods. 107 Ton Dat Tien, D7

### S'cottage Restaurant - Café

Inspired by the mysterious wooden house in the Hansel and Gretl story, S'cottage serves up home-style meals in a spacious, fairy-tale inspired space. SB-02 My Duc Residential Complex, Nguyen Duc Canh, D7 5411 1186

Huong Vien Hunanese Restaurant

Serving China's little-known spiciest

cuisine, the dishes of China's reddest

well-decorated although a bit on the

S59-S61, Sky Garden 2 Apartments, D7

Ming Dynasty serves authentic Chinese

food in a setting reminiscent of an old

Chinese palace. Specialties include dim

sum, shark fin and abalone and dishes

63

province and the preferred taste

of Chairman Mao, Huong Vien is

pricey side, with dishes averaging

### CHINESE

VND180.000

Ming Dynasty

from Quang Dong.

23 Nguyen Khac Vien, D7

### INDIAN

### Ashoka

Ashoka is a small chain of slightly more upscale Indian restaurants serving both Notthern and Southern Indian cuisine including curries, naan and tandoris. **59-1 Block R13, Bui Bang Doan, D7 5410 1989** 

#### Bollywood

Complete North & South Indian Cuisine. Special Chaat & Tandoori Dishes. Parties, Events & catering service available, Daily Lunch tiffin and Set menus

Free Delivery(All Phu my Hung) 22131481 - 22450096 0938069433 Hotline: 0906357442(English) bollywoodvietnam@gmail.com facebook: bollywoodvietnamindiancuisine (for complete menu)

#### Spice India

Spice India offers a wide range of dishes that cater to any pallette. Enjoy your curry with a side of Bollywood. S6-1 Bui Bang Doan, Hung Vuong 3, D7 093 841 6551

www.namaste-india.com.vn

### ITALIAN

### La Cucina

🔝 🕅

La Cucina has opened on Crescent Promenade in Phu My Hung, with an open-plan kitchen that can accommodate 180 diners. Enjoy top-end dining featuring the best of Italian cuisine and a wide selection of imported seafood, prepared from the freshest ingredients, in a relaxed, rustic atmosphere.

Reviewed in Oi April 2013 Block 07-08 CR1-07, 103 Ton Dat Tien, D7 5413 7932

#### Sarpino's

#### 🔊 d-1

Sarpino's Pizzeria serves authentic Italian pizzas as well as other Italian dishes such as oven-baked pasta, baked rice, wraps and salad, all at reasonable prices.

3SI 12-1 Grandview, Nguyen Cao Nam, D7 www.sarpinos.vn

### Salt & Pepper Italian Restaurant

Located in the modern confines of The Crescent, this contemporary-styled Italian restaurant and pizzeria has an open kitchen and an outdoor terrace area. Serving up a range of pan-Italian cuisine, the menu includes a selection of salads, pastas, main courses, pizzas and desserts, all at affordable prices. **IO3 Ton Dat Tien, D7 J 5412 4848** www.saltpeper.com.vn

### JAPANESE

#### Asaka Ramen

This sleek, open-kitchen contemporary eatery serves up Japanese noodles starting from VND78,000. There are also set menus, individual dishes and a range of smaller, appetizing sides. SD04, LO H29-2, My Phat Residential Complex, D7

#### THAI

### Nathalie's Phu My Hung

Nathalie's Phu My Hung is situated in an ideal location on a central corner in the district 7 high-profile metropolitan area. Serving delicious Thai cuisine in charming and romantic surroundings, the restaurant has two floors with a unified, simple decor and warm colourful tones throughout.

#### S9 Hung Vuong 3 Apartments, D7

5410 0822 www.nathaliesrestaurant.com

### Thai Express- Crescent Plaza

Thai Express's interpretation of Thai food exhibits the best of the cuisine but with the edges softened for a global palate unused to the extremes of Thai style cooking. Averaging from 40,000 VND to 200,000 VND per dish, its price can't be beat for the same quality and deliciousness. **IoS Ton Dat Tien, D7** 

### VIETNAMESE

### Co Ba Vuno Tau

Co Ba Vung Tau is a chain of traditional Vietnamese restaurants serving up their famous banh khot amongst an extensive menu of affordable Vietnamese food. **R1-72 Hung Gia I, Bui Bang Doan, D7** 5410 2027

### Com Tam Ba Son

Com Tam Ba Son, Ba Son offers authentic Vietnamese broken rice (BBQ) and hu tieu sadec. The 35 year old recipes are handed down for more than 3 generations. It serves breakfast, lunch and dinner.

#### SB10-1 Nguyen Luong Bang, Nam Khang, Phu My Hung,Q7, 5413 3122

ASIAN

### Cham Charm

### 

Charm is more like a museum than a dining venue, filled with the artefacts and sculpture of the Champa people and with gorgeous artworks and colourful hangings on the walls. The upstairs area is a wide-open terrace with plenty of tables for a more relaxing atmosphere. The cuisine is pan-Asian. **2 Phan Van Chuong, D7** 

#### WESTERN/INTERNATIONAL

#### Berru

Berru is a family-run Turkish restaurant offering a variety of Turkish specialties on the menu including kebabs, koftas, mezzes and soups. This is one of the few halal restaurants that imports all of their halal meat. SC 3-1 Khu Pho My Khang, Nguyen Luong Bang, D7

### Boomarang Bistro Saigon

Located in The Crescent by the Crescent lake, the spacious Boomarang Bistro Saigon serves Australian and other Western food in the most pedestrian friendly part of town. **107 Ton Dat Tien, D7 3841 3883** www.boomarang.com.vn

### Cham Charm

Famous for their extensive international nightly buffet featuring 8 types of oysters, American Angus beef and Australian filets, Cham Charm is devoted to Cham arts, culture and cuisine and is tastefully decorated with Cham artifacts and sculptural works. **02 Phan Van Chuong, Phu My Hung New Urban. D7** 

#### **El Camino**

A small bar & restaurant situated in the heart of Phu My Hung. Relaxing outdoor saloon featuring inexpensive Spanish tapas and small plates from gourmet ingredients. Affordable selection of Spanish & French wines. **137 SB-02 Khu My Phat, Nguyen Duc** 

Canh, D7 5412 4641, 3pm - midnight

### www.facebook.com/elcaminovietnam

#### El Gaucho

El Gaucho Argentinian Steakhouse is an international chain of restaurants serving authentic Argentinian cuisine in a space reflecting modern yet rustic decor, giving it an inviting ambiance and genuine atmosphere. Unit CRI-12, The Crescent, D7 3825 1879 www.elaaucho.com.vn

#### German Corner

The six month old restaurant is fast becoming known for its sausage, beer, and their Schweins Haxe or pork knuckles (served with white cabbage and mashed potatoes, VND 399,000). A number of German beer to select from including Bitburger, Koestritzer Black Beer, Benediktiner Weisse, HB-Hofbrau Weisse, Schwarzbrau Exquisit, and Schwarzbrau Weisse (beer price starts from VND 65,000).

### A001 Nguyen Van Linh St., Phu My Hung,

Le Taj

Le Taj offers French cuisine and features a luxury atmosphere of black and white design. Besides a wide variety of menu choices, Le Taj brings you to the ultimate luxury appetite garnished with 24k gold leaf. Le Taj also impresses its guests with a large wine cellar featuring ISO types of international wine that adds to the dining and entertainment variety. **O6 Phan Van Chuong, D7** 

090 535 0221

### Salt & Pepper

Salt & Pepper Restaurant mainly serves Italian dishes. 103 Ton Dat Tien, D7

www.saltpepper.com.vn

### Scott & Binh's Restaurant 🍐 Oi's Pick

This unassuming little bistro is making big waves with visitors to the city and resident expats alike. With a menu replete with tasty sandwiches, burgers, pasta, and various other international dishes, this is an ideal guilty hideaway from Vietnamese cuisine for just one meal at least. **15-17 Cao Trieu Phat. D7** 

### supermarkets

#### 100%

100% Alimentation.Generale.De.Qualite is the latest high-end grocery store to grace the streets of An phu. With a rustic charm 100% provides customers with 100% safe, natural and local products all sourced and manufactured in Vietnam. The shop only offers products that reach international food safety requirements and runs food events at the store. All products are available to order online at www.100percent.vn.com. **26b Thao dien, D2** 

#### Annam Gourmet

An upscale deli and grocery chain offering gourmet groceries, cheese, organic products, gluten -free products, fruit and vegetables, gourmet deli, wine and other beverages. All locations, in District 1, 2 and 7, have a coffee lounge that serves breakfast, lunch, drinks and early dinner. **41A Thao Dien street. D2. 3744 2630 5B2-1 My Khanh 4,Nguyen Duc Canh, D7 16-18 Hai Ba Trung, DI** 

### An Phu Supermarket

Large supermarket stocking a wide range well-known international brands of dry goods along with fresh groceries, frozen meat and fish, fresh fruit and vegetables, cheese, wine, toiletries and more

43 Thao Dien, D2

### **Classic Fine Foods**

Supplier of international brand foodstuff like IIIy, Valrhona, Bonne Maman along with fresh vegetables, dairy, and meat. No. 17, Street 12, D2 www.classicfinefoods.com



#### **Le Cochon D'or** LeCochon D'or shop sells

European and

www.ngp.com.vn

Ner skows Ale taar

International meat that include ham, sausages, pate, terrine, and smoked specialties. A taste of home, because you and your taste buds deserve it Customizes service available including door-to-door delivery. 64 Ngo Duc Ke, DI 3829 3856 Bam – 7pm

#### Metro

Wholesale suppliers of foodstuff, office supplies, furniture, clothes and more. Entry is reserved for business owners only but foreigners can obtain a oneday pass by showing their passports. **Residential An Phu, An Khanh Ward 2** 

### Veggy's

A specialized grocery store carrying imported products, Veggy's offers a wide range of international food imported from abroad and fresh produce grown in Vietnam.

S54-1 Sky Garden 2, Pham Van Nghi, D7

### wine & liquor

### **Bacchus Corner**

Bachhus imports from most of the world's wine regions and supplies wholesale and retail customers. It encourages wine tasting in its Pasteur store using the unique Enomatic system, and staff are skilled in advising on wine matches with food. **ISBD Pasteur, DI** 

#### **Beer Plaza**

Beer Plaza has an extensive range of international beers in stock. Connoisseurs will be pleased to find all of their favorite varieties of beer along with unique glassware. 94-96 Le Lai, DI

### **Boutique Cellar**

All about wine, lots and lots of wine. Priding itself in being the sole distributors of premium wineries around the world. **II Suong Nguyet Anh, DI** 

n Suong Nguyet Ann, E

### Shop Thai Duong

Beer, wine, & spirits importers. Previously known as Tan Mai. 54 Ham Nghi, Dl

#### **The Warehouse**

A premium wine importer, distributor, and retailer supplying wines from all over the world, the Warehouse also offers spirits, wine accessories, glassware and refrigeration to complement their customers' choices. **15/5 Le Thanh Ton, Dl** 

#### Vinifera

Established in 2002, Vinifera is one of the most reliable wine distribution companies in Vietnam.Offering prestigious wines from around the world at a great value. **ISC7 Thi Sach, DI**  JISTINGS COPYRIGHT @ 2014 ATEXPAIS

# Travel & Leisure

IMAGE BY SERGEY GURYAKOV AND JENIA USTINOVA







# **Heavenly Ascent**

The reward of tackling wild monkeys, hordes of snap-happy tourists and a 3,099-meter climb up Mount Emei in Sichuan, China

TEXT AND IMAGES BY SERGEY GURYAKOV AND JENIA USTINOVA

SHROUDED IN MIST, speckled with antiquated monasteries, and inhabited by bands of brazen macaques, the holy Mount Emei is the quintessential romantic image of ancient China. Two divergent paths of stairs and a smooth highway snake their way to the top, up more than 3,000 meters from sea level. There, Emei Shan promises to reward those who have come with some of the most spectacular scenery in the world - the Sea of Clouds, Buddha's Halo, Sacred Lamp, and Sunrise. As if these natural wonders are not enough, several magnificent temples and the ethereal statue of the many-headed Samantabhadra Bodhisattva riding the holy elephants preside over the Golden Summit.

Enticed by the promise of such rich rewards - a holy mountain that hosts ancient treasures throughout as well as spectacular natural wonders at the top - we set out for our three-day, 54-kilometer ascent to the summit of Mount Emei.

Now, China has an interesting way of dealing with all things holy, ancient, or anyway special to its cultural and historic heritage: bedazzle, Disney-fy, and pave the way for mass tourism. At its base, Emei Shan is no different. The national park is filled with paved roads and stretches of relatively flat stairs that provide easy access. The first several hours of our hike were filled with wondrous 'antique' cement sculptures, serving as a backdrop for swarms of Chinese tourists playing emperor-poet for the day. A bit further in, we hit a very picturesque stream and countless bridges across the rocks as well as signs warning of "joking monkeys." And then we saw them.

Dozens of macaques were scurrying up and down trees and chain link bridges, a few fed by tourists in exchange for photo ops. The whole scene was reminiscent of a zoo, except in a non-controlled environment. At one point a group of tourists who had just finished feeding the monkeys and taking pictures with them started to walk away, making their way across a lengthy chain-linked bridge. The monkeys, who clearly were expecting more for their troubles, followed, jumping one by one on each of the members of the group. In one swift motion backpacks were opened, belongings extracted, water and snacks consumed at lightning speed. Struggling was not an option - teeth barred, the "joking monkeys" refused to dismount their victims, biting and scratching those who put up a fight.

Terrified we seriously started to question whether our journey – filled with fake sculptures, hordes of tourists, and attacking critters – was going to be worth the effort. Thankfully, just around the



bend, away from the wild monkeys and agitated tourists, things started to look up - figuratively, and very, very, literally.

### Up and Away

The crowds, mostly interested in photo ops and definitely not in trekking, thinned out quickly. More than halfway through the day, and the bridge of terror behind us, we faced a staircase up into the fog. There was no turning back. So up we went, climbing the sturdy cement steps leaving the theme park behind us. The ostentatious man-made intrusion of steps dissipated quickly into the natural beauty of the endless mountain peaks and rich vegetation bathed in fog. Further up the mountain, the carefully constructed steps are actually fused with nature. In places rockslides have eroded the perfect stones and broken down the concrete hand railings. Tiny pagodas and impressive monasteries - erected centuries ago in celebration of Buddhism - provide a perfect breakpoint from the endless climb. Weary travelers can breathe in the heady incense for spiritual strength and take out the thermos to warm up for the next hour on the Stairmaster to heaven.

And so it goes on, for as long as the physical strength holds or until the sun sets – whichever comes first. We clocked eight hours the first day, coming to a stop at the Hongchungping Temple. Accommodation for those choosing to trek the mountain is beyond basic, but nothing that the brave souls undertaking the climb would blanch at. There is something to be said for sharing damp, cold quarters with the monks who tend to the holy grounds day in and day out. We turned on our electric heat blankets, filled up on hot tea, and drifted off to sleep to the sound of raindrops beating down on the window.

Day two began at dawn with stairs beckoning us onwards in the intense fog and rain. Filled up on delicious pancakes and Nescafe from Hard Wok café, we carried on. And on. Stairway of a hundred bends - impossible to verify the true number of hellish turns, as thoughts of sheer survival and perseverance caused us to lose count. But just as on the first day, day two was filled with jaw dropping scenery - the forests and waterfalls competing with pagodas and temples for the visitors' attention. Despite the ominous warning on the map of more 'joking monkey' areas, we made it through without coming into contact with the brazen critters until the base camp for the Golden Summit. A few times we heard the raucous noises from the forest along the way, yet no danger came our way.

Another eight-hour day of walking up and down thousands of stairs and we reached the reality check at the last plateau before the coveted mountain peak.

"We had climbed for so long, braved hordes of tourists and monkeys, slept in a room so damp and cold it could have been outside, surely the travel gods would reward us with a beautiful sunrise at the holy top..."



The area was filled with bussed-in tourists in ridiculous white high-tops, feeding the insatiable monkeys. Concession stands sold hot dogs and noodle soup, alongside a rental of parkas for the below freezing temperatures at the top. Exhausted and faced with fog so intense that we couldn't see our outstretched hands, we passed on the sunset at the summit, and hoped for better luck the next day. We had climbed for so long, braved hordes of tourists and monkeys, slept in a room so damp and cold it could have been outside, surely the travel gods would reward us with a beautiful sunrise at the holy top...

### Defeat

And so, there we were, up at 4:30am, incredibly sore and freezing cold. We had put on all the layers that we had brought on the hike and began to walk through the rain and hail. Climbing more stairs, we kept our eyes on the prize: the natural wonders at the apex of Mount Emei. As the dawn began to break, the awful truth emerged - there would be no sunrise or any of the natural wonders at the glorious Golden Summit. But we pushed on, hoping for a miracle. Alas, it was not to be. We climbed 54 kilometers to reach the top, only to be handed a big fat dud of a view. The fog was so thick that we could not even see the famed Samantabhadra Bodhisattva statue or any of the temples at the Golden Summit. The temperatures were frigid, and we were so tired. Defeated, we turned back and boarded the tourist bus to take us back to the base of the mountain.

Hours later and finally warmed up in our guesthouse, we reflected on our heavenly asscent up Emei Shan. Sure, we were disappointed in our luck, especially seeing others brandishing photos of the amazing sunrise they managed to capture just the day before. But you know what? Having climbed 54 kilometers of stairs through the fog, rain, tourists and brazen monkeys, our journey turned out to be more than just about the destination. To this day, our three-day trek was the most challenging adventure we have completed, and also the most rewarding. We did not see the wondrous Sea of Clouds or Buddha's Halo, but we have learned just how far and how hard we can go - which is a much more precious and special gift to us than the one we could take pictures of. The misty beauty that we saw on the way up, not shared with the crowds, is pretty mesmerizing as well.

**BIO:** Sergey and Jenia set out to see the world and have a bit of fun in August 2013. They quickly realized that travel is not a sprint, but a marathon and are in it for the long haul. They blog about their quest for a sustainable travel lifestyle at www. housetolaos.com.

### IF YOU GO

Mountain Emei is open all year round. From what we hear, predicting a good sunrise and clear views up at the top is near impossible.

Tickets cost Y185 (USD30) or Y90 (USD15) with student ID. Ticket checkers are posted at a few areas throughout the bottom of the mountain, so make sure to hang on to your admission voucher.

Accommodation is available in temples along the two trails and at hotels at the base camp for the Golden Summit. Be prepared to pay top dollar the higher up you go, lack of quality notwithstanding. Also, mind your daylight as temples are spread out throughout the mountain, and there is nothing worse than being stuck in the forest at dusk with wild fauna on your heels.

Vegetarian meals are available at temples for a symbolic fee; otherwise a few meal stands and snack shops are scattered throughout the mountain. Try legendary pancakes at the Hard Wok café right before Hongchungping temple.



# **Best of Barcelona**

Catalonia's seaside capital is a breezy antidote to manic Madrid

**TEXT AND IMAGES BY JESSICA BOWLER** 

#### ANTONI GAUDÍ'S BUILDINGS,

gorgeous beaches, and the popular central thoroughfare Las Ramblas - those all come to mind when you think of Barcelona. While they're definitely worth visiting, the Catalan capital is so much more than the typical "Top 10" sights. If you want to get off the tired tourist track and delve into the hidden side of the city, it's often only a matter of taking a few steps in another direction, quite literally. It's an experience far away from the overpriced dishes of microwaved paella they serve on Las Ramblas. Here's a guide to this enchanting city's best-kept secrets.

It's quite hard to find a truly undrinkable cup of coffee in Barcelona, but the city has a handful of exceptionally nice places. Try the trendy Born district, with its narrow winding streets filled with interesting eateries. If you're by the Palau de la Musica Catalan, nip down a side street (Verdaguer i Callís, 12) to find the Antic Teatre (The Old Theater), which has a wonderful treefilled patio perfect for a relaxing drink day or night. If you're lucky, you might be able to catch a performance or two as well; after all, it is a theater as well as a café.

Just a few streets down you'll find the Espai Mescladís (C/dels Carders, 35), a charming combination of an eco-friendly café, art exhibition, and social project. The food and drinks are locally sourced, and the art often focuses on issues specific to Barcelona, like a recent photography display of immigrants who had learned Catalan. It's also a fabulous place for a coffee or tapas to hold you over until dinner time.

### Stunning Views & A Tragic History

Barcelona isn't short on spectacular views; you can go up Montjuïc or to Parc Güell and see the city stretch from the mountains to the sea. But if you've got a little bit more time in your schedule, a stroll up to the bunkers at the Guinardó Park is decidedly worth the hike. Bordering the residential Horta-Guinardó district, this park has numerous trails for jogging or hiking.

Go all the way up to the top, and you'll see the remains of an old anti-aircraft defense shelter that locals refer to as "los bunkers." They've recently been

### "Go all the way up to the top, and you'll see the remains of an old anti-aircraft defense shelter that locals refer to as *'los bunkers.'"*

cleaned up, and you'll find a mixture of families out for the day and young people posing for glamorous photos against the spectacular backdrop. Take a picnic to the top and enjoy picking out landmarks like the Sagrada Família or the cable cars at the beach.

Plaça de Sant Felipe Neri lies right next to the Cathedral of Barcelona, but because it's tucked away in the maze-like streets of the Gothic Quarter, it can be tricky to find. It was constructed on the medieval cemetery of Montjuïc del Bisbe and was named in honor of an Italian Jesuit preacher who was beatified in 1615. It is a much-loved spot, esteemed by locals for both its beauty and history. However it remains relatively unknown amongst tourists, meaning it has retained its authentic, unspoiled charm.

But don't be fooled by its tranquil appearance. The square may be beautiful, but it has a very ugly history. This square was the scene of one of the most dramatic scenes of the Spanish Civil War. On January 30, 1938, in the midst of the combat between the Fascists and the Republicans, the nationalists dropped a bomb on the plaza, resulting in the deaths of 42 people, most of whom were children hiding in the church's basement for safety. The plaza was left destroyed and it was decided that the architect Adolf Florensa would restore it, although you can still see the pockmarks left by shrapnel in the surrounding walls

### Eating, Drinking & Gaudí

Hit Las Ramblas for dinner and you'll end up with a wallet a whole lot lighter and a tummy not much fuller. Instead, try hitting Enric Granados, a semi-pedestrian street behind the University of Barcelona, for



Plaça de Sant Felipe Neri



Gaudí's La Pedrera

charming cafés in the lower section and chic restaurants higher up the street.

And if you're on an even tighter budget, the Sant Antoni and Poble Sec neighborhoods are just a 10-minute walk away from Las Ramblas but bursting with cheap, delicious restaurants. My favorites are the terrace tapas bars on Career Blai, Caramba in Sant Antoni, and El Rincón del Cava in Poble Sec. Famous chef Ferran Adrià's younger brother Albert also runs a slew of restaurants in the Poble Sec area, including the famous Tickets, though you may have to make a reservation months in advance in hopes of getting a coveted seat at the dinner table.

"Gaudí" is practically synonymous with Barcelona, and the architect's stunning Sagrada Familia is the most iconic building in the city. Luckily for fans of Catalan *modernisme*, that's just the beginning of the whimsical works you can find in the city. Gaudí's two lesser-known works - the Palau Güell, right off Las Ramblas, recently opened up to visitors and has a roof to rival any of his more famous buildings; and the Casa Vicens in the artsy Gràcia neighborhood were just purchased with the intention of making it available to visitors (so if you were looking to buy a Gaudí



Hospital de Sant Pau

"It was an actual working hospital before undergoing four years of renovation. Now, all the medical activities take place in a newer, modern building, leaving visitors free to visit the original's extensive grounds"

If Gaudí isn't your style, then the Hospital de Sant Pau may be your kind of place. Until very recently, it was an actual working hospital before undergoing four years of renovation. Now, all the medical activities take place in a newer, modern building, leaving visitors free to visit the original's extensive grounds. It often gets overlooked in favor of more famous buildings and, in all fairness, it is just up the street from the Sagrada Familia, which is a pretty hard act to follow. But the Hospital de Sant Pau is actually the biggest art nouveau complex in the world,

so you get great bang for your buck with

piece, you just missed the deadline!).

the €8 entry fee.

### Secret Shield & Symbols

Perhaps the only thing that screams Barcelona even more than Gaudí is the FC Barcelona Fútbol Club. Many die-hard *azulgrana* supporters make something akin to a pilgrimage to visit the hallowed grounds of the Camp Nou stadium. Take a walk through the Born district, however, and you'll see why they *really* aren't joking when they say "fútbol is a religious experience here." The 14th-century Gothic church Santa María del Mar has an actual FC Barcelona shield hidden in the stained glass.

Why? The club's president helped

contribute some money to the restoration of the church, and in return they thanked the club with the shield. To find the shield, stand facing the altar and look to your left. You'll see a section of stained glass that looks decidedly more modern. That's where the shield is hidden, high up in the top level of the windows.

Not impressed with the tiny FC Barcelona shield? How about if I told you there was a secret symbol hidden all over the city? If you look hard enough, you'll start to spot bat sculptures all over Barcelona. They largely go unnoticed despite being on major city sites like Passeig de Gràcia (look on the lampposts) and the Boqueria Market (look at the entrance sign with the market's name).

The bat was briefly used as a symbol for the city, but is no longer in use. They don't make a big deal out of it, but if you keep an eye out you'll spot them perched on modernist markets, in the Ciutadella Park, and even on old versions of Barça jerseys.

**BIO:** Jessica Bowler is a translator and travel writer based in Barcelona. A UK native who grew up in California, the Catalan capital charmed her on a study abroad summer and she hasn't looked back since. Read more about her travels at www. barcelonablonde.com.

## Life's a Beach

Ancient charm and modern living

JUST FIVE MINUTES FROM the ancient town of Hoi An, isolated on a strip near the gateway of Cua Dai, lies the beautiful **Boutique Hoi An Resort**. Step beyond the main entrance and you will be greeted with a calm wide open space. At the center of the garden is a large swimming pool that can rival an Olympic pool. Lining the edge of the pool are soft cushioned long lounge chairs under white canvas umbrellas that beckons to be lounged on and relaxed in. Beyond the garden is a beautiful white sandy beach that stretches out toward the majestic east sea with its blue clear waters, eagerly inviting you for an afternoon dip.

The architecture of the resort is based on a traditional colonial style of the early 1960s, depicting a simple but luxurious design. The red tiled roofs complement the white facade of the main buildings offering a picturesque reflection on the surface of the center swimming pool. The designs also incorporate much of the natural sunlight into the building to emphasis the ambiance of the colonial theme in its design.

As the name implies, Boutique Hoi An Resort has only 82 rooms and villas facing the sea with private balconies and some have direct access to the breach from private terraces. The resort is small enough that they can provide special attention to guests to make their stay as enjoyable and memorable as possible. The rooms are divided into Superior, Deluxe, Boutique Deluxe, and Beach Villas. Guests staying in any of their spacious Beach Villas, which is only a few steps to the beach, can wake up every morning with a spectacular sight of the sun rising from the sea as it gingerly climbs up the horizon beyond the East Sea.

Only a few steps from the garden awaits the exclusive white sandy beach where guests can take a swim in the sea, or enjoy the breeze under the palm tree umbrellas that provide shade for the soft beach chairs that are dotted in the area. It also a great quiet place to catch up on a novel that you never had a chance to finish while sipping a cold refreshing cocktail, or two. Their Boutique Deluxe rooms are favorites for honeymooners and couples who want their stay to be as romantic and memorable as possible, each have their own private terraces for privacy. At night, they can view the reflection of the moonlight glittering above the sea and listen to the gentle sound of the clapping waves against the pristine beach.

Boutique Hoi An Resort includes a

few exquisite restaurants and bars. The main restaurant, Le Café, serves a buffet style breakfast while lunch and dinner are a la carte with various dining menus specially prepared by their chef with fresh ingredients and local catches of the day and Hoi An specialties. The Le Salon lobby lounge is the place to be with your friends or loved ones to enjoy your favorite cocktails in a colonial rustic atmosphere. Le Salon also boasts a great collection of wines from around the globe.

Right next to the large swimming pool is Le Spa where guests can be pampered by one of their therapists after a hard day out in the sun. After that, guests can visit the pool bar, La Piscine, right next to the pool to enjoy an ice cold beer or a favorite cocktail specially prepared by their talented bartenders along with various snacks and finger foods.

At Boutique Hoi An Resort one can relax and enjoy calmness and tranquility, soothing the mind as intended by nature, yet retaining the service of modern day amenities.

Visit www.boutiquehoianresort. com, call (0510) 3939 111 or email info@ boutiquehoianresort.com for more info.









The power of hotel amenities



Having visited nearly 60 countries as a travel writer and award-winning photographer, James Pham blogs about his adventures at FlylcarusFly.com



MOST OF THE time, when I travel, my hotel room is more than a box to sleep in for the night. Travel carries its own stresses, especially travel to new places where you might not speak the language or know the culture. For me, the days of a hostel dorm room or staying with 10 friends in a two-bedroom condo are long gone; having a comfortable room as a home base is starting to weigh more heavily when I plan my trips. That got me thinking – what exactly is it that gives a hotel that extra special touch?

Sure, there is no lack of over the top amenities out there, like the Viennese waltzes piped in underwater for swimmers at the Ritz-Carlton, Vienna, or the complimentary Porsche for a day (choose from a 911 convertible, Panamera Hybrid or a Cayenne GTS, as long as you return it the same day) at San Diego's Rancho Valencia.

But the best amenities don't necessarily have to cost a fortune to make guests feel like a million bucks. Sometimes it's the unexpected, like a complimentary minibar which I experienced at the boutique Ansara Hotel in Vientiane (Laos). I'm sure I didn't consume more than a few dollars' worth of products and it was certainly built into the room cost, but I totally didn't care. It was a welcome surprise, considering I had spent the previous night at the AirAsia budget hotel in Kuala Lumpur, where guests are literally nickel-and-dimed: everything was available for purchase, from a towel and toiletries to 12 hours of air-conditioning and 24 hours worth of

TV. I completely understand the pricing model – only paying for what you use and not subsidizing other people's preferences. But every now and then, it's nice to be pampered and surprised. Take room 2808 at the Four Seasons Resorts Lanai, Manele Bay in Hawaii. It may look like a normal room, but sprinkled throughout are complimentary amenities for sharpeyed guests, like a koa putter that can be exchanged for a round of golf at the Back Nine along with two complimentary drinks or the ukulele which when carried down to the Beach Hut on Hulopo'e Bay, unlocks musical entertainment or even a lesson.

I'm also a sucker for nice lotions and bath products and will usually load up on as much as I can get (as as much as can fit in my suitcase). Not only are they practical



to have around when house guests forget to bring a toothbrush or a comb, but bringing out a nice branded shampoo from my cache months after coming home from a trip has the ability to instantly whisk me back to some exotic locale. Some people remember where they were the day JFK got shot or when man first stepped foot on the moon. Me? I remember when I last used that bottle of Pecksniff's calming hand lotion (the Renaissance Bangkok Ratchaprasong Hotel) or that L'Occitane Verbena vegetable soap (the Four Seasons Lanai, Hawaii). And I'm definitely not the only one. Suzanne Wolko, a business manager from Philadelphia (USA) says: "I love the Firmdale hotels in London. The amenities are Miller Harris and at each stay the room has a new gift like a spa nail polish set or aromatherapy sleep spray. I bring it all home and relive London with each use."

In writing this column, I polled some frequent travelers on what amenities impressed them the most. Some found pleasure in simple things. "I love it when a hotel has a bathrobe; just a little thing but feels very luxurious!" said Stephanie Raley. "I also love when hotels have really good in-room coffee. No, not old school pots with tired coffee, but Keurig's and Nespresso's. Hotel Le Germain in Toronto wins the day with an espresso machine!" added travel writer Christina Saull. Upgraded versions of the expected also scored big. "The shower at the Shangri-La Resort we stayed at in Penang Malaysia had three different sets of heads/jets and a party of 12 could have fit easily into it," said Mike Hinshaw. "Instead of a standard shower, I had a private outdoor lava rock shower at the Four Seasons Hualalai. It was great but I did find teeth marks on my soap so not sure who else enjoyed the shower," said Kristin Francis, an attorney from New York City.

#### Raiding the Maid's Cart

While some hotels look at the price of amenities as a cost, others view it as an investment. Khuc Khai Hoan, Executive Housekeeper at the New World Saigon Hotel, says that in order to stand out, "the hotel monitors feedback and quality of amenities to ensure they are consumed with enjoyment. New World Saigon Hotel prides itself on offering a home away from home so it's really crucial that we offer the best amenities to ensure our guests can rest and relax in comfort." Those amenities include Elemis toiletries, a leading luxury British spa and skincare brand.

Personalized keepsakes also top my list of memorable amenities, like the high quality luggage tag that was once left on my suitcase at An Lam Villas Ninh Van Bay, prefilled out with all my details. Not only did it help my bag get to my room, but in a clever but useful marketing ploy, I still use it today. Repeat visitors to the Six Senses properties in Vietnam get initialed name tags on their bicycles. Each resort also has an extensive pillow and scent menu, offering a unique assortment of essential oils distilled on-site using lemongrass and/or kumquat clippings grown throughout the resort. The resort is in the process of creating a salt soak and seaweed soap in association with Spa Pure, using seaweed harvested in bays throughout Vietnam and formulated in conjunction with a local 'seaweed doctor'.

But according to Monica Majors of Six Senses in Vietnam, "it isn't the tangible gifts or amenities, per se, that play a role. Rather, it is the constant attention to details throughout a guest's stay. Take, for example, personalized service next to the pool: sunglasses cleaning; homemade atomizer spray; fresh fruit juices or skewers every 90 minutes. Or, random fresh fruit and healthy snack deliveries into the children's club during the day. A welcome or departure gift can definitely leverage memories after the guest leaves the hotel. Hopefully they are unique enough to create conversation later. The personalized bike tag sitting on someone's desk will surely initiate a conversation about a vacation. We all know that wordof-mouth is the best endorsement."

Can amenities sometimes be too good, though, tempting guests to raid the maid's cart or take what maybe they shouldn't take? Cassie Kifer who works in web communications in San Jose, California admitted: "I [once] took a pair of socks from a Japanese ryokan hotel. They were provided in the room with the traditional robe. They have a split big toe so you can wear them with flip flops — genius! I wasn't sure whether I was supposed to bring them home, but I did. I can't imagine they would wash them for reuse but maybe they do." For me, I'm partial to nice laundry bags, like the embroidered linen one from La Veranda Resort Phu Quoc. Not only are they great to separate dirty laundry from clean while on holiday, I like to use them after I come home to store all sorts of things from plastic bags to clothes waiting to be sent to the cleaner's.

Stéphane Eloit, founder of Natural Rendez-Vous which supplies exclusive bathroom amenities to high-end hotels in Vietnam and beyond, adds that the challenge of hotel amenities is they "must be special enough that people go 'wow!' but also must be acceptable by all: by French, by Japanese, by old, young, men and women.

When it comes to amenities, the big challenge for many hoteliers is they see it as a cost, something to minimize or avoid. They say: 'I've got to spend, so I'll put out the cheapest thing I can'. But it's something they'd never use personally. What about the rest of your hotel? Do you drink the coffee there or bring your own coffee from home? That's the message you're sending here. But I have to warn them that if they move to higher quality products, not only does the cost go up, but guests will start using them more, leading to an increase in price per unit and quantity. [However], other hoteliers understand that it's a very special part of the property. There are three things that touch the customers' skin - sheets, towels and amenities. It's the one product you can take away and remember. They see it not as a cost but as an investment."

## »The list Travel & Leisure



#### hotels

#### HO CHI MINH CITY

#### TWO STAR

#### Bali Hotel

Ideally-located for attendees to any exhibitions held at the Saigon Exhibition and Convention Centre, Bali Boutique is flash and modern in style with a little touch of the plush thrown in for good measure. **39 - 41 Hung Phuce Villas, D 7** 

54104747

#### Cat Huy Hotel

Cat Huy is the best-kept secret of the backpacker district, located in a peaceful and very local-looking alley close to the downtown area of Ho Chi Minh City, but culturally part of deep suburban Saigon.

353/28, Pham Ngu Lao, D 1 39208717

#### THREE STAR

#### **EMM Hotel Saigon**

The 56 air-conditioned guestrooms at EMM Hotel Saigon include laptopcompatible safes and minibars. Complimentary wireless and wired high-speed Internet access and in-room refrigerators are provided. 32-inch LED TVs are equipped with premium cable channels. All accommodations provide dests, safes, and direct-dial phones. **157 Pasteur, D3 01663221322** 

#### Ibis Hotel Saigon South

The 3-star Ibis Hotel Saigon South is located in front of Saigon Exhibition and Convention Centre and only IS minutes from the city centre. It features I4O rooms with free Wifi internet access, a restaurant/bar and 3 meeting rooms. There is a free Ibis shuttle available to and from the hotel to major corporate offices and the city centre. **73 Hoang Van Thai, D7** www.ibis.com

#### **Sunland Hotels**

Located about 35 minutes from Tan Son Nhat Airport, Sunland is a three star hotel with 90 rooms and suites. The hotel also comprise a Sky Bar and Sun Coffee Lounge.

302-304 Vo Van Kiet, D1 9922 3833 www.sunlandhotel.vn

#### Tan Hai Long Hotel & Spa

Three-star Tan Hai Long Hotel offers 106 rooms and suites, all boasting a view of the city and Ben Thanh Market. Its conference room can accommodate up to 110 people with modern facilities. It also houses two dining venues, the La Terrasse Restaurant and L'emotion Lounge Bar & Coffee.

14-16 Le Lai, D1 www.tanhailonghotel.com.vn 3827 2738

#### FOUR STAR

#### **Hotel Continental Saigon**

One of Saigon's oldest hotels, most

graceful colonial properties, and historic places to stay, it is perhaps most famous as the location where much of Graham Greene's The Quiet American was written in room 214. 132-134 Dong Khoi, D 1 3829 9201 www.continentalsaigon.com

WWW.continentaisaigon.c

#### Norfolk Hotel

Chic, warm exterior with boutique charms within, this property is an ideal escape for business travellers from the plasticity of chain hotels. **117 Le Thanh Ton, D 1 3829 3415** 

www.norfolkhotel.com.vn

#### Novotel Saigon Centre

One of HCMC's newest hotels, Novotel is located on busy Hai Ba Trung St, just within walking distance of downtown attractions. It's everything you'd expect from the international brand with 24-seven guest services and a broad dining offer.

167 Hai Ba Trung, D 1 3822 4866

www.novotel.com

#### Park Royal Saigon Hotel

Park Royal Saigon Hotel is an ideally placed conference hotel which caters to all MICE needs. The hotel offers a wide array of banquet services and can accommodate 30 to 300 guests. **309B-311 Nguyen Van Troi, Tan Binh** www.parkroyalhotels.com FIVE STAR

### Caravelle Hotel

Part of the city's modern history since 1959, few properties in Saigon are quite as iconic. A major center for foreign correspondents during the war, it has emerged as a plush and vibrant luxury hotel in the present era. Caravelle Hotel is one of the city's classiest icons and represents a true slice of Saigon's history while remaining one of its most luxurious places to stay. **19 Lam Son Square, D 1 3873 4999** 

www.caravellehotel.com

#### Equatorial Ho Chi Minh City

An international hotel located where the borders of the city's four main districts meet. The city's major commercial and entertainment area is only an 8-minute drive away.

242 Tran Binh Trong, D 5 38397777 www.equatorial.com/hcm

## InterContinental Asiana Saigon

Located in the heart of Ho Chi Minh City, the InterContinental Asiana Saigon is dedicated to providing local, authentic, and enriching travel experiences. Decorated in tasteful oriental flair, the hotel is dedicated to representing the charms of Asia and evokes the mystique of this beautiful continent and its cultures. Right next to Saigon's key landmarks, this hotel is ideally placed for high-class travellers and groups seeking a high standard of accommodation. Full MICE areas and facilities are on-site. **Corner Hai Ba Trung & Le Duan, DI** 

3520 9999 saigon@ihg.com www.intercontinental.com/saigon

## Lotte Legend Hotel Saigon

Classic hotel offering 5 star amenities along with a scenic view of the Saigon River, and providing a unique culinary experience with many options for fine dining.

2A-4A Ton Duc Thang, D 1 3823 3333 www.legendsaigon.com

#### **Majestic Saigon**

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One of HCMC's oldest and most characteristic hotels, the Majestic on the Saigon River with its grand French architecture is just a few steps away from Saigon's premiere attractions. OI Dong Khoi, D I 3829 5517

www.majesticsaigon.com.vn

## Moevenpick Hotel Saigon

An international hotel chain with Swiss roots, this comfortable hotel caters to both businesspeople and families with fine dining options, a fitness centre, and multiple conference rooms.

253 Nguyen Van Troi Apartments, Phu Nhuan 3844 9222

www.moevenpick-hotels.com

### New World Saigon Hotel

One of the most impressive business hotels in Ho Chi Minh City, with stunning views and 5 star amenities. 533 luxury rooms and suites offering the perfect ambience for concentrated work and undisturbed relaxation. **76 Le Lai. D 1** 

3822 8888 saigon@newworldhotels.com www.saigon.newworldhotels.com

#### Nikko Saigon

#### \*\*\*\*\*

One of the city's newest accommodation jewels, this lavish hotel is designed to make the maximum impression of austere Japanese-style class from the lobby upwards. This is one of the most luxurious hotels in HCMC, with classic, precise and elegant decor

235 Nguyen Van Cu, D 1 3925 7777 www.hotelnikkosaigon.com.vn

## Park Hyatt Saigon

Without a doubt the city's most luxurious hotel, Park Hyatt Saigon features French colonial inspired rooms, two award-winning restaurants, an outdoor pool and a stylish contemporary bar. The exterior is the result of meticulous research into the colonial architecture of the region. 2 Lam Son Square, D 1 3824 1234 www.saigon.park.hyatt.com

## Pullman

The 306-room hotel features a contemporary design, a wide range of technological facilities, four bars and restaurants and five meeting venues. Offers signature services including Welcomer, optimal connectivity with the Connectivity by Pullman concept (free high-speed wifi throughout the hotel, Quadriga's Personal Media Network mobile application), the Co-Meeting offer for business event and functions and Fit and Spa Lounge by Pullman. **148 Tran Hung Dao, DI** 

## Renaissance Riverside Hotel

A five-star hotel located in the heart of Saigon's business and entertainment district. The hotel's 336 rooms and suites offer an incredible view of the Saigon River as well as over the city. Each guest room is designed and furnished with discerning business and leisure travelers in mind. Choose a deluxe room or suite with large desk and ample lighting, in-room coffee and tea service, high speed internet, safe, well-stocked mini-bar as well as the jack bag (connectivity kit).

8-15 Ton Duc Thang, D1 3822 0033

www.marriott.com/hotels/travel/sgnbrrenaissance-riverside-hotel-saigon

## Rex Hotel Saigon

Rex Hotel has consistently won awards for being one of the best hotels in Asia. Impeccable dining options, great location, and 5 star amenities make this recently refurbished hotel a preferred destination for travellers with generous budgets.

141, Nguyen Hue, Ben Nghe, D 1 38292185

#### www.rexhotelvietnam.com

## Saigon Domaine Luxury Residences

High-class getaway hotel located out of the city centre on exotic Thanh Da Island, allowing guests to escape from the chaos of the city life while remaining close to the action. More hotel than apartment complex, The Domaine's private residences are classic and luxurious, making the most of the natural surroundings. **1057 Bih Quoi, Bihh Thanh** 

3556 1145

www.saigondomaine.com

## Sheraton Saigon Hotel And Towers

Located in the heart of Ho Chi Minh City vibrant business and entertainment district, Sheraton Saigon Hotel & Towers is a 5 star haven of convenience, connecting guests with colleagues and friends. 88 Dong Khoi, D 1 3827 2828

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sheratonsaigon@sheraton.com

#### Sofitel Saigon Plaza Hotel

The Sofitel Saigon Plaza is located

#### 3556 1145 www.saigon Sheraton S Located in 1 City vibrant district, She is a 5 star h connecting



in the city center, in the heart of the business district and close to Notre Dame Cathedral and Reunification Palace. 275 elegant rooms and 11 suites, a swimming pool, and a fitness center. **17 Le Duan, D 1** 

3824 1555 H2077@Sofitel.com www.sofitel.com/gb/hotel-2077-sofitelsaigon-plaza/index.shtml

#### Windsor Plaza

\*\*\*\*\*

Located in the heritage area of old Cholon, the Windsor offers authentic Vietnamese and Chinese hospitality with a mix of commercial, cultural, and retail experiences - and they put on a fine buffet.

18 An Duong Vuong, D 5 www.windsorplazahotel.com

#### **CON DAO ISLAND**

#### Six Senses Con Dao

\*\*\*\*

True to the Six Senses philosophy of selecting remote (but accessible) destinations in areas of outstanding natural beauty, Con Dao is an untouched and breathtakingly beautiful area. Con Dao has been built with the very lightest ecological footprint, with villas set up along a mile of sandy beach, sheltered by the green forested hills behind and with stunning vistas of the deep blue sea and the curve of the bay.

Dat Doc Beach, Con Dao, Con Son

#### DALAT

#### Ana Mandara Villas Dalat

\*\*\*\*\*

Ana Mandara Villas Dalat comprises seventeen restored French-style villas from the 1920's and 1930's, preserving the original design, décor and charm, is and set in the cool climate of the rural highlands of Central Vietnam. Striking views of the surrounding town and countryside abound from all areas of the gently sloping hillside property. Le Lai, Phuong 5, Dalat

## Blue Moon Hotel & Spa

Located in the heart of breathtaking Dalat, the Blue Moon Resort & Spa is designed to complement the natural beauty of the "City of Eternal Spring." Built opposite the popular and tranquil Xuan Huong Lake, Blue Moon is centrally located and convenient to Dalat's eating, shopping and entertainment spots.Much more than just a comfortable night's sleep, Blue Moon Resort & Spa invites you to experience true hospitality. 4 Phan Boi Chau, Dalat 67, Vietnam

www.bluemoonhotel.com.vn/bluemoon2

## Dalat Edensee Lake Resort & Spa

Dalat Edensee Lake Resort & Spa is perched on an idyllic location overlooking Tuyen Lam lake and gently undulating hills. It has four categories of rooms, including VIP villas, all with stunningly furnished rooms, spacious balconies offering sweeping mountain and/or lake view, and subtle finishing touches.

Tuyen Lam Lake, Zone VII.2, Dalat (063) 383 1515 www.dalatedensee.com

#### Dalat Green City Hotel 🖕 Oi's Pick

Budget hotel in the center of Dalat. Five minutes from most major attractions

in Dalat. Newly refurbished. Beautiful mountain and city views from the rooftop. Features free WIFI, TV, snack bar in all rooms. Coffee shop downstairs. Airport pickup by private car. Motorbike rental. Tour information. Laundry. Computers in lobby for public use. **172 Phan Dinh Phung, Dalat (063) 3827 999** www.dalatgreencityhotel.com

#### Dalat Train Villa & Cafe 🌢 Oi's Pick

Located near the Dalat Train Station, the Dalat Train Villa is for short or long staying guests. The villa is a restored 2-story French colonial-era villa. Next to the villa is a French train car, which has been renovated into a bar/cafe/restaurant. Romantic venue. From the lake, take first left after Dalat Train Station. **1 Quang Trung St, Ward 9, Villa #3** 

#### **Sofitel Dalat Palace**

Hotel Sofitel Dalat Palace is one of the most beautiful and amongst the few remaining historical hotels in Southeast Asia. Built in 1922 and meticulously restored in 1995 to its original grandeur, the Sofitel Dalat Palace offers individualized service in the finest tradition of Vietnamese hospitality. 12 Tran Phu, Dalat 06 3382 5444

info@dalatresorts.com

#### DANANG

#### Furama Resort Danang

The Furama Resort enjoys a stunning beachfront location on one of Vietnam's finest beaches, fringed by natural pines and coconut palms. Two four-storey wings overlook the ocean on one side and a freshwater swimming lagoon and manicured tropical gardens on the others.

Truong Sa, Ngu Hanh Son, Danang

## Fusion Maia

It is the first all-pool villa- style resort in the destination and offers 87 pool suites, spa villas, and beach villas each with modern, open-plan living and private courtyard with swimming pool. Customize-your-stay options and breakfast available at multiple locations are a few of the surprising offers in store.

### Truong Sa, Ngu Hanh Son, Danang

#### Pullman Danang Beach Resort

Located on the stunning white sands of Bac My An beach, the friendly and modern Pullman Danang Beach Resort is an oasis of fun. It has 187 guest rooms and cottages and offers warm and genuine Vietnamese service. The resort is perfect for a family holiday or a romantic beach getaway

Vo Nguyen Giap, Khue My, Ngu Hanh Son (O) 511 395 8888

info@pullman-danang.com

#### HALONG BAY

#### Novotel Halong Bay

A glimpse into contemporary Vietnam with echoes of the country's intricate past through its elegant interior décor. Sturdy polished stone, glass and marble stand against the delicate Asian textures of silk, wickerwork and carved wood. With sweeping windows and large mirrors, the hotel captures panoramic views of Halong Bay and its spectacular seascapes at every turn. Ha Long Road, Bai Chay Ward, Ha Long City info@novotelhalong.com.vn

#### **UAN CHAU RESORT**

Tuan Chau Resort is constructed in the style of classical French and modern Vietnamese architecture. This is the ideal place to find white sands, blue ocean, and the rejuvenative energy of the Vietnamese tropical sun. **Tuan Chau Island, Ha Long City** 

#### HANOI

#### Hilton Hanoi Opera

\*\*\*\*\*

This landmark of Hanoi was inspired by the famous Opera House located nearby. A hotel of great beauty and luxury, the Hilton stands in the city's fashionable and elegant French Quarter, and is within close range of the charming Old Quarter and bustling Business District.

1 Le Thanh Tong, Hoan Kiem, Hanoi

## Intercontinental Westlake

Superbly situated on the serene waters of Hanoi's West Lake and adjacent to the famous 800-year-old Golden Lotus (Kim Lien) Pagoda. Conveniently located and yet able to offer a retreat from the hustle and bustle of downtown Hanoi, the combination of spacious luxurious accommodations, facilities, and attentive Vietnamese hospitality make this the perfect place to stay for both the corporate and leisure traveler.

1a Nghi Tam Tay Ho, Hanoi

#### Sheraton Hanoi

Perfectly located by the shores of the largest lake in Hanoi and surrounded by a beautifully landscaped garden and courtyard, the hotel provides the perfect balance between tranquillity and convenience.

K5 Nghi Tam, 11 Xuan Dieu, Tay Ho, Hanoi

## The Sofitel Legend Metropole Hanoi

Features include 364 rooms and suites, excellent French cuisine at Le Beaulieu, Vietnamese specialities at Spices Garden, and Angelina – Hanoi's most "avant garde" Italian Restaurant & Lounge. Seven function rooms, a swimming pool, fitness centre and the Le Spa du Metropole are also available in the hotel.

15 Ngo Quyen, Hoan Kiem, Hanoi h1555@sofitel.com

#### HOI AN

#### The Nam Hai

A stunning all-villa resort located on the pristine China Beach featuring 60 onebedroom retreats as well as 40 privatelyowned two-to-five bedroom residences each with a private infinity pool. Hamlet I Dien Duong Village, Dien Ban, Ouang Nam

## Boutique Hoi An Resort 🌢 Oi's Pick

Boutique Hoi An Resort offers 82 rooms and villas, with all rooms facing the sea with private balconies. Other facilities include spa with 3 treatment rooms and 5 massage pavilions, fullyequipped gym, restaurant, lobby lounge and pool bar and conference facilities accommodating 80 guests for dinner functions and 130 guests for cocktail parties. Group 6, Block Tan Thinh, Ward Cam An, Hoi An City www.boutiquehoianresort.com

www.boutiquehoianresort.c

#### HUE

#### Ana Mandara Hue

Located a scenic 15km drive from central Hue, this is spacious resort with the largest villas and rooms in the area. The property includes private pool villas, beach villas, duplex and deluxe rooms in a wide range of styles and decor designed with complete and modern facilities.

An Hai Village, Thuan An Town, Hue Phu Vang

## La Residence Hotel & Spa

This former French Governor's residence dates to 1930 and is a masterpiece of art deco design. Its incredible location overlooking the Citadel and the Perfume River brings this 122-room hotel a total and serene tranquillity. The hotel features a 40m outdoor salt swimming pool at river height giving the illusion of merging into the Perfume River. Ideal for executive retreats and exotic incentives programmes. **5 Le Loi. Hue** 

#### NHA TRANG

#### **Evason Ana Mandara**

The exclusive location affords citycentre access to Nha Trang's only beachfront resort. It is surrounded by private tropical gardens, offering simplicity, serenity and refinement together with spectacular views of Nha Trang Bay. Unforgettable incentive experience.

Beachside Tran Phu Boulevard, Nha Trang

## Six Senses Ninh Van Bay

The resort is one of Asia's most exclusive and intimate beach escapes, sitting on dramatic Ninh Van Bay, with its impressive rock formations overlooking the South China Sea, white sand beach and towering mountains behind. Ninh Van, Khanh Hoa

#### Sheraton Nha Trang

Sheraton Nha Trang Hotel & Spa offers ten categories of accommodation – from spacious, deluxe rooms to 70m2 executive suites and a huge presidential suite. With exemplary conference facilities, this is the number-one MICE resort in the region. **26-28 Tran Phu, Nha Trang 05 8388 0000** 

#### PHAN THIET

#### Anantara Mui Ne Resort & Spa

The new face of the former l'Anmien, this resort offers an exclusive haven of luxury and relaxation in a spectacular beachfront location right in the heart of Mui Ne. The only property in the Mui Ne district with full conferencing facilities and a range of exclusive villas – and it has an impressive wine cellar. **Mui Ne** 

#### Muine Bay Resort

Located in the Mui Ne Bay and overlooking the Hon Lao pristine island of blue sea, Muine Bay Resort includes IO3 rooms in 4-stars standard of which 32 bungalows designed and inspired by the Cham Tower.

Khu pho 14, Mui Ne Ward , Phan Thiet



#### www.muinebayresort.com 0622220222



#### Novela Muine Resort & Spa 150-mete

beach resort that offers luxurious

accommodations, countless modern facilities and amenities with attentive services. A private and unique space in the heart of resort, Novela restaurant serves a daily breakfast, lunch, dinner and any other banquet with Asian and European cuisine. With two floors, guests can enjoy wining and dining and view the beautiful beach and sand hill. **96A Nguyen Dinh Chieu, Ham Tien** 

Mui Ne, Phan Thiet www.novelaresort.vn (62) 374 3456

#### Princess d'Annam

The two Empress Suites are the pinnacle of luxury accommodation in Vietnam – they are mini millionaire's mansions in themselves, fully-equipped, bright and spacious, and possessing of the same ethereal design quality that pervades this whole resort. Set in the remote Ke Ga Bay, wordlessly beautiful. Hon Lan, Binh Thuan 06 2368 2222

#### **The Cliff Resort and Residences**

Offers 128 rooms equipped with a myriad of amenities such as 3D smart TV, safe and mini bar as well as private bathroom. It boasts an extensive lap pool, a kid's pool and pool bar as well as submerged on deck swimming pool chairs. Its restaurant serves a selection of local seafood specialties and Western cuisine Zone 5, Phu Hai Ward, Phan Thiet www.thecliffresort-binhthuan.com

#### The Sailing Beach Resort

Offers a contemporary setting in sensual tropical harmony that befits its bay host. All 192 rooms, with spacious private balconies affording stunning ocean views, are scattered across tropical vegetation, ponds and rests steps from an endless

107 Ho Xuan Huong, Phan Thiet

#### WindFlower Beach Boutique Hotel

Located in the resort capital of Vietnam – Mui Ne Bay, WindFlower Beach Noti Ne Bay, Will of Note Search Boutique Hotel offers an intimate setting for guests to enjoy a getaway on the beach to its fullest. The hotel is home to 24 cozy deluxe rooms with services and sophistication that are expected from a beach boutique hotel.

76 Huynh Thuc Khang, Mui Ne (Vietnamese) (06) 2374 3969 / (English) 090 291 3969 www.windflowermuine.com

#### PHU QUOC ISLAND

### Chen Sea Resort & Spa

Located in a quiet bay, this resort allows guests to enjoy the peace and natural beauty of Phu Quoc while also enjoying the exclusive atmosphere that the location suggests and the resort offers

Bai Xep, Phu Quoc

#### Saigon Phu Ouoc Resort

\_ocated on a hill of coconut palm trees, Saigon Phu Quoc is a beautiful, quiet seaside resort with plenty of sunshine. Just 10 minutes from the airport, the resort is an ideal haven for relaxing, fishing, trekking, snorkeling, and scuba diving.

62 Tran Hung Dao, Phu Quoc 07 7384 699

#### La Veranda

The most distinguished of Phu Quoc Island's hotels and guesthouses, La Veranda sports paddle fans, butter-yellow exteriors, whitewashed louvers, and tropical gardens recalling a colonial plantation. Freestanding deluxe villas are notable for their sea-facing porches, spacious bathrooms, and cathedral ceilings

#### Tran Hung Dao, Duong Dong Beach

#### Paris Beach Resort 🛶 Oi's Pick

Owned and managed by a friendly and hospitable French-Vietnamese woman and her French husband, the resort is located about a 15-minute taxi ride from the airport. It has an outdoor swimming pool a private beachfront recreation room bicycles and a restaurant serving local and French food. Each room or bungalow has air conditioning, a mini bar, cable TV and free Wi-Fi. They also offer tours around the island. Cua Lap, Duong To, Phu Quoc

#### **OUY NHON**

#### Life Wellness Resort Ouv Nhon

A hide-away style spa and beach destination set in 13.5 hectares of private mountainous land and beach. The tranquillity, splendid views, Cham-inspired architecture and surroundings are so far unmatched in Vietnan Ghenh Rang, Bai Dai Beach, Quy Nhon, Binh Dinh

#### Bai Tram Resort and Spa

Bai Tram is based on holistic ideals and the search for environmental balance embodying the trend towards seeing ourselves, the natural world, and the man-made environment as one. Hoa Loi, Xuan Canh, Song Cau, Phu Yen VUNG TAU

#### The Grand-Ho Tram Strip

The Grand - Ho Tram Strip is Vietnam's first largest integrated resort and ultimately will include an 1.100-room five-star hotel, a world-class casino, restaurants, high-tech meeting space, an exclusive VIP area, as well as a variety of beach-front recreation activities. The first 541-room tower of this development opened in July 2013 with its casino including 90 live tables and 614 electronic game positions. The second 559-room tower is on track to open in 2015 Phuoc Thuan Commune, Xuyen Moc

District

#### cinemas & theaters



#### A O Show

A O Show is a unique blend of bamboo cirque, acrobatic acts, and **AO SHOW** theatrical visual drama. It depicts the charming beauty of Southern Vietnamese life in villages & cities, where the richness of its culture remains despite inevitable urbanization. Live traditional music which echoes of rural work songs, scenic and lighting design makes the A O Show, which is performed at the 115-year-old historic Saigon Opera House, worth seeing when you visit Ho Chi Minh City

7 Cong Truong Lam Son, D1 reservation@aoshowsaigon.com www.aoshowsaigon.com

#### **Ben Thanh Theatre**

Once the cultural center of District 1 when it was built in 1995, this is a good air-conditioned theater for Vietnamese shows & cultural activities that can accommodate over 1000 people. 6 Mac Dinh Chi, D1

#### **CT Plaza Megastar**

This theater complex offers close proximity to shops for shoppers and many other attractions. Large cinema complex on the 7th floor with 3D theatres and VIP room

Level 10, 60A Truong Son, Tan Binh

#### Galaxy

Vietnamese cinema showing international and domestic films. 116 Nauven Du. D1

#### Ho Chi Minh Conservatory Of Music

One of three conservatories in Vietnam, offering world class musical education and performances Concerts at the local Ho Chi Minh City Music School. 112 Nguyen Du, D1

#### **IDECAF Drama Theatre**

IDECAF is a theater holding French cultural exchanges as well as offering courses in French 31 Thai Van Lung, DI

#### **Saigon Opera House**

The Municipal Theater is a thriving performance centre with regular musical and cultural shows predominantly of the classical, highbrow, and top-dollar variety 7 Lam Son Square, DI

#### serviced apartments

#### **Diamond Island Luxury Residences**

Diamond Island Luxury Residences offers 68 fully-furnished apartments, ranging from two- to four-bedroom units with private balconies providing panoramic views of the stunning surroundings. Each apartment comes with a fully-equipped kitchen, en-suite bathrooms, separate work and living areas. Each lavish space features plush interiors, modern amenities, elegant furnishings and carefully chosen trimmings and fixtures, creating a luxurious harmony of comfort andtranquility that will have you relaxed and recharged, and functioning at peak performance.

No 01 – Street No.104-BTT, Quarter 3, Binh Trung Tay Ward, D2 096 829 3388 / 3742 5678

www.the-ascott.com

#### InterContinental Asiana Saigon Residences

It's a 31-floor tower with 260 rooms; the Residences offers superb panoramic views of downtown area and is part of the Kumho Asiana Plaza - the city's finest integrated complex featuring commercial, hotel, residential and a diverse choice of wining and dining outlets. They will also benefit from the preferred amenities at the InterContinental Asiana Saigon next door

Corner of Le Van Huu & Nguyen Du 3520 8888

#### **Norfolk Mansion**

A comfortable serviced luxury apartment in the city center, the Norfolk features an outdoor pool, gym & sauna, and high-class Cantonese restaurant. 17-19-21, Ly Tu Trong, D 1

#### Somerset Ho Chi Minh City

Designed with families in mind, it provides relocating executives the space and security to build a warm and comfortable home. Friendly staff are always on hand to help with local knowledge. You can join in a wide range of social, cultural and lifestyle activities, especially designed to help vou integrate into the local culture.

#### 8A Nguyen Binh Khiem, D1 3822 8899

www.somerset.com/vietnam

#### Somerset Chancellor Court

Each of these 172 spacious serviced apartments in District 1 is fullyfurnished with an open kitchen concept, contemporary western style décor, and a large balcony 21-23 Nguyen Thi Minh Khai, D 1 38229197

#### Somerset Vista Ho Chi Minh City

It has an extensive array of modern facilities and provides convenient access to a hypermarket, international schools, a medical clinic, retail outlets and offices

628C Hanoi Highway, D2 6255 9900

www.somerset.com/vietnam

#### **The Landmark**

The Landmark features serviced apartments, offices, luxury dining, sports clubs, swimming pool at the rooftop of the building with great views of the Saigon River. It offers one bedroom, two bedroom and three bedroom units for rent. Amenities offered include wireless broadband Internet access, 100 percent power backup, room service, maid service and laundry, 24-hour reception and airport shuttle service.

5B Ton Duc Thang, DI

www.thelandmarkvietnam.com

#### travel agencies

#### Asiana Travel Mate

Offering tours to magnificent scenic areas in Vietnam, Laos, Cambodia, Indonesia, and India - the firm has strong purchasing power in these regions, allowing it to offer heavily discounted rates 92-96 Nguyen Hue, D1

#### **Buffalo Tours**

A premium travel agency that helps travelers customize their itinerary and destination packages. From corporate to small tour packages available. 81 Mac Thi Buoi, D1

www.buffalotours.com.vn

#### **Exotissimo Travel**

Exotissimo Travel offers tours to Vietnam, the region and the whole wide world ! Local and regional tours for family and visitors are quick and easy to arrange, from standard to higher-end versions Less common requests are tailor-built for you by friendly online operators and/or the pleasant District 2 location office. A District 1 presence will re-open soon.

41 Thao Dien, D2 www.exotissimo.com

anphu@exotissimo.com

#### **Inside Asia Travel**

Inside Asia Travel is a boutique luxury travel provider of tailor made travel arrangements for English speaking expats and travelers through Southeast Asia. Guests enjoy highly personalized, bespoke travel arrangements suited to individual tastes and budget. www.insideasiatravel.com 3844 1005 (Ext: 221)

#### **Saigon River Tour**

Established in 1998, Saigon River Tour provides speedboat services and speedboat tours (ecotourism, Cu Chi Tunnels, Mekong Delta) from Bach Dang Pier. 10b Ton Duc Thang, DI

VGS COPYRIGHT @ 2014 ATEXPATS





#### IMAGE BY ADAM ROBERT YOUNG



Allena

## **Royale Chic**

Drawing from the ancient traditions of Hue, designer Huynh Hai Long captures the culture of this imperial city with his new collection. Green grass hugs the curving line of the Perfume River where traditional attire merges with modernity to create seamless beauty.





PRODUCER: NGUYEN TRAMY SET UP : HOANG DAO - HOANGDAO@SWOT.VN PHOTOGRAPHER: VU MINH TUAN MODELS : THUY TRANG, NGOC THUY - VIETNAM NEXT TOP MODELS



COSTUMES: HUYNH HAILONG MAKE UP: DUY LEE - 093 9281566 (DANG MINH MAKEUP ACADEMY) HAIR & STYLIST: GIAU TANG - KIM HIEN LOCATION: HUE RIVERSIDE RESORT & SPA



## My life as...

#### a bone cleaner, exhuming corpses to make room for farming

#### INTERVIEWED BY MICHELLE TA, NGO MAI HUONG, TINA THY PHAM AND NGUYEN HA PHUONG NINH IMAGES BY ADAM ROBERT YOUNG

HELLO EVERYONE, MY name's Thanh and I'm 55- years-old. I live in Xuan Canh village in Tu Liem District. I'm semi-retired now; used to work in construction. But that's just one of my jobs [smiles]. On the other hand, I'm still doing another job that's not like any other. I'm a bone cleaner. If I had to, I'd put it that way. I'm not really one of those professionals like at Van Dien or the other cemeteries. I mainly exhume for relatives, neighbors, or other acquaintances who need my help.

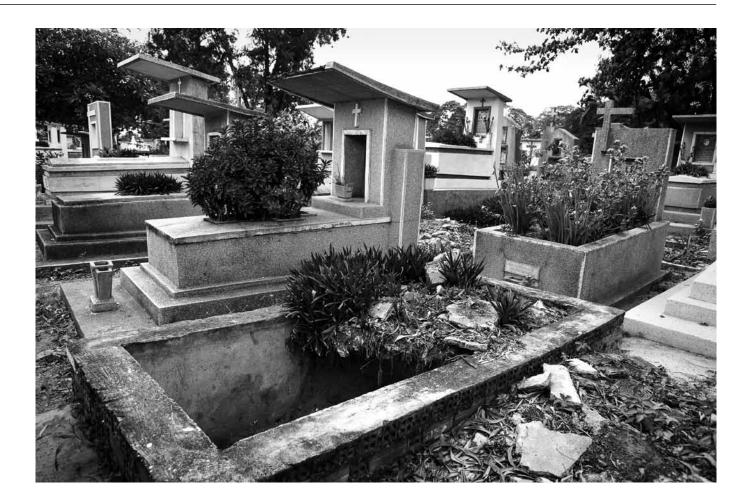
I know a lot of people are freaked out by the work I do. One time, when I was being introduced to some new people, I decided to tell them I was a bone cleaner. I wanted to see how they'd react, and it was just as I expected! They grimaced unintentionally; eye contact wasn't natural like before, some of them even choked while eating. Exhuming bodies isn't my main job, but even so, it still hurts to see how people react; it's a decent job, so what's wrong with it? But ever since then, I don't introduce myself as a bone cleaner when I meet new people anymore. It's partly because I don't want my kids to be put in an awkward situation. If adults behave that way, just imagine how kids will react.

My first time exhuming a body was in 1997; yup, that sounds about right. That was when one of my relatives asked me to do it. I guess everyone in the family thought I was the right age for the job. Because it was for a family member, I accepted. I thought nothing of it - just digging up bones, that's all. But when the grave was finally dug up and I got ready to open the coffin, suddenly I felt freezing cold and both my hands went numb.

I remember those sensations very well, the feeling of facing a different world for the first time, the world of the dead. When I opened the coffin lid and saw the remains inside, suddenly I felt confused, my hands and feet were shaking and I didn't know what to do. Somebody next to me gave me a nudge and I slowly remembered what I'd come there for.

You've got to exhume bones in the right order. You exhume the skull first, then the bones of the left arm, the right arm, the thigh bone and shin bone of the left leg, then the right; after that, each rib bone, and then finally the vertebrae. My job is to climb down into the grave, lift each bone out of the coffin and clean the sediment off with water. Then I give it to someone else standing at the side of the grave, who washes it again with water that's infused with cardamom and cinnamon. After they're all cleaned, we put the bones inside a smaller coffin. By then, my work is pretty much done.

After I exhumed my first body, some other family members asked for my help. Gradually I got more and more familiar with the work. Then word started getting around, so after a certain point — I'm not even sure when — exhuming turned into another job of mine [smiles]. My wife, of course, doesn't want me to do this anymore. She wants me to retire completely, but when people ask me, I can't refuse. I do this job to help others, not to make a profit. Usually when I exhume for a close relative, I don't take any money, I just eat the meals they offer me in gratitude. As



## "When the coffin lid was lifted, everyone was shocked to see the body with its flesh still intact. We had to pour two five-liter bottles of pure alcohol over the body to try to strip off its flesh"

for other people, I take about VND500,000 or VND700,000. The way I see it, the main thing is to help other people and accumulate merit for future generations.

My wife may not like this job of mine, but she's still very caring. Every time I come home from exhuming a body, she heats up a tub of water with herbs in it for me. This helps get rid of the odor when I bathe. And before I head out, she prepares all my work clothes and gear for me: a raincoat, a mask, rubber boots, and gloves. I actually didn't use gloves the first few times. To tell you the truth, those times were a bit disturbing.

Talking about disturbing, I have to tell you my most frightening story. It happened when I was exhuming a body not far from here, in fact. When the coffin lid was lifted, everyone was shocked to see the body with its flesh still intact. We had to pour two five-liter bottles of pure alcohol over the body to try to strip off its flesh. And even after all that, I still had to put the bones in a nearby pool of water to rinse them off. After coming home, I couldn't eat, couldn't sleep... lost a few days because I was so haunted by the vision of what I'd seen. But I still couldn't refuse when the next person came by and asked me to exhume a grave. My wife got really upset at me then, asking me if I wasn't afraid of exhuming again. I kind of just smiled at her. What else could I do?

People usually exhume bodies at the end of the year when the fields are dry. According to the custom in these parts, we should exhume the body between midnight and 3am, when the winds are quiet and before the sun rises. People don't want to expose human remains to sunlight; that's what Vietnamese people believe, that yin and yang are opposed to one another. The family has to consider all these factors carefully when they're choosing when to exhume the body. If the time is right, then it should be done, no sooner and no later.

I may not be a professional bone cleaner, but I'm pretty good. It's partly because of my experience and partly because I'm careful about what I do. There was a time one winter — it was freezing cold and the rain was drizzling — I came down with the flu right there at the cemetery. But the correct day and time had come. My sense of responsibility meant I just couldn't let the family down. So I dragged myself to the graveside and got the job done. The thing I fear the most are nights when it's rainy and windy, even if I'm wearing a raincoat, I'll still be shivering by the end of it.

These days, people are cremating the dead more and more. I actually hope cremation becomes popular in places like my village, so we can save more land for farming. Cemeteries encroach on scarce farmland and pollute the soil and the groundwater. I'm not worried about being put out of a job; I just hope that we can find ways that the world of the living and the world of the dead can continue to coexist peacefully in the future.

Additional editing by Gerard Sasges Excerpted from It's a Living: Work and Life in Vietnam Today, available in paperback

on Amazon or as an e-book on

iTunes (scan code).

## >>The List Education



#### education

SCHOOLS [CHILDREN]



## ABC International School (ABCIS)

Inspected and judged an outstanding school by British Government Inspectors (October

2013), the ABCIS is one of the few schools worldwide awarded this Department for Education rating Progress of students puts the ABCIS among the top 8% of schools in the world. Providing education for 2-18 year olds in a supportive and friendly environment, it delivers a culturally adapted version of the British National Curriculum supported by Cambridge & AQA IGCSE and AS/A levels. Students are prepared for Universities in the UK, USA, Australia, Korea and Canada. Enquiries and Admissions Tel: 5431 1833/34/35/36 Email: office@theabcis.com www.theabcis.com

#### American International School

Founded in 2006, American International School (AIS) is a private, coeducational, university-preparatory school for students from preschool to grade 12. The language of instruction is English. The school offers standard American curriculum with a complement of performing arts, visual arts, music and sport programs Elementary School (102C Nguyen Van Cu. D1)

Middle School (35 Nguyen Huu Canh, Binh Thanh)

High School (781/C1-C2 Le Hong Phong, D10)

#### **APU International School**

Operating since 2004, APU International School is a private coeducational international school enrolling students from Kindergarten to Grade 12. Instruction is conducted in English, but there is an English Language Development (ELD) program available to students who require it. It is currently a member of the College Board, and is an official SAT testing site.

Elementary (501 Lac Long Quan, D11) Middle and High School (286 Lanh Binh Thang, D11) www.apu.edu.vn

#### Australian International School (AIS)

The Australian International School is an IB World School with three world class campuses in District 2, HCMC, offering an international education from kindergarten to senior school with the IB Primary Years Programme (PYP), Cambridge Secondary Programme (including IGCSE) and IB Diploma Programme (DP). Xi Campus (Kindergarten) 190 Nguyen Van Huong, D2 Thao Dien Campus (Kindergarten & Primary School) APSC Compound . 36 Thao Dien, D2 Thu Thiem Campus (Kindergarten, Primary, Middle & Senior School) East-West Highway, D2 3742 4040 www.aisvietnam.com





approved by the British Government, BIS provides a British style curriculum for an international student body from pre-school to Year 13. The school is staffed by British qualified and trained teachers with recent UK experience. Fully accredited by the Council of International Schools and a member of FOBISIA, BIS is the largest international school in Vietnam. An Phu Primary Campus

225 Nguyen Van Huong Street, D2 3744 4551

apprimary@bisvietnam.com An Phu Secondary Campus 246 Nguyen Van Huong Street, D2 3744 2335

apsecondary@bisvietnam.com Tu Xuong Primary Campus 43-45 Tu Xuong Street, D

3932 0210 txprimary@bisvietnam.com www.bisvietnam.com

#### **Canadian International School**

Now in its fifth year of operation with a student population of 700 students in grades K-12, CIS- VN has received approval from the Ministry of Education and Training in Vietnam and the Department of Education and Training in Ho Chi Minh City to accept both Vietnamese nationals and expat nationals. The school's language of instruction is English. No 86, Road 23, D7 www.cis.edu.vn



#### Deutsche Schule Ho Chi Minh City International German School

Deutsche Schule (IGS) offers a German curriculum

from Early Years to Grade 12 which is approved and supported by the German government. IGS is staffed by native German, Vietnamese and English speakers who have many years of teaching experience. We offer a link between Vietnamese and German culture, an international program with German standards and the immersion of German culture into day life. 12, Vo Truong Toan, 

DEUTSCHE SCHULE

An Phu 08 37 44 63 44 info@igs-hcmc.de www.igs-hcmc.de



A bilingual school, HIBS opened in 2005 and applies 100 percent of the Vietnamese national curriculum, MOET, as well as providing students with an intensive English program along with teaching science and math in Enalish.

6 - 6A - 8, 44 Street, D2 hibsvietnam.com



## European International School HCMC

The European International School Ho Chi Minh City (EIS) offers a supportive and challenging academic education from Early Years to Grade 12 (K-12) an. EIS promotes inter-cultural understanding and respect, not as an alternative to a sense of national identity, but as an essential part ol life in the 21st century. Its motto is "Educating Global Citizens" Thao Dier ampu 730 F-G-K Le Van Mien

DX

Street Thao Dien, D2 www.eishcmc.com

#### **Fosco International School**

Caters to pre-school children from 18 months to 4 years and elementary students from 5 to 12 years. It offers enrolment opportunities to both local and expat children providing childcare services, comprehensive pre-school and kindergarten programs and an internationally aligned elementary school curriculum.

40 Ba Huyen Than Quan, D3 3930 5930 www.fis.edu.vn

#### **Kids Club Saigon**

Early childhood centers in Phu My Hung offering creative play-based programs for children ages 2 to 5. Known for unique facilities, experienced staff, high-quality learning resources, and small class sizes

79/7 Pham Thai Buong, D7 27/3 Ha Huy Tap, D7 5412 5944 www.kidsclubsaigon.com

#### **Kinderworld International** Kindergarten

KinderWorld International Kindergarten has been in operation since November 2006 and offers both international and local kindergarten services for children aged 1.5 to 5.5 years old.

The Manor Building, 91 Nguyen Huu Canh, Binh Thanh 3514 3036

enquirv@manorhcmc.kinderworld.edu.vn

#### **International School Saigon Pearl**

ISSP is an elementary school for children 2 to 11 years of age. Offers an academically rigorous American curriculum. The school has several smartboards, projectors and an independent IT suite that allows students the opportunity to interact with technology to enhance learning. 92 Nguyen Huu Canh, Binh Thanh

082227788 www.issp.edu.vn

#### L'atelier

Classes include spelling and grammar tuition after school, monitoring for the French education program, preparing for official tests (DEFL, DAFL, TFL, IB), and Vietnamese lessons, including extra-curricular activities during the holidays.

33/19 Quoc Huong, D2

3744 6844 www.latelier-anphu.com

#### Montessori International School of Vietnam

The school seeks to enable all its pupils to achieve their fullest potential by providing them with a nurturing and stimulating environment, and by being sensitive and responsive to their individual needs. Their curriculum is designed based on Montessori methodology and practice, and is enhanced with a variety of programs. 42/1 Ngo Quang Huy, D2 3744 2639

www.montessori.edu.vn

#### Noah's Club

Providing high quality care & education for kids aged 1-6 in District 2 . Various creative & fun programs, beautiful outdoor space with a warm family feeling and more.

No3, Duong so 4, Nguyen U Di, D2 3744 4709 noahandmum@vahoo.com.vn

IGS COPYRIGHT @ 2014 ATEXPATS





Renaissance is an International British school providing an inclusive curriculum based upon the British curriculum complemented by the International Primary Curriculum and International Baccalaureate The school has made a conscious decision to limit numbers and keep class sizes small to ensure each student is offered an education tailored to meet his or her individual learning needs. It is a family school providing a stimulating and secure learning environment with first-class facilities including a 350-seat theatre, swimming pool, mini-pool, play-areas, gymnasium, IT labs, music and drama rooms, science labs and

an all-weather pitch. 74 Nguyen Thi Thap, D7 3773 3171 ext 120/121/122



#### Saigon South International School

Founded in 1997, Saigon South International School seeks to

SSIS enrolls over 850 students in Early Childhood – Grade 12 from over thirty-three countries in a spacious sixhectare, well-equipped campus. 78 Nguyen Duc Canh, D7 www.ssis.edu.vn



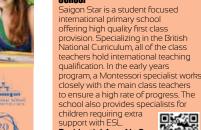
#### The International School Ho Chi Minh City (ISHCMC)

The most established school in Ho Chi Minh City is celebrating 20

vears of success in 2013, ISHCMC is the only school in HCMC with full accreditation to teach all three IB programs to students from 2 to 18. ISHCMC is fully accredited by both the Council of International Schools (CIS) and the New England Association of School and Colleges (NEASC), two of the most prestigious international accreditation organisations. ISHCMC has 975

students from over 50 different nationalities enjoying 回結回 recently upgraded facilities





**Saigon Star** International

School



## Singapore International School at Saigon South

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Commenced operations in August 2008, The Singapore International School at Saigon South (SIS @ SS) is a purpose-built international school campus that has a capacity of 625 students. It operates classes from kindergarten to senior high school No 29, Road 3, Trung Son Residential Area, **Binh Chanh** www.saigonsouth.sis.edu.vn

#### Vstar School

WEDDING

Vstar School provides education from Grades 1-12 in a spacious 30,000m2 environment including a sports field and swimmina pool.

Him Lam Residential Complex, Nguyen Huu Tho, D7



#### The American School of Vietnam

The American THE AMERICAN SCHOOL School of Vietnam (TAS) is a young school

that has been granted candidacy by the Western Association of Schools and Colleges (WASC), representing 20 nationalities. TAS provides an American-based curriculum with rigorous performance standards and a variety of academic offerings including Advanced Placement courses, university credit courses through our partnership with Missouri State University, and an Intensive ESL Program for English Language Learners. 177A, 172-180 Nguyen Van Huong st., Thao Dien ward, D2, HCMC

www.theamericanschool.edu.vn 08 3519 2223 , 08 3519 2224 info@tasvietnam.edu.vn

#### SCHOOLS [ADULT]

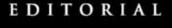
COMMERCIAL

## Cetana PSB Intellis International College

PSB College is an Internationally-Recognized Singaporean Institution specializing in business programs ranging from Business Administration & Marketing, Accounting & Finance, to Hospitality & Tourism Management. 144-146-148 Le Lai, D1 www.psbcollege.edu.vn

accommodate an increasing need for American education for both local residents and expatriate families.

P



## Η Τ 0 G R P Η E R 0 A



WWW.QUINNMATTINGLY.COM QUINN@QUINNMATTINGLY.COM +84 (0) 128 569 8144



## >>The List Health & Beauty



#### ladieswear

#### Anupa Eco Boutique 🖕 Oi's Pick

The boutique has been converted into an eco-boutique which houses the complete Anupa leather collections and semi precious jewelry as well as up-and-coming eco designers both locally and internationally such as ready to wear mens linen shirts, ladies cotton dresses, chicken leg watch straps bamboo glasses and scarves with pendants

#### 9 Dong Du, Dl

www.anupa.net / facebook: anupaluxury

#### Gava

A high-end shop that sells cocktail and party dresses by French-Cambodian designer Romyda Keth. Gaya has specializes in home interior products. 1 Nguyen Van Trang, D1

#### Kelly Bui

Launched in April 2010, the shop sells the most recent collections by the brand. The collections shown on the website are the same as those in-store. B1-24, Vincom Center, 70-72 Le Thanh Ton D1

#### Valenciani 🖕 Oi's Pick

Highly respected Vietnamese designer whose collections are featured in ELLE Vietnam and Vogue Vietnam. 1F/12 Saigon Centre, 65 Le Loi, D1

3821 2788 090 785 5788

menswear

#### **Anna Vo Fashion Boutique**

A popular designer currently in Saigon, Anna Vo produces seasonal collections inspired by her time in Europe and Vietnam as well as aiming to be both beautiful and functional. The boutique also carries pieces from her mother Thuy Nga's collections as well as high quality imported accessories. Each collection includes both menswear and womenswear. 23 Dong Khoi, D1

#### Boniour

A fashion boutique at the Vo Van Tan/ Cao Thang T-intersection providing an exhaustive range of one-off fashion pieces and accessories with both a , modern and vintage feel. Prices are affordable for both men and women and come in a range of sizes to suit most customers. 446 Vo Van Tan, D3

#### gyms

**Ais Sports Complex** 

Open to the public, the center has a 25m swimming pool, basketball court and an astroturf play area. Inquire about

special packages. APSC Compound, 36 Thao Dien, D2 www.aissportscentre.com

### Amarvska Kamionko

Private fitness trainer, assisting in full body workouts, toning & strength training for females. Sessions often at clients' homes or at their designated

gyms. personalfitnessathome.blogspot.com

#### **Body By Jovie**

Body By Jovie is a boutique personal training center and yoga studio, catering to individuals demanding diversity, challenge and results. It specializes in one on one session and also offer a full range of classes such as yoga, TRX suspension class, belly dancing, Zumba and outdoor boot camp

#### Riverside Residence, Nguyen Luong Bang, D7

info@bodybyjovie.com 7am - 9pm (Weekdays) and 7:30am - 7pm (Saturdays)

#### **California WOW**

The first and largest international fitness company to open in Vietnam Provides world class fitness services and products in a state-of-the art 5-star fitness and entertainment facility. 126 Hong Bang, D5 28-30-32 Le Lai, D1 5 Nouven Tat Thanh, D4

#### **Christina Eberlin Yoga Teacher**

Christina graduated from Virajati 300hr yoga teacher training in Thailand. She is offering private yoga classes and group classes. For more information you can reach her at Christinaeberlin@gmail.com or 093 849 2461

#### Cyril And You

French physical instructor Cyril specializes in sports conditioning, resistance training and senior training along with designing a personal fitness program to fit your needs. Thao Dien, D2: 094 777 1326 www.cyril-and-you.com

#### Get Fit Gym

Located on the 3rd floor in the H3 Building, this international-standard, gym offers a steam bath and sauna, yoga, kickboxing, rumba, salsa, merengue, cumbia and reggaeton classes

384 Hoang Dieu, D4

#### **K1 Fitness & Fight Factory**

A well-known brand name founded by a group of professional kickboxers and now present in France and Southeast Asia, including Montpellier and Phnom Penh as well as here in Saigon. 14 Duong 38, Nguyen Thi Thap, D7

#### Nicky's Zumba® Fitness Studio

They offer Zumba®Fitness, Yoga, Cross Fit. Pilates Personal Fitness, Nurtition Advice and Hip hop kids, Aerobic kids,

ZumbAtomic® Available at: Panorama-Fitness (206 Tran Van Tra, D7), Fit & Fun Club (Sky Garden 2, D7), Cyril&you (49a Xa Lo Ha Noi, D2), and Sommerset (8 Nguyen Binh Khiem, DI). 093 406 0735 or 6680 7226 zumba.nutrition@gmail.com www.zumba-saigon.com

#### Nutrifort Fitness

Aiming to be the voice of health and fitness in Vietnam, Nutrifort provides clientele with proper tools and teaching methods to keep the mind and body fit and healthy. Clients also learn about

insider's guide for foreign residents - website launching 2013 nutrition to nourish and maintain their

health 2B1 Chu Manh Trinh, D1

#### Saigon River Club

Located in Ruby Tower at the Saigon Pearl, Saigon River Club is equipped with the very latest in fitness technology. It has a fully-equipped sauna and steam room and a large outdoor pool with jacuzzi. Ruby Tower, 92 Nguyen Huu Canh, Binh Thanh

#### **Star Fitness Bitexco**

Located in The Manor Tower, this gym is not only a fitness center it includes other specialized classes such as yoga, belly dancing, kick boxing, zumba, body toning, and so on.

Level 1, 91 Nguyen Huu Canh, Binh Thanh 3514 0255

#### Soa InterContinental & Healthclub

Guests will have access to a 20-meter outdoor lap pool complete with a sundeck, a 160-square meter spacious fitness centre with the latest generation cardio and resistance equipment, plus a personal program of fitness classes. 3rd Floor, InterContinental Asiana Saigon Corner of Hai Ba Trung & Le Duan, D1 spa@icasianasaigon.com 8am - 9:30pm

#### The Health Club

The Landmark Health Club is located on the 15th and 16th floors of The Landmark serviced apartments, and offers a fully equipped gym, rooftop swimming pool, and a squash court. It also features male and female changing facilities and saunas

#### 5B Ton Duc Thang, DI

hc@thelandmarkvietnam.com

#### **The Crescent Wellness Club**

Overlooking The Crescent complex's lagoon, this multi-purpose and organically designed fitness and wellness centre offers an array of modern facilities including a state-ofthe-art gym, group fitness classes, yoga sessions, a squash court, swimming pool, steam bath and nutrition bar. 3rd Floor, Crescent Plaza 105 Ton Dat Tien, D7

#### X-Rock Climbing

With two locations in the city, this wall in An Phu stands at 26 meters. The center offers nine levels from beginners to hardcore.

503A Nguyen Duy Trinh, D2 www.xrockclimbing.com

#### Yoga Club

Yogo fitness center for both men and women 18 Street Number 2, D2

#### clinics

#### American Chiropractic Clinic

American Chiropractic Clinic is a chiropractic, physiotherapy, and foot care clinic in the Heart of Saigon. We are staffed by American and French-trained Chiropractic Physicians and Vietnamese Physical Therapists. 161-161A Hai Ba Trung, D3 www.acc.vn

#### American Eye Center

Provides eye care services to adults and children by an American Board certified ophthalmologist with 17 years of experience. The American standard facility is equipped with state of the art equipments for the early detection and treatment of important eye conditions such as Lasik, Cataract surgeries to Presbyopia, Glaucoma and Diabetic eye disease. Cosmetic procedures such as eyelid surgery and Botox injections are also available

5th floor Crescent Plaza, 105 Ton Dat

Tien, D7 08 5413 6758

www.americaneyecentervn.com

#### Animal Rescue & Care

Atexpats is Ho Chi Minh City's first truly comprehensive

Abandoned and wild cats and dogs can be adopted or fostered from their online database. ARC also organizes several animal welfare education and low-cost spaving campaigns

31-44 Thao Dien, D2 www.arcpets.com

#### An Phy International Clinic

An international standard clinic with a full range of specialist and modern medical equipment with a dedicated team of professors, doctors, experienced nurses

251A Luong Dinh Cua, D2 6660 6602 www.dakhoaanphu.com

#### **Family Medical Practice**

With a nationwide operational advantage, they provide international standard medical services in a safe, professional

and welcoming environment. 95 Thao Dien, D2 3744 2000 www.vietnammedicalpractice.com

hcmc@vietnammedicalpractice.com 8am-6pm Monday-Friday, 8am-2pm Saturday

#### Australian Clinic & Pathology Diagnostics

The Australian Clinic, Pathology & Diagnostics (ACPD) is comprised of a medical outpatient clinic and associated pathology laboratory. The clinic hosts highly trained and experienced medical specialists.

273 - 275 Ly Thai To, DIO

#### Columbia Asia Saigon Clinic

Beautiful international clinic a short distance from the cathedral, with exemplary standards of healthcare for walk-in patients 8 Alexandre De Rhodes, DI

#### **Centre Medical International**

Centre Medical International was created in 1992 by Pr Alain Carpentier and Dr Duong Quang Trung, director of the health service of HCMC. In the heart of the city, just near the Notre-Dame Cathedral, French and Vietnamese doctors provide high quality medical service in 12 specialties: General and tropical medicine, Cardiology, Gynecology, Traditional oriental medicine, Ophthalmology, Speech and language therapy, Osteopathic, medicine, Pediatrics, Psychiatry, Psychology, Psychomotor Therapy, and Dietetics. All our profits are dedicated to the Heart Institute which helps deprived Vietnamese children to pay their cardiac surgery.

1 Han Thuyen, DI 3827 2366 www.cmi-vietnam.com



#### **David Shepherd Chiropractic Clinic**

DSCC provides Chiropractic care for patients using state of the art physiotherapy equipment imported from USA. DSCC is managed and operated by American doctors who use modern and advanced technologies techniques to ensure safe, gentle, and effective treatment.

41 Noi Khu, Hung Gia 3, D7 www.saigonchiropractic.com

#### **Diag Center International**

Situated in Ho Chi Minh City, Diag Center International is a diagnostic testing center, which consists of a team of thirty Vietnamese staff, and operates under French medical biologists and assisted by a group of Vietnamese medical technicians trained in France 146 An Binh, D5

#### **Family Medical Practice**

With a nationwide operational advantage. they provide international standard medical services in a safe, professional and welcoming environment 95 Thao Dien, D2

www.vietnammedicalpractice.com hcmc@vietnammedicalpractice.com 8am-6pm Monday-Friday, 8am-2pm Saturday

## Hanh Phục International Women & Children's Hospital

Hanh Phuc International Hospital aims to be the leading private healthcare provider for women and children in Vietnam. Designed and managed up to Singaporean standards, the 260-bed Hanh Phuc Hospital aims to provide a comprehensive range of quality healthcare services to women and children with a personalized touch and in a warm and friendly atmosphere 2nd floor Saigon Trade Centre, 37 Ton Duc Thang, DI

#### Institute of Traditional Medicine

Established in 1975, the Institute of Traditional Medicine is a holistic research and teaching hospital. Patients are treated using traditional medicines, some of which are produced by the institute itself. Some doctors speak English and/or French, and acupuncture lessons are on offer 273-275 Nguyen Van Troi, Phu Nhuan

#### **International SOS Medical Care**

Located in the city center, the clinic is open 24 hours a day, 365 days a year providing routine and emergency healthcare services as well as on-site laboratory and radiology services. Languages spoken include Japanese, Korean and French, among others. 167A Nam Ky Khoi Nghia, D3 3829 8551

#### Saigon Acupuncture

Practitioner Christopher Booth, M.S., L.Ac., is now accepting new patients Chris treats the following conditions with acupuncture: Chronic and Acute Pain, Neurological Disorders, Gynecological Disorders, Emotional & Psychological Disorders, among others. 161 Hai Ba Trung, D3 saigonacu@gmail.com

#### www.facebook.com/saigonacupuncture

**Stamford Skin Centre** 

ATEXPATS

JGS COPYRIGH

The Stamford Skin Centre has grown to include qualified specialists who treat general diseases of the skin such as acne, eczema and other forms of dermatitis, rosacea, psoriasis, and skin cancers

99 Suona Nauvet Anh. D1 08 3925 1990 or 0908 453 338 www.stamfordskin.com

## Victoria Health Care International Clinic

Victoria Healthcare offers the highest standard of healthcare, based on

American and European practices, and offering compassionate and efficient

service with the greatest respect for the patient 79 Dien Bien Phu. D1

#### Vietnam Family Medical Practice

International clinic located in the Manor complex, within easy reach of highrollers living around the Saigon Pearl area. The sister clinic is located beneath Diamond Plaza. Ground Floor, 91 Nguyen Huu Canh, Binh

### Thanh

#### dental

#### 2000 Dental Clinic Trung Tam Implant

Established in 1999, 2000 Dental Clinic now has 65 dentists serving 3 locations offering the full range of dental care, including surgery, implants and extractions 125 Le Thi Rieng, D1

#### Dang Luu Dental Centre

Dang Luu Dental Centre offers the full range of dental services, including implants, crown and bridges and teeth whitening. Orthodontic services are also provided. Some of the dentists have been foreign-trained

34 Phan Dang Luu, Binh Thanh

#### Digital Dental Clinic

Digital Dental Care draws on wellknown Korean consistency in service standards and precision equipment to offer a truly world-class service in the Phu My Hung area R4-35 Ton Dat Tien, D7

#### **Elite Dental**

With an atmosphere more reminiscent of a luxury hotel, this is one of the largest high-quality dental clinics in HCMC, established to answer expat demands for superb dental techniques and professional staff 57A Tran Quoc Thao, D3

#### **European Dental Clinic**

Offering state of the art technology, competitive pricing, and supreme quality, this dentistry is truly dedicated to their patients. 17-17A Le Van Mien, D2 www.europeandentalclinic-asia.com

#### German International Dentistry

German International Dentistry offers excellent consultation services from experienced, international dentists so that you can make informed decisions about your dental care. 1489 Nguyen Van Linh, D7

#### **Grand Dentistry**

Grand Dentistry is an upscale dental office located in the ground floor of Sunwah tower on Nguyen Hue street. It is noted for being very tourist/expat friendly. This dentistry features English speaking staff and expatriate dentists. Ground Floor Sun Wah Tower, 115 Nguyen Hue, D1

#### Minh Khai Dental Clinic

French/American/Swiss managed clinic with well-maintained internationalstandard equipment. 199 Nguyen Thi Minh Khai, Nguyen Cu

### Trinh, D1

Naomi Dental Clinic A full service dental clinic under the direction of Japanese dentist Dr. Nakashima Mikio. R4-45 Hung Phuoc 4, D7

## 5410 3937

**Saigon Smile** With a group of experienced doctors and professional staff trained to do teeth cleaning, dental work and other teeth enhancing procedures. 96 Tran Nao, D2 6674 4255 8am to 8pm

#### Saint Paul

Saint Paul has facilities all over Ho Chi Minh City, and with the slogan "slight, exact, and painless," the doctors at Saint Paul aim to please even the most fastidious patients 50 Nguyen Thi Minh Khai, DI 3835 6159

**Smile Dental Center** 

Quality dental care with whitening, cleaning, and orthodontic services Japanese equipment and techniques. 173 Ton Dat Tien, D7 5413 6635

#### **Starlight Dental Clinic**

Award-winning quality care and personal service in clean premises, offering general dentistry, whitening and cosmetic surgery, implants, orthodontics, pediatric, and preventive dentistry. 2 Bis Cong Truong Quoc Te, D3 3822 6222

#### Westcoast International Dental Clinic

Large, international team of dentists and support staff from Canada. Australia, Japan, France, Italy, Thailand, and Vietnam. The clinic regularly hosts visiting dentists from many other countries

27 Nguyen Trung Truc, D1 3825 7485

#### hospitals

#### **Cao Thang Eye Hospital**

The CT International Eye Hospital is one of the few dedicated, comprehensive eye institutes in the country. Internationally recognized staff diagnose and treat the entire spectrum of conditions of the eye, including complex problems such as diabetic retinopathy, retinal detachments, macular degeneration, glaucoma, and cataracts. 135B Tran Binh Trong, D5

#### **Cho Ray Hospital**

Cho Ray Hospital is the largest healthcare service in Vietnam, providing full priority service for expatriates, with a staff including 696 doctors and 1350

201B Nguyen Chi Thanh, D5

## Columbia Asia International Hospital - Gia Dinh

Skilled and experienced doctors offer exceptional medical care at affordable prices with the latest in medical technology. Patients benefit from advanced medical diagnostics, treatment and personal care 1 No Trang Long, Binh Thanh

#### **DialAsie International Hospital**

A specialist centre in kidney treatment for the expat community, DialAsie is a fairly well-reputed international hospital of nephrology & dialysis, offering medical consultancy in renal diseases, haemodialysis, and paraclinical examinations. 253 Dien Bien Phu, D3

#### **FV Hospital**

FV Hospital is a Vietnam's only internationally accredited healthcare facility. A wholly foreign-owned general hospital offering a wide range of medical and surgical services under one roof, equipped to care for patients from consultation and diagnosis through to the completion of treatment. 6 Nguyen Luong Bang, D7

## Saigon International Maternity Hospital J.S.C.

A private-owned hospital specialising in maternity, this was the first hospital to meet the Hotel-Hospital international standard in HCMC since the year 2000. 63 Bui Thi Xuan, DI

#### **Traditional Medicine Hospital**

This hospital is a major medical centre practising the essence of that millenniaold exploration into the rhythms of the

human body and its connection to the natural world which firmly belongs to this region.

179 Nam Ky Khoi Nghia, D3

#### Tu Du Hospital

Tu Du is a large state hospital specializing in maternity, women, and children's diseases, family planning, and many other areas. Highly experienced doctors and staff provide affordable care 284 Cong Quynh, DI

## Vu Anh International Hospital -Obstetrics

Luxurious hospital facility offering modern care in a comfortable setting. The hotel also provides 12 VIP rooms for patients seeking 5 star medical services featuring garden access and designer furniture.

15-16 Phan Van Tri, Go Vap

#### nails

#### **Classic Nails**

Located near Ben Thanh Market, Classic Nails is a professional salon with staff who are trained and experienced in designing complicated pattern. The salon only uses materials from reputable companies and always update with the latest colors. They also have sofas with a massage function and adjustable posture for the customer's comfortable and relaxation. 4 Phan Boi Chau, DI

3825 7047 9am - 8pm

#### **Fame Nails**

A place for your nail care near Ben Thanh Market. Besides classic manicure and pedicure, it also offers deluxe spa manicure and pedicure, nail art and enhancement, and services including waxing, facial, eyebrow shaping and eye lashes extension. 18 Pham Hong Thai, D1

www.famenails.com

#### **Kelly Pang**

Nail salon established in 2004 as a small nail salon in Phu Nhuan, Kelly Pang has gradually become known as a training center and professional nail care facility throughout Vietnam. 214C Nguyen Trai, DI

#### **OPI Nail Spa Nguyen Hue**

Providing a full range of official products and services of the OPI brand. 103 Nguyen Hue, D1

#### **Spas**

89

#### An Nam Spa

Housed in a beautiful nine-story building with different areas for men and women, guests can enjoy a panoramic view of Saigon while calming their senses in a relaxing sanctuary 26-28 Dong Du, D1

Dermalogica, a Los Angeles-based

treatment system. Call Dermalogica's

therapists for a complimentary Face

Extremely central, Eden is located

in a quiet niche off Nguyen Hue in

the commercial center. Owing to its

expertise in skincare and first-class

relaxing atmosphere, Eden has the

in the discerning Japanese market

gumption to claim a number-one spot

company, is a revolutionary skin

#### **Dermal Essentials**

Mapping consultation.

19-25 Nguyen Hue, D1

Eden Soa

3821 3815

097 810 6868





#### **Flamingo Spa**

a is an Flaming authentic Thai spa where all ingredients used are imported



from Thailand. Guests arrive in a clean and friendly atmosphere for an optimal relaxing experience. Men, women and couples are welcome, and they offer a wide range of massages along with a sauna, jacuzzi facilities & VIP rooms. 13B Le Thanh Ton, D1 3822 1074 091 243 9601

FlamingoSpa.vn@gmail.com Open 10:30 am to close 11:30pm

#### Glow

A boutique day spa located in the heart of the city. In this relaxing, peaceful atmosphere, guests can enjoy a full range of massage/treatment options Kim Do Hotel, 129A Nguyen Hue, DI

#### Huong Sen Spa

Located in a charming old French villa, Huong Sen Spa is a natural green oasis with skin, face, and body treatment services

21S Nguyen Van Troi, Ward 12, Phu Nhuan

#### Indochine Spa

Nestled in the heart of Saigon, Indochine spa will bring you back to an ancient time with peaceful melodies and aromatic scents. With our skillful therapists, Natural products with French formulation and , high class cleanness environment, Indochine spa provides your senses with natural energy. Indulge yourself for a unique and amazing experience. 69 Thu Khoa Huan st., D. 1, HCM 3827 7188

indochinespa@gmail.com www.indochine-spa.com.vn Open: 10:00-22:00

#### Jasmine Spa

Experienced staff utilize exotic skincare products to comfort guests in this cozy urban sanctuary, which has has a large, loyal following that swears by its friendly and professional service.

45 Ton That Thiep, DI



Kyoto Spa & Hair Salon Foot massage Hair cut women and men 32 Dong Du, Ben Nghe Ward, D1 (Spa & Hair Salon) 8A/4D1 Thai Van Lung, 미셨다 Ben Nghe Ward, D1 (Spa) 0902 983 089 loan\_royal@gmail.com

www.spakyotohcmc.com.vn

#### Korean Style Sauna

Sauna and massage that serves mostly Japanese and Korean men - some of the more discerning expat clients. For a delicate touch. 15 Thai Van Lung, D1

#### L'Apothiquaire - Saigon South

This Japanese/French style spa is an exclusive distributor of organic French skin care products, and other exclusive products from around the world. lst floor, 103 Ton Dat Tien, Tan Phu, D7 5413 6638

#### La Cochinchine Spa

Located in the Rex Hotel, this luxury spa and fitness centre combined with a swimming pool and bar has a particular style that is a combination of Vietnamese, French, Cham, Hindu, and Asian cultures. Luxury spa and gym located at the Rex hotel

6F, Rex Hotel, 141 Nguyen Hue, D1 3825 1812

#### La Maison de L'Apothiquaire

This unique spa is situated in an artfully-designed villa and offers guests many therapeutic body and skin treatments. The luxurious villa also provides a yoga studio, enclosed garden, and many exclusive skin care products.

64A Truong Dinh, D3 100 Mac Thi Buoi, D1

Ist floor, 103 Ton Dat Tien, Tan Phu, D7



#### Maison Mikio Boutique Salon

District 7's Premium Boutique S Two floors providing full beauty Salon services nestled in a quiet residential area in Phu My Hung's Garden Plaza 2 Complex. Equipped with a café, nail bar, 2 VIP rooms, and a spacious massage room - this boutique salon is like no other in Ho Chi Minh City. Garden Plaza 2 Complex 8 Tôn Dật Tiên, Quận 7 5412 4773

#### MiMi Clinic & Spa

Prestige Spa for celebrities holding frequent beauty events - and therefore one of the best-known local brands in medical aesthetics for over 10 years in HCMC

32 Dong Khoi, DI 090 387 6666

#### Min Min

Spa with an elegant and charming décor, offering facials, body massages, and manicures. Pervaded by exotic oils and aromas, the staff provide counsel on unique skin-care products from Thailand and around the world in English, Vietnamese, and Japanese. 4 Chu Manh Trinh, DI

6659 3609

Moc Huong Spa Moc Huong Spa is supported by top-ranking

professional physiotherapists who combine Eastern with Western techniques resulting a full body wellness. Reasonably priced with a wide range of services that include manicure, pedicure, facial, both body and for your complete well being. 9C Ton Duc Thang, D1 3911 7118

#### **Dasis Salon & Spa**

The original Oasis spa & beauty salon, this venue offers a full range of services at competitive prices. Full hair care, facial, massage, nail spa, beauty care & waxing services. 1st & 2nd Floor, 45 Nguyen Hue, D1

#### Saigon Spa

Recommended inexpensive spa treatments with a full spa menu. 1st Floor, 47 Dong Khoi, D1

#### Sense Spa

Sense Spa is a massage, skin, and body care haven with a plethora of high-end imported creams, lotions, and serums. 54 Dong Du, Dl

#### Spa InterContinental

Spa InterContinental is a contemporary spa that has two double and five single treatment rooms, each with a private bathroom, a foot reflexology area, and luxurious changing and shower rooms. Combining the fresh, local traditional herbs and plants, an ambient lighting, soft scents and soothing sounds with the best of international brands. Spa InterContinental offers guests the professional spa expertise and a truly sensory experience. 3rd Floor, InterContinental Asiana Saigon Corner Hai Ba Trung & Le Duan, D1 3520 9999

spa@icasianasaigon.com 8am – 9:30pm

#### The Body Shop

A global manufacturer and retailer of naturally-inspired, ethically-produced beauty and cosmetics products. The Body Shop offers many kinds of skincare products, makeup accessories, hair & body care products, perfume, and bath milk 87 Mac Thi Buoi, DI

The Prime - Spa For Men American skin treatments for men from top brands such as Dermalogica and Lab Series. Equipped with imported machines from Europe The spa has five therapy services, including basic skin care, professional skin care, intensive therapy, eye therapy, body therapy – and a Prime special service package. 192 Le Lai, D1

#### Tri Siam

Well-respected salon on the edge of town, offering manicures & styling. 76C Hai Ba Trung, DI

#### Xuan Spa

One of the most luxurious spas in Ho Chi Minh City, Xuan is located inside the five-star Park Hvatt hotel, Services include packages such as Urban Retreat Package, Apricot blossom – Mai, Bamboo, and more 2 Lam Son Square, D1

#### Yuri

A full-range Korean beauty salon in the Lotte complex, with a chief focus on beautiful hair styling. 3rd floor, Lotte Mart, 469 Nouven Huu Tho, D7

3775 2990; 093 481 8085

#### Yves Rocher Botanical Beauty Spa

A famous international botanica cosmetic brand with a full range of products, The Botanical Beauty Spa Center combines the expertise of its beauticians with the efficacy of Yves Rocher treatments. 16-18 Hai Ba Trung, D1

#### Zest Massage

Famous for its fish pedicures. Zest. located in the outer western region of District One, serves up some fairly dynamic Thai massage. 60 Bui Thi Xuan, DI

#### home & furnishings

#### AA Deco Company

AA Interiors provides high-quality fabrication and fit-out services for hotels, residences, spas, and so on throughout the city. Also sells many well-known furniture brands. 219 Nguyen Van Thu, DI

#### **AkzoNobel Decorative Center**

Dulux Paints specialist with attractive central-city showroom/store. 91-93 Nauven Hue, D1 3915 3491

#### Authentique

An interior decorating shop featuring Vietnamese traditional styles with a small showroom in the busiest area of the city.

71/1 Mac Thi Buoi, D1 3823 8811

#### Canada Home Deco Company

Established by an expat Canadian couple in 2003, Canada Home Deco specializes in distributing high-guality blankets, pillows, bedspreads, and cushions 158 Hai Ba Trung, D1

#### **Catherine Denoual**

Supplies blankets, pillows, mattresses, tablecloths, cushions, and other luxury linens to reputable hotels, spas, resorts, and individual consumers. 15C Thi Sach, D1

#### Gomo

Typical of the large furniture warehouses in North America and Europe, Gomo sells contemporary items for your home and office. 7/30B, Road 13, Binh Hoa Thuan An Town, Binh Duong (0650) 376 5115 www.gomo.com.vn

#### Lam Bui Natural Home Goods

Founded in 2004 by a team of intrepid entrepreneurs, Lam Bui Natural Home Goods is a large, well-stocked home goods store with specialty old-style furnishings and decor items Unit 16-17, 2nd Floor, Saigon Centre, 65

Le Loi, D1 3914 3553

#### **Mosaique Decoration**

Mosaique Decoration takes all the unique beauty and craftsmanship of Vietnam and adapts it to contemporary home décor. Mosaique offers unique lighting design, decorative embroidery. silk quilts, and other home accessories. Ground Floor, Saigon Centre, 65 Le Loi, D1

#### **Premium Housewares**

Providing high quality kitchenware and accessories, Premium Housewares presents its products in more than 70 countries worldwide. 77 Pasteur, DI

#### **Red Door Décor**

A well-known furniture store in Ho Chi Minh City offering products such as interior/exterior decorations, artwork, handicrafts, glass ceramics, garments, and textile materials 31A Le Thanh Ton, D1

#### Vscential

Vscential sells aromatic French lavender bouquets, fresh flowers, silk flowers, and handmade flowers. With 45 different types of essential oils available, there's a scent for everyone. Vscential

238B Pasteur, D3 www.vscential.com

# **Business & Tech**

IMAGE BY NGOC TRAN



## The Power of Three

The future of 3D printing is now present in Vietnam

TEXT BY NPD KHANH IMAGES BY NGOC TRAN & WINRIGO



TO NON-TECH SAVVY PEOPLE, 3D printing, technology that can create physical objects in real life from virtual models, must seem like the stuff from sci-fi shows and books. To a small but gradually widening crowd of enthusiasts however, this technology, though only in its infancy, has been a reality since as early as 1984. But it's really been in the last several years that 3D printing has started to appear in the limelight of public consciousness.

"We don't actually have a community of 3D printing enthusiasts in Vietnam yet," says Toon Saten, a design professional and owner of Aardenburg Asia Co. "This is partly because there is not much awareness of the technology. Most people still think of it as TV show material. And partly because of the high price a single model demands." A two-year-old MakerBot Replicator, a standard basic model, costs USD2,900 plus tax. On the other end of the spectrum is the ultra cutting-edge Stratasys uPrint at USD15,900, tax excluded. Then there's the cost of printing materials to take into account.

As far as Toon knows, there are only a handful of printers in the entire country, mostly owned by industry professionals with actual need or international schools with the resources to purchase one.

"I don't think most people even realize what they can do with it. We are not talking about technology that can only work in the hands of experts here, but rather an enabling tool in the hands of everyday people, like a pen," he explains. "Think of what you can do with it. Put a 3D printing machine in a biology class and have the students recreate the anatomy of frogs or birds. Let them learn in a completely different way. In the hands of doctors, 3D printing technology can be used to create prosthetics with far more intricate and organic designs than ones made from cast molds."

According to Toon, there will come a point where 3D printing shops will be available just like your average black and white paper printing shops seen in the city now. "If you have something particular in mind, say, a cup, instead of going to the store, you would go to the 3D printer and have one printed out for you, exactly how you want it. It will take us maybe 10, 15 years to get there, but I definitely look forward to that kind of future."

#### **Try It Out For Yourself**

Toon's vision of the future is not far off. A



series of free informal 3D printing public workshops began last month in Go Vap. Offered by Erik Frankel, the founder and owner of Vietsbay (*www.facebook.com/ vietsbay*), a cooperative group of designers, jewelers and sewers, the workshops featured a single Replicator 1.0 by MakerBot available for anyone willing to brave the long travel distance and Saigon heat to get to it.

"We have had a lot of people coming in to check us out," says Erik. "A couple of designers and artists. A French guy named Hubert with a charity project to create prosthetics for disabled people with 3D printing tech. He's been making a prosthetic hand for a Vietnamese who lost his real one due to a work accident."

Erik does not charge for the use of the printer, during or outside of his workshops. "We simply ask that if possible, please help us replenish the printing materials, which do cost quite a bit, once we run out."

The idea behind the workshop as well as the free-to-use 3D printer is all about fostering a community and to widen public awareness of 3D printing tech in Vietnam.

"I got this printer a year and a half ago," he explains. "An impulse purchase. I love machines and since I work in retail and crafting, there's always space for industrial production hardware in my place." Aside from the 3D printer, Erik has at least ten other machines in his workshop: a

## "If you have something particular in mind, say, a cup, instead of going to the store, you would go to the 3D printer and have one printed out for you"

Digitizer, which is the reverse of a 3D printer, a lightbox, two printers capable of printing directly onto fabric and wood, a handful of printing presses and several casting machines. "The MakerBot store was right in my neighborhood back in New York. I walked over to their place one day after a one and a half month crash course on 3D printing tech, and bought it.

"The thing I like about 3D printing is how much it changes the status quo in manufacturing. I have a background in retail. Anyone in retail or manufacturing, or any artisans for that matter, has a story or two to tell you about how their originality and creativity have been sold to someone in China with a big sweatshop and a lot of cheap labor. Now think about what 3D printing technology can do to break that age-old industrial model. There's no need for a mold or a minimum quantity. No overhead cost. You don't need to manufacture 10,000 pieces of the same model to make it profitable. You want a one-off design? You want customizations to an existing model? We have a 3D printer ready; as long as you know what you want, we can do it!"

Erik's future goal is to eventually turn his workshops into a full-fledged artist hub where he can put all his design hardware in one space, one café, where fellow artisans, creators and innovators alike can come, see the technology for themselves and experience it.

"We want to make people know that this technology is available and here they can tinker with it without having to pay a couple thousand dollars to get their own Replicator," Erik explains. "We want to take away the power from the factory owners and the business executives and give it to the artisans, the artists, the creators and the designers."

### Dear Hadrien,

My Vietnamese girlfriend and I want to open a coffee shop here. We are very excited about the plan and really can't wait to get started. However, I have little knowledge about the administrative procedures that we will need to go through. Can you give me some advice please?



A member of the Paris Bar, Hadrien Wolff has been practicing law in Vietnam for more than seven years, currently as a partner of Audier & Partners based at its HCMC office. Having gained extensive legal experience in the Netherlands and Cambodia, Marijn Sprokkereef is an associate at the Hanoi office of the same firm. Audier & Partners is an international law firm with presence in Vietnam, Myanmar and Mongolia, providing advice to foreign investors on a broad range of legal issues.

CONGRATULATIONS ON YOUR startup plans! If you want to set up a business in Vietnam, one of the first questions you should ask is whether you, as a foreign investor, are allowed to conduct business in the economic sector in which you want to implement your project and, if so, whether you can do it by yourself or whether you would need to partner up with a Vietnamese investor.

When Vietnam became a member of the WTO on January 11, 2007, the government committed to gradually opening numerous service markets to foreign investors. Relevant to your plans of opening a coffee shop, Vietnam has agreed that for a period of eight years from the accession date, foreign service providers will only be allowed to supply food and drinks if they do so in parallel with an investment in hotel construction, renovation, restoration or acquisition.

I don't believe it is your intention to take on any of those projects, so you may want to wait until January 11, 2015 (the eighth anniversary of Vietnam's accession to the WTO), when these restrictions will, in principle, be automatically lifted.

The next issue that you need to decide on is the form under which you want to establish your business. The Vietnamese Law on Enterprises is a good starting point to learn about the different options that you and your girlfriend have. Until foreigners will be allowed to open a coffee shop in Vietnam, your girlfriend could solely develop the project and there are two suitable options for Vietnamese citizens establishing and operating a small business.

The first available option is the so-called "private enterprise." On the positive side, the management structure of such a private enterprise is fairly simple and the owner has full autonomy in making all business decisions. In terms of financial risks and legal liability, however, the owner of a private enterprise is liable for all activities of the enterprise with his or her (private) assets. Furthermore, in order to establish a private enterprise, you would need to follow the sometimes burdensome rules under the Law on Enterprises to apply for a business registration certificate.

Fortunately, there is another option available for small businesses that is commonly used, and which could be a good solution for your girlfriend, the so-called "business household." One important advantage of this model is that the registration procedures are relatively easy. Please keep in mind though, that your girlfriend may only register a business household in one location, that she is not allowed to employ more than 10 people and that she will be liable with all her (private) assets for the business operation.

If you decide to wait for the food & beverage sector to open to foreign investors at the beginning of next year, Vietnamese law offers a corporate form that is especially suitable for small-scale foreign investments - the limited liability company. This option would offer you safety in terms of financial risk and legal liability but the registration process is, as for any foreign investment, more complicated and time consuming than the process applicable to domestic investment. Now let's talk about the location, which is obviously very important! Unless you already have your own place where you can start serving coffee, you will need to find premises that are suitable for your purpose. In practice, when you apply for business registration, the Vietnamese authorities may require written evidence that you have ensured suitable premises. In practice, a lease agreement, or a socalled "Memorandum of Understanding" to be signed by you and your future landlord will do.

If you want to redesign and/ or renovate the premises, you will obviously need to obtain the approval from your landlord, preferably in writing. Unless your building plans will not fundamentally change the premises, you will also need to apply for a construction permit with the district's People's Committee. Furthermore, you may need a food safety and hygiene certificate and you must ensure to meet the legal requirements on fire safety.

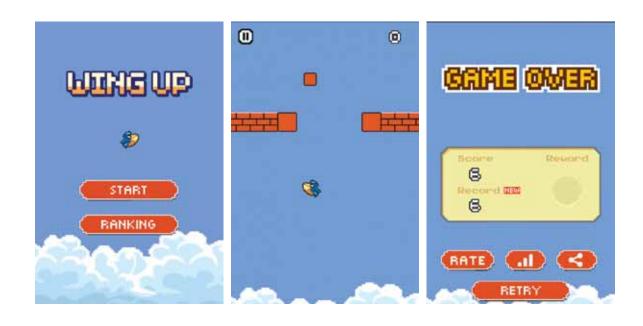
I hope the above will not discourage you from pursuing your plans. I would advise you to invest some time in working out your business plan first. Once you know what you want and how you want to do it then reserve some more time to go through the various administrative procedures. Keeping in mind the great satisfaction of serving *ca phe sua da* in your own coffee shop, I am sure you will manage. Cheers!

Every month, Hadrien and Marijn answer legal questions from Oi readers. If you have any legal questions you want answered, send them to **legal@** oivietnam.com.

Anh Minh-Do is the editor at TechInAsia.com for Vietnam, focusing on technology startups, trends and companies. Minh is on the board of Starthub.vn - a database and forum for startups dedicated to the growth of Vietnam's business ecosystem.

## Wing Up

#### Another addictive game from Vietnam



THERE HAVE BEEN hundreds of Flappy Bird clones out ever since the simple game topped the charts across the world. Although there's been some innovation on the original concept from the creator Dong Nguyen's dotGEARS company like Mr. Flap or Freaking Math, most games have stuck to the original 'creature goes through pipes' format. But new games are still coming out of Vietnam - such as School Cheater, 1Path, Chien Binh, Sky Garden and more - indicating that this country has a vibrant gaming community. Vietnam's capital is home to Dong Nguyen, and it's where many strong Vietnamese mobile gaming studios take up residence.

And now comes Wing Up, an iOS and Android game that takes inspiration from Flappy Bird and Nintendo. It was created by Tung Hoang, an unknown developer based out of Hanoi. Wing Up basically uses the same key principles of mobile gaming as Flappy Bird. Many of the more simple one-off mobile games we see today follow in these footsteps, so it's worth noting them here briefly:

— One tap for action: This, unlike other more complex games like Horn, Oceanhorn and Bastion make the barrier to entry for new gamers very low.

— One level: This makes it so that the game is boiled down to the most basic question: can you do it or not? It also makes it easy to pass your mobile to someone else so they can continue your game or play a new one.

— Very easy to replay: One of the key things dotGEARS did was make it extremely easy to restart Flappy Bird. Although it was frustrating when the bird died, restarting was instant. This also made it easy to spend hours on a game that took less than a minute to play.

— Simplified retro graphics: Flappy Bird is certainly not a pioneer of retro games on mobiles. Long before Flappy Bird hit the scene, many mobile games used old-school graphics. This is a motif that all the clones and admirers have taken on.

— Mobile ads: Especially for Vietnamese developers, one of the biggest lessons from the success of Flappy Bird is that there is some serious money to be made from mobile ads. After all, Dong Nguyen was reportedly making over USD50,000 a day from Flappy Bird.

Each of these principles can be found on Wing Up, which puts its own spin on a bird flying through space concept. Wing Up brings two taps to the Flappy Bird world. Instead of flying horizontally, the bird flies upwards through the sky, much like other vertical platformers. In addition to pipes, the bird has to swerve around blocks as well. The game isn't much harder than Flappy Bird. Arguably, it's easier. The biggest difference between the two games is that Wing Up requires both thumbs to play because the bird must flap left and right to traverse the blocks. The blocks resemble the bricks that Mario had to navigate through in Nintendo's flagship game. Where Flappy Bird took artistic liberties from the green pipes, Wing Up takes them from the brown blocks. But at its core, both these games are quite different. Wing Up just employs some of the core principles that Flappy Bird made popular and gives us a new take on birds flying through space.

Full disclosure: I have played hours of Wing Up to finally achieve 32 points, which once ranked me among the top 15 in the world.

## »The List Business & Tech



#### banks

Asia Commercial Bank 442 Nguyen Thi Minh Khai, D3 39290999

Bank of China 19th Floor, 115 Nguyen Hue, D1 3821 9949

**Citibank** 15/F Sun Wah Tower, 115 Nguyen Hue, DI 3824 2267 094 801 6318

**Commonwealth Bank** 65 Nguyen Du, D1 3824 1525 012 1861 8695

HSBC Metropolitan Bulding, 235 Dong Khoi, DI 3724 7247

Mizuho Corporate Bank 18th Floor, 115 Nguyen Hue, D1 3827 8260

Standard Chartered Bank Saigon Trade Center 1st Floor, 37 Ton Duc Thang, DI 3911 0000

**Shinhan Vietnam** 100 Nguyen Thi Minh Khai, D3 3829 1581

Vietcombank 2bis-4-6 Le Thanh Ton, DI 3824 4797 www.vietcombank.com.vn

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## consulates

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3521 8100 Mon-Fri: 8.30am - 12pm; 1pm - 5pm

**Belgium Consulate** 105 Duong Van An, D2 6281 8001 9am - 11.30am on Mon. Tue. Thu. Fri

**Cambodia Consulate** 41 Phung Khac Khoan, D1 3829 2751 Mon-Fri: 7.30am - 11.30am; 2pm - 5pm

**Consulate General of Canada** IOth floor, The Metropolitan, 235 Dong Khoi, DI 3827 9899 Mon-Thu: 8.30am - 4.30pm

**Chile Consulate** 79/1/1 Phan Ke Binh, D1 3910 2903 China Consulate 39 Nguyen Thi Minh Khai, D1 3829 5009 www.yn.china-embassy.org/eng/

Mon-Fri: 8.30am - 11am

China Consulate - Commercial Office 39 Nguyen Thi Minh Khai, D1 3823 1142

ptmchn@hcm.vnn.vn www.hochiminh.mofcom.gov.cn **Cuba Consulate** 

45 Phung Khac Khoan, Dl 3829 7350 Mon-Fri: 8am - 11.30am; 1.30pm - 4.30pm

Denmark Consulate 115 Nguyen Hue, DI 3821 9373 Mon-Thu: 8.30am - 4.30pm; Fri: 8.30am - 3am

Finland Consulate Room 501, 5/F Sailing Tower, 111A Pasteur, DI 3827 2029

France Consulate 27 Nguyen Thi Minh Khai, D1 3520 6819 www.consulfrance-hcm.org

**Germany Consulate** 126 Nguyen Dinh Chieu, D3 3829 2455 www.ho-chi-minh-stadt.diplo.de Mon-Fri: 8am - 11.30am; 1.30pm - 4.30pm

**Hungary Consulate** 22 Phung Khac Khoan, DI 3829 0130

**Iceland Consulate** 80 Nguyen Dinh Chieu, D1 Mon-Fri: 9am - 5pm

#### **Consulate General of India**

55 Nguyen Dinh Chieu, D3 3823 7050 www.india-consulate.org.vn Mon-Fri: 8.30am - 12.30pm, 1 pm - 5pm

**Indonesia Consulate** 18 Phung Khac Khoan, D1 3825 1888 Mon-Fri: 8am - 12pm; 2pm - 5pm

**Italy Consulate** 81 Nguyen Huu Canh, Binh Thanh 08 6258 6473 Mon-Fri: 8am - 12pm; 1pm - 4pm

**Japanese Consulate** 261 Dien Bien Phu, D3 08 3933 3520 8.30am - 11.30am; 1.15pm - 4.45pm

Kuwait Consulate 24 Phung Khac Khoan, DI 3827 0555 kuwaitconsulate@gmail.com Mon-Fri: 9am - 4pm

Laos Consulate 93 Pasteur, DI 3829 7667 Mon-Fri: 8am - 11.30am; 1pm - 4.30pm

Malaysia Consulate 2 Ngo Duc Ke, DI 3829 9023 malhcminh@kln goy my

Mon-Fri: 8am - 11.30am **Mexico Consulate** 215 A-B Hoang Van Thu, Phu Nhuan 3844 5520 Mon-Fri: 8am - 30m

#### Myanmar Consulate

50 Sam Son, Tan Binh 5449 2425 www.gmas.com.vn Mon-Fri: 9am - 12pm; 2pm - 5pm; Sat: 9am - 12pm

#### New Zealand Consulate

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12A Floor, Bitexco Building, 19-25 Nguyen Hue, DI 3821 5423 www.nordcham.com

Norway Consulate 21-23 Nguyen Thi Minh Khai, DI 3822 1696 norcons@hcm.fpt.vn

Mon – Fri: 08.30am - 11.30am; 1.30pm -4.30pm **Panama Consulate** 

7A Le Thanh Ton, DI 3825 0334 consulgeneral@hcm.fpt.vn

Hon. Consulate of Portugal 66/11 Pham Ngoc Thach 3820 0623

**Russia Consulate** 40 Ba Huyen Thanh Quan, D3

Consulate-General of The Republic of Singapore 8th floor, Saigon Center, 65 Le Loi, DI 3822 5174 www.mfa.gov.sg

**Slovakia Consulate** 64-68 Hai Ba Trung, D1

South Korea Consulate 107 Nguyen Du, Dl 3822 5757 Mon-Fri: 9am - 12pm: 1.30pm - 5pm

Sweden Consulate 8A/11 Thai Van Lung, DI 3823 6800 Mon-Fri: 8am - 12pm; 1.30pm - 4.30pm

**Switzerland Consulate** 42 Giang Van Minh, D2 3744 6996

**Thailand Consulate** 77 Tran Quoc Thao, D3

**The Czech Republic Consulate** 28 Mac Dinh Chi, D1

**The UK Consulate** 25 Le Duan, D1 3829 8433

**U.S. Consulate General Ho Chi Minh City** 34 Le Duan, DI

3520 4610 Ukraine Consulate

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#### insurance ACE Life Insurance

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www.insuranceinvietnam.com

#### Liberty Mutual Insurance

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#### LIG Insurance

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#### Prism Smart IT

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#### finances

#### **Total Wealth Management**

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law firms

#### Apex Law

The Apex management system

represents a creative edge in meeting the evolving legal landscape in this country Unit 4A2, 4F Nam Han Office Building, 65 Nguyen Du, D1. 3822 2942

#### .IP I aw Firm

J&P Law is a full-service law firm providing the highest quality legal services to both international and domestic clients, and its widelyrecognized practice areas include Corporate, M&A and Finance. Level 7 - Room 702, 81-85 Ham Nghi, D1

#### Logos Law Firm

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#### Phuoc & Partners Company

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#### real estate agencies

#### **Colliers International Vietnam**

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#### Cushman & Wakefield Vietnam

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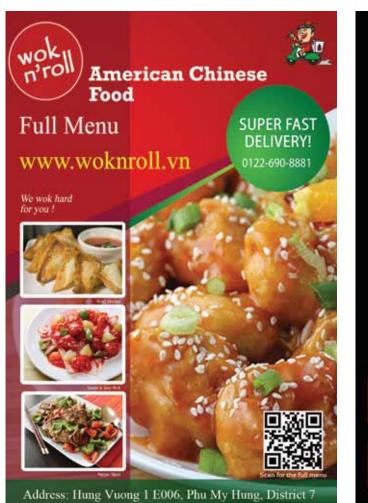
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IMAGES PROVIDED BY BODY BY JOVIE

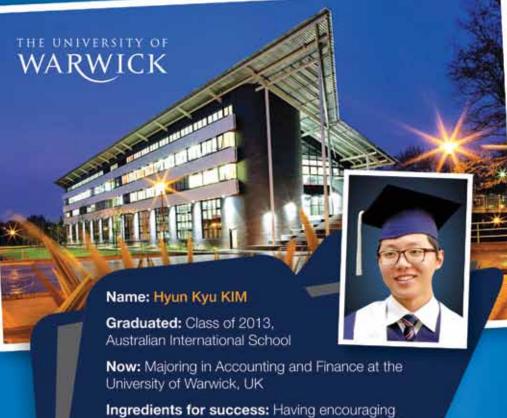
## **Ready to Wear**

Fashion brand RB&K debuted its first retail shop in District 2 with an afterwork cocktail event. Partygoers got a chance to view the latest collection.

IMAGES BY NGOC TRAN

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#### Thao Dien Campus

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#### Thu Thiem Campus

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